



# The Poppet Head

Weekly newsletter of Quarry Hill Primary School  
Thursday, July 24<sup>th</sup>, 2025  
Newsletter No. 11

## Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

## 2025 TERM DATES

Term 1: 29<sup>th</sup> January - 4<sup>th</sup> April  
Term 2: 22<sup>nd</sup> April - 4<sup>th</sup> July  
Term 3: 21<sup>st</sup> July - 19<sup>th</sup> September  
Term 4: 6<sup>th</sup> October - 19<sup>th</sup> December

**Principal:** Anne Rochford

**School Council President:** Andrew Ellis

**PFA President:** Michelle Kennedy

**PFA Vice President:** Rhayven Milliner

## ~OUR VALUES~

### Kind

I understand that everyone is different.  
I co-operate.  
I respect myself, others, and the environment.  
I am community minded.  
I belong.

### Curious

I am a learner.  
I seek knowledge.  
I ask questions.  
I explore and wonder.  
I Create.

### Brave

I am honest.  
I am independent.  
I have high expectations.  
I am resilient.  
I am open to feedback.

## IMPORTANT DATES

JULY		
Thursday 24 <sup>th</sup>	1:10pm-2:00pm	Fire Education for Foundation
Monday 28 <sup>th</sup>	Various	P-4 Gymnastics Program
Tuesday 29 <sup>th</sup>	Various All day	P-4 Gymnastics Program Division AFL- Girls- selected students
Wednesday 30 <sup>th</sup>	All day	Division AFL- Boys- selected students
Thursday 31 <sup>st</sup>	1:10pm-2:00pm	Fire Education for Foundation
AUGUST		
Monday 4 <sup>th</sup>	Various	P-4 Gymnastics Program
Tuesday 5 <sup>th</sup>	All day	District Athletics- selected students
Wednesday 6 <sup>th</sup>	All day	Division Netball- selected students
Thursday 7 <sup>th</sup>	All day	'100 Days of Prep' Celebration
Friday 8 <sup>th</sup>	9:00am	Issue 5 Book Club orders due
Thursday 21 <sup>st</sup>	All day	Curriculum Day (no students at school)
Friday 22 <sup>nd</sup>	All day	Book Week Dress Up/Parade and Multi-Age Activities
SEPTEMBER		
Friday 5 <sup>th</sup>	All day	Division Basketball- selected students
Monday 8 <sup>th</sup> -Wednesday 10 <sup>th</sup>	All day	Grade 6 Urban Camp
Friday 19 <sup>th</sup>	9:00am-2:30pm	Last day of Term 3- Early finish
OCTOBER		
Monday 6 <sup>th</sup>	All day	First day of Term 4
Wednesday 29 <sup>th</sup>	All day	Bendigo Cup Public Holiday

## Reminders:

### Prep enrolments

If your child has a sibling starting Prep with us in 2026, please collect an enrolment pack from the office, and return it us ASAP.



## **NAIDOC WEEK- STRENGTH, VISION AND LEGACY**

At the end of last term, Quarry Hill Primary School proudly celebrated 50 years of NAIDOC Week, marking half a century of honouring the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples. Throughout the week, students and staff members came together to participate in meaningful activities incorporating this year's theme *Strength, Vision and Legacy*.

We wanted to share with you this wonderful recount that Darcy wrote about the history of the Aboriginal Flag.

### The History of the Aboriginal Flag

In 1996 Vincent Lingerie led a strike at Wave Hill Cattle Station, this event is also known as the Wave Hill walk-off. It brought attention to the problems of the Gurindji workers in the Northern Territory. All across Australia there were additional protests all fighting for Aboriginal rights and social change.

The flag was designed by Harold Thomas in 1970 but first flown in 1971. This flag was and still is a symbol of unity and identity. The colours of the flag are just as important as the history of it. The yellow represents the sun (the great provider). The red represents the earth, and the black represents the Aboriginal people.

At the Commonwealth Games in 1994 Cathy Freeman carried the Aboriginal and the Australian flag when she won the race, after which she ran a victory lap. This caused controversy because the Aboriginal flag was not an official flag of Australia, and you were not allowed to display two of them.

In conclusion, the Aboriginal flag will always be an important part of Australia's history.

By Darcy B



## **SCHOLASTIC BOOK CLUB**

Issue 5 of Scholastic Book Club is due by Friday 8<sup>th</sup> August. No late orders will be accepted.

To order the books online and pay with your credit card via the LOOP facility visit

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>

The LOOP facility eliminates the need to put your credit card number on the order form and/or hand over cash. For paper copy book orders please include your child's name and classroom room number and/or teacher on the top of the form and return to office with correct payment by due date.

## **COMPASS**

Please ensure you are logging on to Compass, our Parent Portal, regularly to check for unexplained absences/approvals needing to be made. If you are having any issues logging onto Compass, please contact the office.

## **SUBWAY LUNCH**

A reminder that Subway Lunch is available on Fridays. Orders need to be placed on Canteen Hub (<https://app.canteenhub.com.au/login>) by 8.45am on the Friday you would like to place your order.

Any questions, please contact the office.

## **PARKING AROUND THE SCHOOL**

Parents are reminded that it is essential to comply with parking restrictions when dropping off and collecting children from school. Motorists must not stop in no stopping areas, even briefly, with or without the motor running. They must not stop next to a continuous yellow edge line, on nature strips, too close to school crossings, park over driveways or double park. A number of schools have short term time restricted areas, such as 2-minute pick up drop off. These parking areas are in place to allow for ease of access close to schools and these restrictions must be adhered to. Drivers should also be aware that they cannot perform a U-turn over an unbroken or continuous dividing line and please watch out and slow down for children crossing the road and around school buses, a reminder that the speed limit around schools is 40. With regard to children's crossings, the law requires that a driver approaching a children's crossing must drive at a speed at which the driver can, if necessary, stop safely before the crossing.

Please slow down and take extra care when driving in school zones. City of Greater Bendigo Parking Officers and Bendigo Police do conduct random patrols throughout the school year at various locations to ensure that motorists are adhering to the Road Rules.

## ANAPHYLAXIS AND ASTHMA

We have several children enrolled who suffer from severe allergies to a variety of things including nuts and nut products, dairy & wheat, which can result in them going into anaphylactic shock. Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. It must be treated as a medical emergency, requiring immediate treatment and urgent medical attention.

At Quarry Hill several strategies are in place to deal with this. We are an Allergy Aware school. Students are encouraged to wash hands before and after eating to minimise the risk of contamination. Often boxes and packages are sent to school for art construction activities and are very useful. However, do not send any packages for use at school that have contained dairy, wheat, nuts or nut products, so that we can minimise the risk of children with allergies coming into contact with products that may cause a reaction.

Action Plans for Anaphylaxis and also for Asthma are required for all children who suffer from either and must be obtained from the family doctor. Please ensure that your child has an updated plan if they suffer from Asthma or are at risk of experiencing Anaphylaxis. A copy of this plan must be provided to the school immediately.

## ASTHMA ALERT - SPACER USE IN SCHOOLS

A reminder to families of children with Asthma of the policy regarding single person spacer use. This means that schools are no longer be able to wash, sterilise and re-use spacers and face masks from their Asthma emergency kits when assisting students and children with Asthma symptoms. Spacers should always be used when administering reliever 'puffer' medication because:

- Using a spacer with a 'puffer' ensures that more medication reaches the airways.
- Spacers are much easier for children to use than a 'puffer' alone and allows school staff to help students/children during an Asthma attack, often in an emergency situation.
- Spacers are an essential part of the Asthma First Aid procedure that Victorian schools are instructed to follow.

Asthma first aid kits should only ever be used as a back-up for when a child with Asthma does not have their own spacer available, if it is their first Asthma attack, or the cause of breathing difficulty is unknown. If your child requires medication and does not have their own spacer, a cost of \$10.00 will be charged to cover the purchase of the spacer. Even if your child has mild Asthma, it is essential that their medication and spacer (and a compatible face mask if under 5 years old) are always available to school staff. Please ensure your child's puffer and spacer are in their bag each day. For further information, visit the Asthma Australia [website](#).



## STUDENT ACHIEVEMENT AWARDS



<b>KIND</b>		
Abel B	Room 12	For being a welcoming and community-minded student. Well done, Abe!
Ryan D	Room 11	For bringing a relaxed, happy and kind presence to our classroom.
Julie K-H	Room 7	For always speaking in a respectful tone and using kind words.
<b>CURIOUS</b>		
Luther A	Room 6	For sharing insightful ideas during class discussions and always working towards his personal best.
Tye D	Room 13	For creating sentences with new learn vocabulary learnt reading the book "Waves".
<b>BRAVE</b>		
Harry B	Room 8	For being BRAVE by having a go at EVERY activity at Gymnastics!
Mia H	Room 2	For participating in all gym activities with enthusiasm.
Isaac K	Room 16	For confidently sharing his writing with the class.
Riley M	Room 1	For having a positive start to Term 3. Well done!
Erin M	Room 14	For making a very positive start to the second Semester.
Hannah M	Room 1	For having a positive start to Term 3.
Tristan N	Room 14	For making a positive start to the second Semester.



## P-4 GYMNASTICS PROGRAM

Our school gym program officially commenced on Tuesday! Students were excited to build their strength, coordination, and confidence through a range of fun and engaging physical activities.

Remaining dates:

Monday 28<sup>th</sup> July

Tuesday 29<sup>th</sup> July

Monday 4<sup>th</sup> August





# Wellbeing spotlight



At Quarry Hill Primary School, we use fidget tools to support students who may be sensory-seeking and need help maintaining focus during learning. Some children benefit from having something small to touch or move in their hands, as it helps them regulate their sensory needs and stay engaged in the classroom. These fidget tools are not toys—they are learning supports used purposefully to aid concentration and self-regulation. When used appropriately, they can make a big difference in helping students manage their energy, focus on tasks, and participate more successfully in their learning.





**The Immune Deficiencies Foundation presents International Entertainment Australia's...**

**Circus Quirkus provides relaxed theatre performances for children and young adults...**

- with diverse abilities and backgrounds (wheelchair accessible and accessible seating at all shows).
- who might require a more flexible and inclusive environment when going to the theatre (sensory friendly).
- who are facing hardship.
- without access or opportunity to live theatre.

**Enjoy the "live performance" experience with a casual attitude to audience noise and movement in an accessible and inclusive environment, where you are welcomed and free to be yourself without restriction or judgement.**



**Scan the QR Code to visit the shows website and watch highlights from previous shows...**

**Featuring a brand new show host and performers, along with some old favourites. \*moving, flashing lights, upbeat and sometimes dramatic music. One hour show, no interval. Suitable for all ages.**

**ALL TICKETS ARE COMPLIMENTARY, including parent, sibling and carer tickets. Thanks to sponsorship from local businesses.**

**\*Bookings from schools, organisations, carers and families are all welcome.**

<b>RED ENERGY ARENA BENDIGO (STADIUM)</b>	
<b>SHOW DATE</b>	<b>SHOWTIME</b>
<b>TUESDAY, 12<sup>TH</sup> AUGUST, 2025</b>	<b>6.00 PM</b>

**To book tickets, please email your name and the number of tickets you require to...**

**[meredithnewman@showintent.com.au](mailto:meredithnewman@showintent.com.au)**

**or call / text **0404-367-782****