

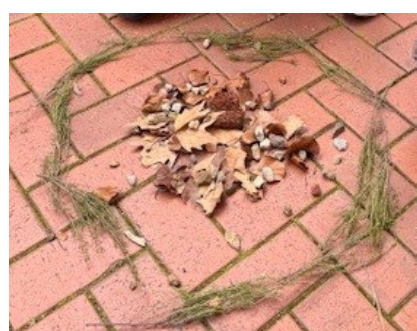
5/6 SPORTS

Over the past couple of weeks we have had 5/6 students attending Netball and AFL. Our students showcased our school values at these events and had a great time.



A CONNECTION TO NATURE - ENVIRONMENT MULTI AGE DAY

Some of our wonderful creations made by students last week on our multi-age day.



OLYMPIC HISTORY COMES TO LIFE

Last Friday, our Grade 5/6 students had a wonderful opportunity to view an authentic **Sydney 2000 Olympic Torch**. Craig shared the fascinating history of the torch relay and reflected on the significance of the Sydney 2000 Olympic Games, providing students with a unique insight into one of Australia's most iconic sporting events. The session connected perfectly with our current learning about the Commonwealth Games, helping students make meaningful links between major international sporting events, Australia's sporting history, and the values of perseverance, unity, and excellence. It was an engaging and memorable learning experience for all.



WHOLE SCHOOL PRODUCTION- THURSDAY 3RD SEPTEMBER- ULUMBARRA THEATRE

Performance Time- Doors open 6.00pm Show starts 7.00pm

Students can be dropped at the main entrance between 6.00 and 6.30pm. They will then be walked by Quarry Hill staff to their backstage rooms. A map of the venue and drop off points will be sent home prior to the event.

The show will run for approximately 60 minutes (approx. finish time of 8.00pm).

Students will then be collected from their teacher at a set collection point at the theatre.

Tickets are now available for sale online at <https://boxoffice.gotix.com.au/tiny/QuarryHill>

In the lead up to performance day we will be running 2 Whole school rehearsals. One at school and one at Ulumbarra Theatre on the day of the performance. Students will be transported to and from Ulumbarra Theatre via bus from Quarry Hill PS.

Please view the event on Compass and approve for your child to attend this rehearsal.

All our students have been working really hard in their classes, to learn and rehearse their class item for the performance. We, as well as the students, are excited to see it come together on the Ulumbarra stage.

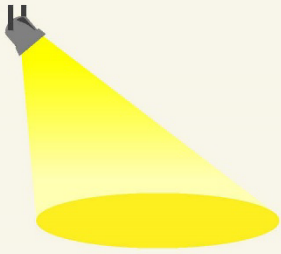
Information around what to wear on the night, including costume requirements, has been sent home via Compass. Please remember if you are having trouble finding something suitable at home contact your child's classroom teacher ASAP.



STUDENT ACHIEVEMENT AWARDS



KIND		
Sadie B	Room 8	For being a kind and helpful classmate. Keep being a superstar!
Elke B	Room 1	For consistently showing kindness by helping others within our class.
Hatty K	Room 10	For consistently showing kindness, respecting others, and contributing positively to our classroom community. Well done, Hatty!
Ari S	Room 13	For consistently demonstrating kindness and manners in all aspects of school life.
Lucy T	Room 9	For always showing kindness and understanding towards others.
CURIOUS		
Ari C	Room 7	For displaying good work habits that lead to completion of tasks.
Edge D	Room 11	For participating actively in class discussions in English and Maths.
Tye D	Room 14	For excellent written responses in our Middle Ages unit.
Billy M	Room 2	For doing a fantastic job in completing your spelling words in InitialLit.
Beau N	Room 5	For always giving your best effort and approaching every tasks with determination.
Magnus P	Room 6	For willingly sharing his thinking during our Maths lessons!
BRAVE		
Olivia E	Room 6	For her willingness to have a go at new learning and being open to feedback!
Addison H	Room 16	For becoming more confident when asking for help from her peers and teachers.
Tala K	Room 12	For always showing resilience in her learning and open to feedback in all tasks! Great work, Tala!
Raff L	Room 17	For extending your thinking to solve challenging multi-step math problems.



Spotlight on Teaching and Learning:

Maths Vocabulary

This week we continue our Spotlight on Teaching and Learning, where we will share the importance of Maths vocabulary.

Recently, staff at QHPS participated in Professional Development to deepen their understanding of the importance of consistent mathematical vocabulary across the school.

Maths Vocabulary:

Did you know that one of the most powerful tools for improving your child's success in mathematics isn't just numbers, it's words?

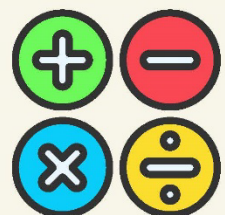
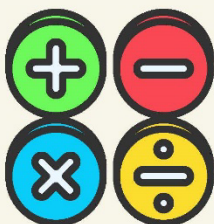
Mathematics has its own language, and understanding this vocabulary is key to unlocking deeper thinking, clearer problem-solving, and greater confidence. When children grasp the meaning of terms like sum, difference, factor, or equivalent, they're not just memorising, they're building a foundation for reasoning and communication.

Why is Maths Vocabulary important?

- **Boosts Understanding:** Knowing the correct terms helps children make sense of instructions and word problems.
- **Improves Communication:** Children can explain their thinking more clearly, which is vital for collaborative learning and assessment.
- **Reduces Anxiety:** When students are familiar with maths vocabulary, maths becomes less intimidating and more approachable.
- **Supports All Learners:** Consistent exposure to maths terms bridges gaps in comprehension.

What do we do at QHPS?

At QHPS, maths vocabulary is embedded in every lesson to support students' understanding and communication. Teachers have identified key terms across topics and begin each maths lesson by explicitly teaching and reinforcing this vocabulary.



Wellbeing spotlight



At Quarry Hill Primary School, we believe every student deserves the opportunity to have their voice heard. Student voice and leadership help build confidence, responsibility, problem-solving skills and a strong sense of belonging. By listening to our students, we can make informed decisions that reflect the needs and ideas of our school community.

Some of the many leadership opportunities available at QHPS include:

- Student Voice Action Team (Years 4–6): Students meet with Mrs Rochford and Mrs Fry to discuss school initiatives, review student data and provide input into future planning.
- Junior School Council (Years 3–6): Students represent their classmates, organise fundraising events and gather student feedback to help guide school initiatives.
- Student Leadership Roles (Year 6): Students lead assemblies, support sporting events, raise the flags, manage the sports shed and represent the school at leadership events.
- Classroom Leadership Opportunities: Students across all year levels contribute ideas, take on responsibilities and help shape their classroom community.

We are proud to provide meaningful opportunities for our students to lead, contribute and make a positive difference at Quarry Hill Primary School.



AI chatbots and companions - how to help keep kids safe

Artificial intelligence (AI) chatbots and companions are becoming increasingly popular, with many designed to have realistic conversations that feel personal and engaging. While some AI tools are created for positive purposes such as tutoring or learning support, others are marketed as virtual friends or companions. Many of these apps are easily accessible to children and young people and may not have effective age restrictions or safety measures in place. Children can find AI companions entertaining, but these tools can also present risks. AI chatbots may provide inaccurate or harmful information, particularly about sensitive topics such as relationships, mental health or personal wellbeing. Because they are designed to keep users engaged, children may spend long periods interacting with them instead of participating in real-life activities and social connections.

Overreliance on AI companions may affect children's developing understanding of healthy relationships, consent and respectful communication. Extended use can also contribute to social withdrawal, exposure to inappropriate content and, in some cases, financial risks through paid subscriptions or in-app purchases.

Families can help children use AI safely by talking openly about what AI is, encouraging critical thinking, setting age-appropriate boundaries and reminding children that AI-generated responses are not always accurate or trustworthy. Regular conversations and supervision can help ensure AI is used as a tool for learning and creativity rather than a substitute for genuine human relationships.

Some parents, carers and educators worry that raising awareness about AI companions could encourage their children to be curious instead of cautious. However, avoiding these hard to have conversations is not the answer.

- Ask children and young people about their online interactions, help them to recognise the risks, and remind them they are not alone - you will always help them, even if they think what they did may have been wrong.
- Explain how overuse of AI companions can overstimulate the brain's reward pathways, creating a reliance on them that's like other problematic dependencies.
- Discuss the differences between artificial and genuine relationships, emphasising the importance of respect, boundaries and consent.
- Use critical thinking and digital literacy skills, be cautious when using AI websites and apps, as some pretend to be AI tools for education, but are fake.

Talk about things that may be triggers, such as loneliness, boredom and stress which can lead to reliance on AI companions and encourage them to explore healthier alternatives.

Practical strategies

Set clear limits: Use parental controls on devices, in app stores and in search engines (as well as in the companion apps, if they are available) and set boundaries for app usage with children and young people.

Identify triggers: Help them recognise the things that may prompt them into unhealthy use of AI companions, so they know to stop and think at those times

Promote healthy alternatives: Provide alternative forms of age appropriate and evidence-based information on the topics they want to know about. Encourage hobbies, exercise and social activities.

Foster connections: Support in-person friendships, family activities and age-appropriate relationships to strengthen emotional resilience.

Encourage gradual reduction: Help them regain control by slowly reducing their AI companion app time to foster healthier habits.

Teach mindfulness: Introduce deep breathing, meditation and grounding exercises to help children and young people manage urges and refocus their attention.

Reach out for support: Support is also available through services including Kids Helpline, headspace, and Lifeline.



For more information visit

www.esafety.gov.au/



***Quarry Hill
OSHClub***

GRILL'D FUNDRAISER

To fund a new play
kitchen and storage for
our sports equipment!
Please RSVP using the link
below:
<https://oshclubgrilldfundraiser.rsvpify.com>

**SEPTEMBER 17, 2026
6:30PM | 88 PALL MALL,
BENDIGO 3550 (GRILL'D
BENDIGO)**

This event is \$25pp and you will receive
a burger and chips! \$10 of your \$25 will
go directly to Quarry Hill OSHClub!