



# The Poppet Head

Weekly newsletter of Quarry Hill Primary School  
Wednesday February 20<sup>th</sup> 2019  
Newsletter No. 3

## Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

## 2019 TERM DATES

Term 1 January 30 – April 5  
Term 2 April 23 – June 28  
Term 3 July 15 – September 20  
Term 4 October 7 – December 20

**Principal:** Jo Menzel  
**School Council President:** Tim Shanahan  
**PFA President:** Clive Enever

## ~OUR VALUES~

### Kind

I understand that everyone is different  
I co-operate  
I respect myself, others and the environment  
I am community minded  
I belong

### Curious

I am a learner  
I seek knowledge  
I ask questions  
I explore and wonder  
I create

### Brave

I am honest  
I am independent  
I have high expectations  
I am resilient  
I am open to feedback

## IMPORTANT DATES

	Time	Details
<b>FEBRUARY</b>		
Friday 22 <sup>nd</sup>	3.00pm	Assembly- Jacinta Allan MP badge presentation
Tuesday 26 <sup>th</sup> Wednesday 27 <sup>th</sup>	Various	Teeth On Wheels dental visit
Thursday 28 <sup>th</sup>	Various	Parent/Community feedback interviews
Thursday 28 <sup>th</sup>	All day 5.30pm-7.30pm	School Census Day Welcome Back Picnic-Bushland
<b>MARCH</b>		
Friday 1 <sup>st</sup>	Various 4.00pm	Teeth On Wheels dental visit School Council Parent member nominations due
Wednesday 6 <sup>th</sup>	All Day	Pupil Free Day
Monday 11 <sup>th</sup>	All Day	Labour Day public holiday
Sunday 31 <sup>st</sup>	All Day	Bushland-Large working bee
<b>APRIL</b>		
Tuesday 2 <sup>nd</sup> -Wednesday 3 <sup>rd</sup>		Grade 3/4 Swan Hill Camp Rooms 15A & 15B
Wednesday 3 <sup>rd</sup> -Thursday 4 <sup>th</sup>		Grade 3/4 Swan Hill Camp Rooms 4, 14A, 14B
Friday 5 <sup>th</sup>	2:30pm	Last day of Term 1- early dismissal

## Reminder:

**Jacinta Allan MP, badge presentation at assembly this Friday February 22<sup>nd</sup>, starting at 3.00pm.**



**Kind**



**Curious**



**Brave**

Dear parents and carers,

### VALUES IN ACTION

Friendship, like sharing and learning how to use a knife and fork, is a skill that children need to learn. In early primary school, children are discovering what a friend is. As they get older friendships both deepen and become more challenging. Learning how to get along with others is an essential part of a child's day-to-day life.

As with most things, the best way to teach children is to make the learning fun. Our grade 1/2s in Room 6 created a 'friendship web' last Tuesday. The children stood in a circle and took turns to throw a ball of wool to another classmate. They then shared something they like about that person with the rest of the class.

This activity teaches children how to communicate their feelings and identify positive characteristics in people.

An activity such as this sits comfortably within our three values of **Kind, Curious and Brave**. Amongst other things it helps create a sense of belonging (Kind), it helps the children find out more about their classmates (Curious) and it helps them develop resilience by building positive relationships with others (Brave).

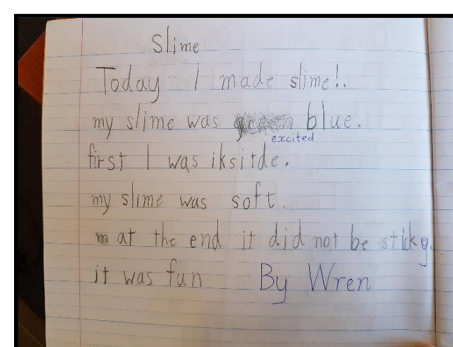
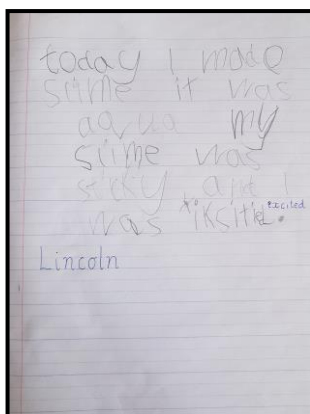


### CURIOUS LEARNERS: GIRLS IN STEM REPORT - MEGAN AND KEIRA

On Wednesday the 13<sup>th</sup>, Keira and I made Cold Power Slime with Mr Shepherd's Grade One children. We set it up with four bowls. There were ten children, two teachers and us. I went around and gave each group  $\frac{1}{2}$  -  $\frac{3}{4}$  cup of white glue. Keira put in a couple of drops of food colouring and then we put  $\frac{1}{4}$  of a cup of Cold Power washing liquid in the mix. The slime started out sticky and then turned soft and less sticky. Then we made a small batch for ourselves. We put in random amounts of glue and Cold Power and it turned out surprisingly well. Lot of the children were saying 'It's sticky', or 'It's slimy', but they got used to it because their hands absorbed the moisture, so it turned out quite normal. We played with it for ages. Written by Megan.



Mr Shepherd's children then wrote about their slime making activity. Here are some examples from Lincoln & Wren:



### PRESENTATION OF SCHOOL CAPTAIN AND HOUSE CAPTAIN BADGES

Jacinta Allan MP, will be joining us for assembly on Friday (February 22<sup>nd</sup>) to present the School Captains and House Captains with their leadership badges.

### SCHOOL CENSUS DAY

Thursday February 28th is School Census Day. If your child is absent on this day it is very important that we are provided with a note explaining the absence. Our budget is determined by the number of children who attend on Census Day and enrolment numbers and information will be subject to audit. We thank you in anticipation for your cooperation with this matter.

## **SCHOOL COUNCIL ELECTIONS**

The Annual General Meeting for Quarry Hill Primary School Council will be held on Monday March 18<sup>th</sup> 2019 at 7:00pm. This meeting will precede the Annual Reporting Meeting, when the School's Annual Report will be presented. There are three parent vacancies, a community member and one DET vacancy by rotation for a two year term, and any interested parents are urged to nominate for School Council. The whole school benefits from a variety and diversity of opinion on Council, and the value of fresh ideas and enthusiasm should not be underestimated.

The current School Council is as follows:

### **Retiring this election**

#### **Parent Members**

Tim Shanahan, Sheree Yates & Joan O'Brien

#### **DET Member**

Tamieka McErvale

### **Retiring next election (2020)**

#### **Parent Members**

Carleen Egan, Justin Clark, Michelle Grose, Scott Langan

#### **DET Members**

Narelle Jones & Anne Rochford

We thank retiring members who have made valuable contributions to School Council. Retiring councillors, who meet eligibility criteria, are welcome to nominate for further tenure on School Council. Nomination forms are available from the office. Nominations are to be lodged at school by 4:00pm on Friday March 1<sup>st</sup> 2019. A ballot (if required) will be held on Wednesday March 6<sup>th</sup> 2019.

## **OUR SCHOOL COMMUNITY PARTNERSHIP CHATS – WE'D LOVE YOUR INPUT.**

Next Tuesday, Wednesday and Thursday we have John Sloan providing timeslots for individuals or groups to come and chat about opportunities for Quarry Hill Primary School.

This is a chance for our parents to talk about:

- The things they think the school does well
- The things that they may like to see happen
- What they think their role is in supporting the school?
- How the school might engage with the wider community?

All parents are encouraged to come along and be involved in a conversation around how we can build and maintain a positive partnership.

Sign-up sheets are at the office. You can sign up for any session time. You can come by yourself or with a group. Conversations will be confidential with only the themes being shared for the purpose of the partnership agreement.

The dates are **Tuesday 26<sup>th</sup>, Wednesday 27<sup>th</sup> and Thursday 28<sup>th</sup> of February**. There are early morning and early evening times available to cater for working parents. Our students and staff will also have an opportunity to be involved in the process. Please come along and be involved.

We are interested in hearing everyone's voice.

## **SAVE THE DATE: WELCOME BACK PICNIC – THURSDAY FEBRUARY 28<sup>TH</sup>**

We will be holding a *Welcome Back Picnic* on Thursday, February 28<sup>th</sup> 5.30pm – 7.00pm down in the Bushland. All families are cordially invited to bring a picnic tea to share with their family. It will be a great opportunity for new families to meet other members of the Quarry Hill community, as well as a chance for returning families to catch up after the holiday break. It would be wonderful to see lots of our new and returning families attend. A picnic blanket is advised as it is quite dusty down there at the moment.

## CURRICULUM DAY – WEDNESDAY MARCH 6<sup>TH</sup> – PUPIL FREE DAY

A Curriculum Day has been approved by School Council for Wednesday, March 6<sup>th</sup>. The school will use the day to undertake staff professional development around the implementation of a whole school benchmarking system for reading.

Wednesday, March 6<sup>th</sup> will be a Pupil Free Day.

## PREP REST DAYS IN FEBRUARY PLUS MARCH 6<sup>TH</sup>

Parents of Prep children are reminded that for the month of February Prep children do not attend school on a Wednesday. Also, with the Curriculum Day scheduled for Wednesday, March 6<sup>th</sup> (see above) Prep children (along with all students) will have a further rest day on March 6<sup>th</sup>.

Have a great week.

Jo Menzel  
Principal

## SCHOOL CROSSING

The safety of our students is of prime importance at Quarry Hill Primary and one we take very seriously. We have had a request from Ian, the school crossing supervisor, for students to make sure that when they approach the crossing, they **wait behind the white line**. This is very important to ensure the safety of parents, carers and students.

## NEWS FROM THE 3/4 CLASSROOMS

Last week the 3/4 classes had their first PE Rotations amongst themselves. We played down ball, sideline basketball, dodgeball and kickball. It's a fantastic opportunity for the students to meet other students in their cohort.



## STUDENT ACHIEVEMENT AWARDS

### KIND

Elise S (Room 10B)

for displaying kindness and compassion to another student when they were upset.

Ted K (Room 14B)

for consistently helping his classmates!

Lincoln N (Room 7)

for always using his manners and arriving each day with a smile.

Jenna S (Room 15A)

for displaying a solid understanding of including and accepting differences between others.



### CURIOUS

Wren V (Room 7)

for exploring, wondering and asking questions whilst making slime.

Lincoln C (Room 10A)

for being so focused with all learning tasks and always trying your best.

Evie L (Room 1)

for asking deep questions.

Ryder M (Room 12A)

for always setting high expectations and asking intriguing questions.

Mia D (Room 10B)

for displaying interest and curiosity during our number codes lesson.



### BRAVE

Ayla S (Room 6)

for singing the Australian anthem at assembly.

Giana E (Room 5)

for being brave to work on new words in her writing.





### **WORKING WITH CHILDREN'S CHECK INFORMATION (WWCC)**

Parents and volunteers in our school will require Working with Children Checks for a range of school activities that involve interacting with students such as school camps, excursions, school swimming and any ongoing volunteering in the classroom (reading etc.). This is consistent with Victorian Government requirements. Please fill in the application form with your personal details at: <http://www.workingwithchildren.vic.gov.au/>. Once you have received your information, please bring your WWCC card into the office so your details can be recorded, and fill out the QHPS Code of Conduct- Volunteers. Thank you.

### **GRADE 3/4 CAMP TO SWAN HILL**

Grade 3/4 camp this year will be to Swan Hill Pioneer Settlement.

This is an overnight camp where the children will undertake activities to develop their understanding of the life of Australia's early pioneers. The cost of the camp is \$135.00 (\$85.00 if you have already paid the deposit) and payments are being accepted now in the office.

**Camp dates: Rooms 15A & 15B Tuesday 2<sup>nd</sup> - Wednesday 3<sup>rd</sup> April 2019**  
**Rooms 4, 14A & 14B Wednesday 3<sup>rd</sup> – Thursday 4<sup>th</sup> April 2019**

### **CAMPS, SPORTS AND EXCURSIONS FUND (CSEF)**

Please note: Prep and new families to Quarry Hill PS -

A reminder that families or temporary foster parents holding a valid means-tested concession card are eligible to apply for CSEF. Eligible concession holders are entitled to \$125 per year for primary school students. Payments are made directly to the school and are tied to the student.

Parents or legal guardians that have previously not submitted an application can do so now at the office. **Please note if you completed an application last year you do not need to complete one this year.**

To be eligible for the fund, a parent or legal guardian of a student attending a registered Government or non-Government Victorian Primary or Secondary School must:

- On the first day of Term One, or;
- On the first day of Term Two;

a) Be an eligible beneficiary within the meaning of the State Concessions Act 2004, that is, be the holder of a Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, OR

b) Be a temporary foster parent, and

c) Submit an application to the school by the due date.

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

Application forms should be completed and lodged at school by February 28th 2018, as payments are made from March.

Application forms are available for download or printed copies are available at school. Thank you to those parents that completed their application form on Booklist Collection Day.

### **PARKING AND ROAD SAFETY**

Parking and Animal Services from the City of Greater Bendigo have contacted our school and requested that the following information be conveyed to our school community.

The illegal parking of vehicles adjacent to our school poses a safety concern to children, pedestrians and other road users. Parents are reminded that it is essential to comply with parking restrictions when dropping off and collecting children from school.

Motorists must not stop in no stopping areas, even briefly, with or without the motor running. They must not stop next to a continuous yellow edge line, on nature strips, too close to school crossings, park over driveways or double park. A number of schools have short term time restricted areas, such as 2 minute pick up / drop off. These parking areas are in place to allow for ease of access close to schools and these restrictions must be adhered to. Drivers should also be aware that they cannot perform a U-turn over an unbroken or continuous dividing line.

With regard to children's crossings, the law requires that a driver approaching a children's crossing must drive at a speed at which the driver can, if necessary, stop safely before the crossing. Please slow down and take extra care when driving in school zones.

City of Greater Bendigo Parking Officers and Bendigo Police do conduct random patrols throughout the school year at various locations to ensure that motorists are adhering to the Road Rules.

## NEWS FROM THE BUSHLAND

The Bushland Dreaming project will be completed in the first half of this year. We'd love your help! Join the organising committee, come to the working bees and/or get involved in the projects.

- We'll be planting indigenous seasonal garden beds with each school year level.
- We'll be painting a mural on the Bushland concrete wall.
- We'll be planting the bushland with shady trees.
- We'll be building a dry creek bed to allow rainwater to water plants on site.
- We'll be improving the gateway to the bushland.
- We'll have a big celebratory launch.

## Bushland Timeline and Dates (put them in the diary!)

- Date TBC: Small working bee to prepare site (during March).
- March 31: Large working bee to make dry creek bed, fences, gateway and garden bed prep.
- May 22: Students planting their year level garden beds during this school week (International Biodiversity Day).
- May 26 planting Sunday with parents (National Sorry Day).
- May 27: Artwork Mural project (NAIDOC week)
- June 5: Launch of Bushland project (World Environment Day)

**Meetings Term 1:** We'll meet every **Thursday at 9:15am** during the term to pull everything together. Everyone is welcome!

This project was made possible with part funding from the Strathfieldsaye & Districts Community Enterprise. [www.strathfieldsaye.com.au](http://www.strathfieldsaye.com.au).

*"Do you want to support Strathfieldsaye & Districts Community Enterprise to make our region stronger, healthier and more vibrant? You can nominate Strathfieldsaye & Districts Community Enterprise as your community beneficiary when you purchase products or services from the Bendigo Bank branch at Strath Hill or Bendigo Telco for your family or business. Customers can link existing accounts too. We receive a commission from all tagged accounts and purchases, then return it to the community through grants, sponsorships, contributions to major infrastructure and community events. It's simple; by choosing local banking and communication providers, you can make a real difference to your community.... and there is no cost to you!"*

The project is also supported by Rotary Club of Bendigo Strathdale and is being delivered in partnership with Dja Dja Wurrung Corporation.

## TEETH ON WHEELS

Quarry Hill Primary will be having Teeth On Wheels dental truck visit the school on February the 26<sup>th</sup>, 27<sup>th</sup>, 28<sup>th</sup> & March 1<sup>st</sup> 2019. Your child will receive quality dental treatment from the highly trained and professional dental team. The Teeth On Wheels team will also provide information to your child about the importance of maintaining great oral health. Any permission forms that have not been completed need to be brought in to the office.

**Great news!**  
**Teeth On Wheels**  
**are coming to**  
**your school**



Teeth On Wheels are a highly qualified dental team who will be coming out to our facility. They press their focus on diminishing dental anxiety by practicing pain free dental treatment. Their mobile clinics are designed to be child friendly, making a fun and enjoyable atmosphere.

The onsite dental clinic is able to provide all treatments listed below:

✓ Examination	✓ Scale and Clean
✓ X-rays	✓ Fluoride treatment
✓ Preventative Fissure Sealants	✓ Minor Fillings

We highly recommend signing up with this special program to ensure your child's Oral Health needs are met.

[www.teethonwheels.com.au](http://www.teethonwheels.com.au)

**TeethOnWheels™**  
a positive dental experience



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Website: [www.quarryhillps.vic.edu.au](http://www.quarryhillps.vic.edu.au)  
Phone: 5443 3537

# P.F.A News

## NEXT MEETING

The next PFA meeting and AGM will be **this Thursday 21<sup>st</sup> February at 7.30pm** in the multipurpose room. New members welcome.

## *What's coming up courtesy of the PFA?*

Cuppa and cake catch up

Thursday 21<sup>st</sup>

9.00am - old staffroom

Annual General Meeting (AGM)

Thursday 21<sup>st</sup>

7.30pm - multipurpose room

End of Term 1 Easter Raffle-

Dates TBC

## *Meet some of our PFA members !*



**Name:** Fiona Shanahan, better known as 'Foz'

**Connection to QHPS:**

We moved from Kerang to Bendigo in 2004. In 2008 we needed a primary school for our son Aden, and had narrowed it down to three in the area. In the end, Aden chose QHPS because he liked the quadrangle, and felt like it was a safe space where you could always find a teacher.

**Best memory from when you were at school?**

Chasing a very tall Easter Bunny all the way around the school at Warracknabeal Primary, until he disappeared down the back paddock and over the fence.

**What PFA activities do you get involved in?**

I really love the Mother's and Father's Day stalls. I love seeing what the students pick out for their Mum, Dad or special person. The effort that all the PFA members put in, to make sure each parent has a gift, is very heartening.

**Do all members need to go to the meetings?**

No, not at all. It's nice to have members at meetings because it's important to hear from everyone, but if you can't make it we value your contribution in any shape or form. Some members just like to join in when we are preparing for an event or a fundraiser.

**What do you enjoy about being a PFA member?**

I enjoy being able to give something back to the school, and I think it's important to show your children that you care about the school community

**What can we expect from the PFA in 2019?**

The 2018 poll results pointed out what events and fundraisers are most popular. We hope to hold these events and get busy with "doing" rather than holding meetings.



**Name:** Pat

**Connection to QHPS:** Parent of students in Grades 1& 4

**Best memory from when you were at school?**

Helping out gardening.

**What PFA activities do you get involved in?**

Helping with the pie drive, fundraiser BBQs, coming along to social events.

**What do you enjoy about being a PFA member?**

Social connections and showing our kids the value of contributing.

**What can we expect from the PFA in 2019?**

Lots of opportunities to support our school community.



**Name:** Erin

**Connection to QHPS:** Tom in Grade 4

**Best memory from when you were at school?**

The wobbly log bridge in the playground and my Prep teacher Mrs Robinson.

**What PFA activities do you get involved in?**

I get involved in most activities by designing the posters for the event, it's great to be able to help out.

**What do you enjoy about being a PFA member?**

Being able to contribute to the school community and meet new people.

**What can we expect from the PFA in 2019?**

One of the first flyers I usually design each year is for the Term 1 Fundraiser, the Easter Raffle. It's a great event that the kids absolutely love.

*The QHPS PFA is for all friends & family of QHPS students. We hope to enrich the school experience for QHPS kids, fundraise for items to complement the curriculum (previous purchases have been the rock climbing wall, new reader books, BeeBots and Bushland programs), and create a community of support for the families of our QHPS students.*

*We'd love to meet you at our Thursday Cuppas, at one of our meetings, or helping out at one of our events. Even one extra person helping for one activity helps to share the load.*

### **Upcoming PFA dates:**

**Thursday 21<sup>th</sup>, 9am** – cuppa in the old staff room (near the junior astroturf)

**Thursday 21<sup>st</sup>, 7:30pm** – Annual General Meeting in the Multipurpose Room

**End of Term 1** – Easter raffle, dates TBC, stay tuned!!





## TEAM CHINA OVERSEAS LEARNING EXPERIENCE

Do you want to win  
this panda?

We are selling raffle  
tickets at the **zooper**  
**dooper** stand for  
50 cents each!

Good Luck!

### VICTORIAN SCHOOL OF LANGUAGES ENROLMENT IN LANGUAGE CLASSES FOR STUDENTS IN THE BENDIGO AREA



The Victorian School of Languages (VSL) is a Department of Education and Early Childhood Development school service assisting all government, Catholic and independent schools in the State with the provision of languages. There is a VSL campus at **Bendigo South East College, Curtin St Bendigo**, offering **Italian, Chinese, Sinhala and Malayalam** from Year 1-10, Tuesday afternoon from 4.30 pm to 7.00 pm. Other languages can be introduced according to demand. An annual materials charge of \$80 for Year 1-10 students. Enrolment for 2019 is now available online at <http://www.vsl.vic.edu.au/enrol/>.

Please contact Area Manager Ms. Antonella Cicero by email [antonellac@vsl.vic.edu.au](mailto:antonellac@vsl.vic.edu.au) if you require further assistance.

### THE BRAVE PROGRAM

The School of Applied Psychology at Griffith University, QLD have launched an Australian wide, publicly available, free-of-charge, online parenting program for the prevention and treatment of anxiety in young children.

*The BRAVE Program for Parents and Caregivers of Young Children* provides parents with education about anxiety and teaches parents a variety of strategies to manage anxiety-provoking situations that their child may experience. Parents will also receive information on strategies to better manage their child's anxious behaviours. Many young children suffer from fears, separation anxiety and social anxiety in their early school years, which can disrupt their early schooling experience.

Parents can register for FREE by completing a few short anonymous surveys that will help [the university](#) (and the parent) track their child's progress. Then, [you](#) will have access to evidence-based sessions and resources to help [your](#) child. The direct link to [the](#) young child program is <https://brave4you.psy.uq.edu.au/preschool-program>.

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Website: [www.quarryhillps.vic.edu.au](http://www.quarryhillps.vic.edu.au)  
Phone: 5443 3537



Is your 3 to 7 year old child experiencing worry, fear or anxiety?

Then register for...

## The Brave Program

for parents and caregivers of young children

Helping children  
be BRAVE



A **FREE** online program that provides parents and caregivers of children aged 3 to 7 years with information and skills to help their child overcome fears and anxiety.



<https://brave4you.psy.uq.edu.au>



[fb.me/braveparents](https://fb.me/braveparents)



UNIVERSITY  
OF SOUTHERN  
QUEENSLAND



Griffith  
UNIVERSITY  
Queensland, Australia



Beyond  
Blue

GU Ref: 2018/310

To keep this program free for all Australian families, anonymous data is collected at registration and during the program use, to help us track the success of the program. Some of this data may be used for research purposes.

**FRESH  
FRUIT  
FRIDAY**

Benefiting the health  
and wellbeing of our  
Bendigo school children

Proudly funded and supported by:

## Meet Our OSHC Team

The Educators managing the Outside School Hours Care at Camp Australia – Quarry Hill Primary School OSHC are passionate and make sure they always provide a wide range of activities that engage all children each and every day at before and after school care.

They thoroughly enjoy what they do and take their roles very seriously. Jenny Monaghan is one such member of our team. Jenny has just joined us here at Camp Australia and brings with her a wealth of experience after many years working in Outside School Hours Care. Jenny has been a Coordinator of several services both large and small in Brisbane, Sydney and Melbourne. Jenny is looking forward to meeting you all and getting to know what the children like to do during Before and After School Care.

Luana is an experienced and qualified Educator with years of experience and strong relationships with both the parents and children in our OSHC family.

As part of Jenny and Luana's roles with Camp Australia, they have completed compulsory training in Active Supervision (VSHAPE), Child Protection and Camp Australia policies and procedures to ensure the service is safe and engaging for all children in their care.

Between the hours of 6:45am-8:45am and 3:00pm-6:00pm, Jenny, Luana and the team can be seen chatting with the children who attend OSHC.

If you haven't met our team, please feel free to pop in and visit our before or after school care program.

## Register and Book Now

To register and book your child in our program, visit [www.campaustralia.com.au](http://www.campaustralia.com.au) and use the school finder on our homepage to search for **QUARRY HILL PRIMARY SCHOOL**. To secure your child's spot, we always recommend making your bookings in advance.

We look forward to seeing you and your family soon!

From the Team at Camp Australia





The Sandhurst Junior Football Club are seeking female footballers for the upcoming 2019 season.

We are aiming to field an U13 Girls team in a new division this year. This division will complement our existing U15 and U18 Girls teams, and provide a complete pathway for girls wishing to play from lower age to beyond. This is a wonderful entry level point for any girls wanting to start playing football.

Our focus at Sandhurst is on skills development, personal development and having a whole lot of fun.

Please contact Rohan Donnelly on 0417569695 for all enquires.



## FALCONS NETBALL CLUB BENDIGO

### PLAYERS WANTED

Falcons Netball Club is a very friendly and family orientated, local community based club. Falcons caters for both boys and girls wishing to play netball from grade 3 to grade 6 and girls from ages 13 through to 18. Falcons caters for all abilities and desires with netball, from those that want to mostly play for fun to those that want to develop their skills and take their netball to a whole new level. Games played at the Flora Hill Stadium.

*So take the plunge become a Falcon today.*

### Vacancies available

Grade 3, Grade 5, Grade 6  
13/U and Open



For enquiries to join our family friendly club please email

[falconsnetballclubbendigo@gmail.com](mailto:falconsnetballclubbendigo@gmail.com)

Danielle Schuffelen (President) – 0432 185 037



**MUMS - Singing sessions for YOU! No experience necessary.**

**Bubs through to school age welcome... but not essential!! (Dads welcome too)**

**Space still available in 2019 for Bendigo sessions @ the Old Church On The Hill. For more information check out our videos on [www.macapella.com](http://www.macapella.com)**

**or phone 0418 718 471**

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Phone: 5443 3537





## Upcoming Webinar Switching on your child's strengths

Through our membership with Parenting Ideas, our entire school community can attend webinars for parents at no charge. We're pleased to let you know about an upcoming webinar related to last week's Parenting Idea's article.

### About

The extraordinary results of focusing on our children's strengths rather than always trying to correct their weaknesses is explained in this webinar.

As a strength-based scientist for more than 20 years, Professor Waters has seen how this approach enhances self-esteem and energy in children and teenagers, and how parents find it exciting and rewarding. With many specific techniques for parents, she will demonstrate how to discover your children's strengths and talents, use positive emotions as a resource, build strong brains, deal with problem behaviour and talk about difficult situations and emotions.

### When

Wednesday 6 March 2019 8:00 PM - 9:00 PM AEDT

### Price

This webinar is free of charge to families at our school.

### About the experts

Quarry Hill Pri  
Email: quarry.  
Website: www.  
Phone: 5443 3

This webinar will be hosted by Dr Jodi Richardson with guest presenter Professor Lea Waters.

## Your exclusive voucher

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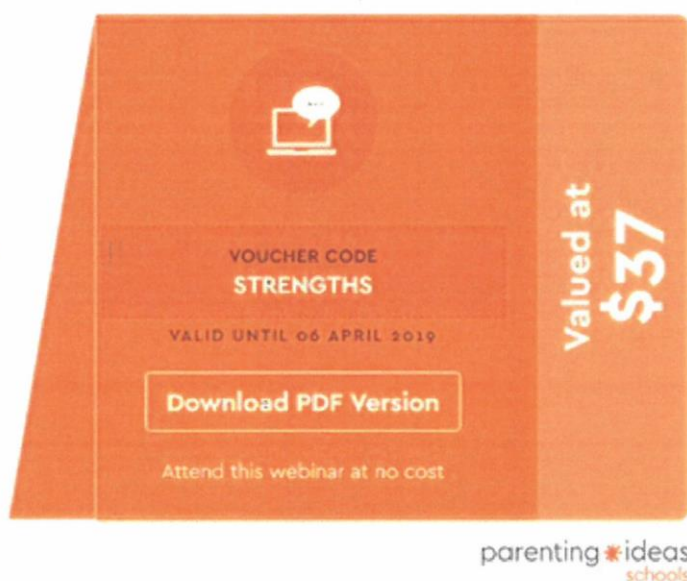
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Webinar: *Switching on your child's strengths*

Guest Speaker: Professor Lea Waters (PhD)

06 March 2019

08:00pm



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