



The Poppet Head

Weekly newsletter of Quarry Hill Primary School
Wednesday June 26th 2019
Newsletter No. 19

Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

2019 TERM DATES

Term 2 April 23 – June 28
Term 3 July 15 – September 20
Term 4 October 7 – December 20

Principal: Jo Menzel
School Council President: Joan O'Brien
PFA President: Renee Selkrig

~OUR VALUES~

Kind

I understand that everyone is different
I co-operate
I respect myself, others and the environment
I am Community minded
I belong

Curious

I am a learner
I seek knowledge
I ask questions
I explore and wonder
I Create

Brave

I am honest
I am independent
I have high expectations
I am resilient
I am open to feedback

IMPORTANT DATES

	Time	Details
JUNE		
Wednesday 26 th	6.00pm-7.00pm	5/6 Personal Development Session-Multipurpose Building
Friday 28 th	9.00am 11.00am 2.10pm 2.30pm	JSC Dress Up Day – Favourite Colour PFA Pizza Lunch Day Assembly Last Day of Term- Early Finish
JULY		
Monday 15 th	9.00am	First day of Term 3
Thursday 25 th – Friday 26 th	All Day	Grade 5 Camp – Sovereign Hill
AUGUST		
Friday 2 nd	9.00am	PFA Meeting in the Multipurpose Room

REMINDERS:

Grade 5/6 Puberty & Personal Development Program

Tonight, Wednesday June 26th 6.00pm-7.00pm-
Multipurpose room.

LAST DAY OF TERM 2, FRIDAY JUNE 28TH

JSC- Dress as your Favourite Colour Day

PFA Pizza Lunch Day

Assembly at 2.10pm & Early Dismissal at 2.30pm



Kind



Curious



Brave

Dear Parents and Carers,

BUNJIL THE EAGLE

If you have wandered into the quadrangle this week, you may have noticed a very large and colourful eagle that the Grade 1/2 students have made. This is Bunjil. Bunjil is considered to be a great creative spirit in Aboriginal history. Like many ancient cultures that used word of mouth to tell their stories, Bunjil's deeds and powers vary slightly, depending on the storyteller and the area they are from.



Aboriginal Peoples have lived in the region known as Victoria for more than a thousand generations. The people of the area are known as the 'jaara'. (Dja Dja Wurrung are the 'jaara' that are native to the areas around the Loddon and Avoca rivers in the Bendigo region of central Victoria.)

In common with other Kulin Peoples (the five tribes in south central Victoria), Bunjil, the Wedge-tailed Eagle and Waa the Crow are two halves that mirror each other, and to understand the whole universe, these two halves must come together.

Bunjil is the creator who bestows Dja Dja Wurrung People with the laws and ceremonies that ensure the continuation of life.

I would like to share the story of Bunjil as told by Carolyn Briggs of the Boon Wurrung Peoples of south-central Victoria.

"Many years ago this land that we now call Melbourne extended right out to the ocean. Port Phillip Bay was then a large flat plain where Boonwurrung hunted kangaroos and cultivated their yam daisy (pictured).



But one day there came a time of chaos and crises. The Boonwurrung and the other Kulin nations were in conflict. They argued and fought. They neglected their children. They neglected their land. The native yam was neglected. The animals were killed but not always eaten. The fish were caught during their spawning season. As this chaos grew the sea became angry and began to rise until it covered their plain and threatened to flood the whole of their country.

The people went to Bunjil, their creator and spiritual leader. They asked Bunjil to stop the sea from rising. Bunjil told his people that they would have to change their ways if they wanted to save their land. The people thought about what they had been doing and made a promise to follow Bunjil. Bunjil walked out to the sea, raised his spear and directed the sea to stop rising. Bunjil then made the Boonwurrung promise that they would respect the laws.

The place the Kulin then chose to meet is where the Parliament of Victoria is now located. They debated issues of great importance to the nation; they celebrated, they danced.

This land will always be protected by the creator, Bunjil, who travels as an eagle."

Bunjil is watching over our school as well.



ASSEMBLY

I would like to thank everyone who has put forward suggestions in order to make assembly time more comfortable for the students. In a perfect world it would be a simple fix – a beautiful indoor gymnasium would be wonderful, but unfortunately this is not our reality.

A number of people have suggested foam/plastic mats would be a good idea for the students to sit on, particularly when the weather is cold and the ground is a bit damp. A great idea, but the reality and practicality is a bit more challenging.

After careful consideration, I have decided against this option based on the following reasons:

- Lunch eating in the quadrangle means that mats end up covered in food scraps. This in turn attracts rats, mice and other vermin. (A constant challenge for any school.)
- Sometimes faecal matter and other germs may be accidentally transferred to the mats.
- If the mats are not dried properly before storing, mould develops. This is not a great environment for anyone that has respiratory symptoms such as asthma.
- Storage is problematic as we do not have room to house close to 400 mats.

Other suggestions have included:

- **Using the multipurpose room during the cooler months.** Unfortunately, we have outgrown this space, and the whole school would not fit in there.
- **Using the astroturf area outside of the multipurpose room.** This area is great, if the ground is not wet or damp. It is a lot more open to the elements (wind and rain).
- **Using the undercover area over the basketball court.** Again, a great space, however, if it has been raining, the water pools on the asphalt and the children would not be able to sit. Like the astroturf area, it is not protected from the wind.
- **Using the quadrangle, but having children stand.** I am happy to try this. Having everyone being able to see what is going on may be problematic.

The quadrangle is a great space, and for the majority of the year it is perfect for our needs. Thank you everyone for your contributions.

POPPET HEAD BLAST – THE REFRIGERATOR EDITION

As previously mentioned in the newsletter, during Term 3 we are going to trial a slightly different way of disseminating information to our community. On the very first Wednesday (July 17th), we will introduce the Poppet Head Blast. This will be a one page 'Refrigerator Edition' of our newsletter that includes a calendar of events and the Student Achievement Award recipients for the week. This one page 'blast' will be followed up with a full newsletter the next week. We hope you find it useful.

SOME TERM TWO HIGHLIGHTS

I would like to thank everyone for a wonderful term. We have managed to do some great things across the curriculum as well as throughout the school. Some of the highlights include:

- Our student leaders' involvement in ANZAC Day
- The School & Regional Cross-Country
- The Prep Teddy Bear Hospital
- Our Book Fair
- The Mother's Day stall
- School Photo Day
- The School & District Athletics Day
- The 2020 Prep information sessions
- Education Week – Celebrating Careers
- The Gymnastics Program
- The Division Soccer
- The amazing development of the Bushland space.
- Our term will be nicely rounded out by a Pizza Lunch Day and a Dress up in your Favourite Colour Day on Friday.

END OF TERM 2 – EARLY DISMISSAL

A reminder that Term 2 ends this Friday, June 28th with the earlier dismissal time of 2.30pm.

Have a great break everyone.

Jo Menzel

Principal

GRADE 5/6 DIVISION SOCCER

Last Friday Quarry Hill PS competed in the Sandhurst Division Soccer competition. We were represented by two teams made up of 27 students. Both teams were very competitive on the day, with the girl's team finishing 2nd and the boys 4th. All students demonstrated great sportsmanship and teamwork skills and had lots of fun.

Thank you to Liam L and Lloyd N for helping out on the day.

Ross Turner

Physical Education



STUDENT ACHIEVEMENT AWARDS

CURIOUS

Ivy L (Room 10B)

for consistently producing work of a very high standard.

Charli B (Room 4)

for her have a go attitude across the curriculum.

Sienna M (Room 14B)

for consistently presenting her work in a neat and organised manner!

Charlotte C (Room 1)

for reflecting on her learning and setting goals.

Flynn M (Room 9)

for trying really hard to sound the words in his writing.

BRAVE

Ruby-Rose P (Room 8)

for being BRAVE when she attempts her learning tasks.

Shylah W (Room 8)

for being BRAVE when she attempts her learning tasks.

Spencer F (Room 15A)

for setting high expectations and ensuring all his book work is very neat.

Ayrlea A (Room 1)

for attempting all activities at Gym with a big smile.

Lula H (Room 5)

for being brave and asking questions and involving herself in class discussions.

Jim M (Room 7)

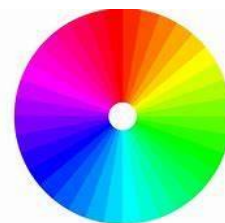
for his wonderful organisation each morning.



JSC DRESS UP DAY – FAVOURITE COLOUR

On last day of Term 2, June 28th, Junior School Council will be holding a Colour Day. Dress up in your favourite colour for a whole day! Don't forget that it's a gold coin donation which will go towards the State School Relief. State School Relief is an organisation that ensures that all students feel included and valued. They supply uniforms and footwear for 1 in 10 Victorian school children.

Junior School Council Members: Abbie, Mikayla, Layla & Avery.



5/6 PUBERTY & PERSONAL DEVELOPMENT PROGRAM

The Puberty and Personal Development Program has been rescheduled to tonight, Wednesday the 26th of June. This event will be held between 6.00pm to 7.00pm in the Multipurpose Building.

This program has replaced the previous in class sessions and is open to all grade 5/6 students and their parents, guardians or special person.

Grade 5/6 Team

GRADE 5 CAMP TO SOVEREIGN HILL

This year the Grade 5 Camp will be to Sovereign Hill on **Thursday July 25th – Friday July 26th**.

Quarry Hill Primary School, 25 Peel Street, Bendigo 3550

Email: quarry.hill.ps@edumail.vic.gov.au

Website: www.quarryhillps.vic.edu.au

Phone: 5443 3537

Awareness of history is an essential characteristic of any society and historical knowledge is fundamental to understanding ourselves and others. The Students will experience the Sovereign Hill costume school and the lifestyle of the 1850's gold rush.

The bus will depart from Quarry Hill Primary School at 7.00am on Thursday July 25th and return at 5.45pm on Friday July 26th. The full cost of the camp is \$225.00 (\$175.00 if paid deposit) with the final payment due by July 15th 2019. Jess Telford/Sam McCloud.

DISTRICT ATHLETICS

On Tuesday 25th June, 35 students represented Quarry Hill Primary School in the District Athletics at the Latrobe University Athletics Complex. All students performed well on the day and showed a great attitude towards all events. Thank you to everyone that was involved.



Next PFA meeting is Friday August 2nd at 9.00am in the multipurpose room

What's coming up courtesy of the PFA?

Pizza Lunch Day

Friday June 28th 11.00am

Last day of Term 2

NEXT MEETING: PFA will be holding the next meeting on Friday August 2nd, at 9.00am in the multipurpose room. We extend an invitation to all within the school community and look forward to seeing you there.

WE NEED HELPERS TO SERVE THE PIZZAS

PFA are holding a pizza lunch day to celebrate the last day of Term 2. Pizzas will be supplied by Eagle Pizza Kennington.

If you are available at 10.40am on the Friday June 28th and would like to help serve the pizzas please place your name on the list outside Room 5 on the PFA notice board. Serving will be from at 11.00am-11.15am. Thank you for your support.

PIE DRIVE: Thank you to all involved in the success of this year's Pie Drive. Money raised goes towards the school community helping the student's curriculum.

THURSDAY MORNING CUPPA: On Thursday join QHPS community at 9.00am for a cuppa and chat in the multipurpose room. A great way to meet new faces and come together as parents, friends and families of Quarry Hill Primary School.

BECOME A MEMBER: The PFA would like to extend an invitation to all members of our school community, involvement can be small or large, but together we can create an amazing community for our children. Membership is free and provides members the opportunity to assist and contribute to the life of the school and education of their children, the right to vote on matters within meetings as well as an invitation to join our committee page where you are able to keep up to date on current events with ease and at a time that suits you. Registration forms are available at the office.

SECOND HAND UNIFORM Our Second Hand Uniform shop will not be open this coming Friday due to the early finish. The uniform shop will still be open Thursday morning during cuppa and a chat from 8:45am – 10:00am. Find a winter bargain with every item 50 cents. We appreciate all donations and look forward to seeing you in the new Term.

Quarry Hill Primary School, 25 Peel Street, Bendigo 3550
Email: quarry.hill.ps@edumail.vic.gov.au
Website: www.quarryhillps.vic.edu.au
Phone: 5443 3537

Team China- OSLE 2019

Wow what a whirlwind, seems like only yesterday we were preparing to leave and now that we are settled back in, we wanted to reflect on our incredible experience. Before our five travellers share a little snapshot of our trip, I would like to acknowledge Abbie, Campbell, Laila, Ornella and Xanthe who travelled with me to China this year. I want to thank them and congratulate them for their resilience, energy, and willingness to give everything a try. They were outstanding ambassadors for our school and certainly made the most of this wonderful opportunity afforded to them. –Miss T



What Did We Do?

We went to our Chinese sister school and they held a special assembly to welcome us there. There were over 1500 people at assembly and Miss T had to make a speech and she said 'um' twice. I was brave and presented the Principal with a gift (a painting from my Dad) and explained to the whole assembly where it came from and what it was. That night I went to my homestay family and spent two nights staying with a boy called Jack and his family. Jack was funny, kind and very good at English. – Campbell

Tongli Water Town was one of my favourites because everywhere you looked it was like a picture and everything fitted in perfectly. I also loved the Great Wall because it was amazing to think about its history whilst standing on it. Hundreds of years ago people would have been walking up the mountain with heavy stones to build the wall to keep the rabbits out (I'm joking). They would have had to walk almost the whole wall every day. We caught the sky lift up to the wall and then the Toboggan down. I went really fast and it was amazing! - Xanthe

What Did You Learn?

I learnt that the Chinese religion and food is very different to Australia's. It was a great learning experience because it was fun to learn and live the different culture. -Abbie

I learnt that if you don't try certain things you will definitely regret it. I also learnt that the culture in China is amazingly different to Australian culture and would certainly amaze you if you went! -Laila

I learnt that no matter how weird everything is, do everything you possibly can so that you don't miss out. You would regret it! The tour guides taught us many things about all the places we visited so I learnt a lot. One of the most interesting things was at the silk factory! I learnt how to make silk! Did You Know? There are twin silkworm cocoons and they cannot be made into anything but quilts because they crossed over each other when making the cocoons! -Xanthe

Would You Encourage Others To Go?

YES!! It was one of my most amazing experiences of my life. I loved meeting new people and making new friends. I loved exploring different places and trying new things. I never would have thought I would eat a duck's tongue and enjoy it! I'm already saving to go back! - Ornella

Of course! It was the greatest experience of my life and I wouldn't change a single second. If you feel like you are going to apply and you have doubts, just remember it will change your life, there's nothing like it! -Laila



**Victorian Equal Opportunity
& Human Rights Commission**

Human Rights are for everyone.

We are excited to announce The Human Rights Commission is coming to our school in Term 3.



**Come along to our community forum on
Wednesday 7th August to find out more.**

9.30-10.30AM or 6.30-7.30PM

This event will be catered for, please indicate if you plan to attend here:

<https://www.surveymonkey.com/r/FFC6J52>

Rusty Nail Bush Poetry

Poetry Competition
Written and Performance competition for all Primary students. Free entry
Written entries due by Monday, August 19

For details & entry forms:
Lockwood P School 5435 3224 or email lockwood_ps@edumail.vic.gov.au
or Geoffrey ph 0412 725 470 or email: geoffrey@dinkumoz.com.au

Prizes & Certificates.
Compere Geoffrey W Graham

Monday August 26th- 9.30am

Venue Lockwood Primary School
Presented by Lockwood PS and BGBP
(Bendigo Goldfields Bush Poets Inc) bgbp.com.au/rustynail

**You wouldn't eat 16 teaspoons
of sugar - so why drink it?**

16 SUGAR in 100ml	8 SUGAR in 100ml	9 SUGAR in 100ml	7 SUGAR in 100ml	16 SUGAR in 100ml	25 SUGAR in 100ml
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[youtube.com/user/VACHOinc](https://www.youtube.com/user/VACHOinc)
rethinkkugardrink.org.au

Currently, all children 12 years and under are eligible to access Bendigo Health's Community Dental Service free of charge. To make an appointment please call 03 5454 7994, or visit www.bendigohealth.org.au to register your child/ children.

BENDIGO HEALTH Excellent Care. Every Person. Every Time.

2019 NAIDOC CHILDREN'S DAY

COME AND JOIN A FULL DAY OF FUN AND FRIENDSHIP

Aboriginal and Torres Strait Islander cultural inspired activities for the whole family
Date 10th July 2019
Time 10am - 3pm
Location Crusoe College - Olympic Parade, Kangaroo Flat, Victoria, 3555

Contact Becky Lenoir 03 5442 4947 or becky.lenoir@bdac.com.au
Miranda Whyte 03 5442 4947 or miranda.whyte@bdac.com.au

FREE BBQ
Traditional Food Tastings
Cultural Performances and Smoking Ceremony
Giveaways for the children
Wildlife and Interactive displays and Story Time

HOLIDAY PROGRAM

Brett Harris
T 0438 198 031
E brett@kellysports.com.au
A 12 Metropolitan Drive
Eaglehawk VIC 3556



BENDIGO WINTER SCHOOL HOLIDAY PROGRAM

Sports orientated holiday program designed for children to emphasise fun, enjoyment and maximum participation.

WHERE

WHO

WHEN

INFO

COST

ENROL

ST LIBORIUS CENTRE
St Liborius PS 379 Eaglehawk Rd, Eaglehawk 3556

Kinder-Grade 6 (Boys & Girls)
Monday 1st July to Friday 12th July 2019
Full day: 8:30am-5:00pm (\$50 inc GST)
Enrol for 5 days or more for only \$39 per day (\$195)
Half day: 8:30am-12:30pm/1pm-5:00pm (\$35)

Friendly and experienced coaches teaching a variety of skills throughout the entire day whilst providing an exciting and safe environment.

Sports & activities that all kids can enjoy such as: Soccer, Volleyball, Cricket, Basketball, Foosy, Netball, Hockey, T-Ball, Gymnastics & Crazy Circus & Dance PLUS, our hugely popular Kelly Sports Mini Olympics track & field athletics). Kid's favourites: Parachute & Old Fashioned Relays & Kelly Sports Has Got Talent not to mention stacks of surprises along the way!

**Children need to bring along a drink bottle, hat lunch and plenty of healthy snacks.

EARLY BIRD SPECIAL*
ENROL BEFORE
SUNDAY 16th JUNE
& GET \$5 OFF PER DAY (HALF DAY!)

FROM \$50 PER DAY

HOW TO ENROL
Online: www.kellysports.com.au, click on events & enter postcode 3556

LOOK OUT! SEE WHAT'S COMING UP

DID YOU KNOW KELLY SPORTS ALSO OFFERS?
*School Programs *Kinder Programs
*School Sports Days *Corporate Events
*Leadership/Teambuilding Events
*Specialised Coaching

Check out the daily timetable of our Facebook page: [kellysportsbendigo](https://www.facebook.com/kellysportsbendigo)

Commit to your child's online safety

Free event

Children are exposed to online content in their preschool years. Behaviours like cyberbullying begin at primary school. Peer pressure can cause poor online decisions for many teenagers.

- Hear from the Office of the eSafety Commissioner on empowering young people, parents and carers to manage online issues.
- Commit to your child's online safety by attending this presentation from one of Australia's leading online safety experts.

eSafety is important for every child from ages 1 to 18

Learn how to:

<ul style="list-style-type: none"> Reduce accidental exposure to inappropriate content Initiate conversations about online stranger danger Identify age appropriate apps and websites <p>1-7</p>	<ul style="list-style-type: none"> Deal with online stranger contact Have a conversation about online issues including cyberbullying Manage apps and privacy settings Support your child using online safety resources <p>8-12</p>	<ul style="list-style-type: none"> Report serious cyberbullying and image based abuse Manage screen time and excessive use Have a conversation with your child about their online brand <p>13-18</p>
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Registration essential. Spaces are limited. Time: **Tuesday 9th July 7 - 8:30pm** Venue: **Bendigo Baptist Church 757 McIvor Highway Junortoun 3551**

Scan QR code or call 5449-3033 to register.

esafety.gov.au

Office of the eSafety Commissioner

esafety.gov.au



Resources for parents



Highlights include:

Multimedia reviews — tips about entertainment choices available to young people—including games, movies and television.

Online safeguards — advice and information about parental controls for devices, streaming services, web browsers and gaming consoles and a range of content about safe search and filtering software.

Staying safe — information about key internet safety topics.

Online risks — guidance for parents to help deal with cyberbullying, sexting, online pornography, inappropriate content and grooming.

Getting help — a listing of professional support services for children and parents/carers. Each state in Australia has a dedicated parent helpline.

Ordering free resources

Call 1800 880 176 — downloadable from esafety.gov.au.

Other useful resources:

- How to set parental controls on gaming consoles.

- Parental controls for computers, tablets and smartphones.
- Talking to children about online pornography.
- Young & eSafe — empowering young people to make real change in their online lives.
- Quick guide to popular social media sites and apps.
- Sexting — how to start the conversation.

Infographics

- Is there an age limit for kids on social media?
- Should my child be on social media?
- Keeping an eye on screen time.
- 8 tips to keep on top of your child's screen time.

Video resources

The Office of the Children's eSafety Commissioner offers over 350 video resources for children, parents and teachers on our Vimeo channel.

- Rewrite Your Story — 8 vignettes based on real life cyberbullying stories
- Chatterbox video series for parents covering cyberbullying, unwanted contact and sexting.
- Online grooming — Detective Senior Sergeant Wayne Newman — Child Exploitation Taskforces, Victoria.
- Balancing time online — Dr Michael Carr-Gregg, Child and Adolescent Psychologist.
- Managing cyberbullying incidents — Dr Michael Carr-Gregg, Child and Adolescent Psychologist.

esafety.gov.au



Parents and carers

About the eSafety Office:

We help all Australians have safer online experiences. Through education resources and advice we aim to improve the digital literacy and resilience of Australians online.

We also operate a complaints scheme for:

- cyberbullying material affecting Australians under the age of 18
- illegal and offensive online content.

What is cyberbullying?

Cyberbullying is a distinct form of aggression. It differs from traditional bullying in the lack of verbal cues, the permanence of digital data, the 24/7 accessibility and the anonymity.

Research indicates that approximately 1 in 5 children (8-17 years old) have been cyberbullied.

How the office can help you

- We work with social media services to remove serious cyberbullying material. This includes material that is seriously threatening, intimidating, harassing or humiliating.

- We provide advice and resources to parents, schools and the police to assist in addressing cyberbullying incidents.
- We refer and encourage young people to free confidential counselling and support such as **Kids Helpline** — 1800 55 1800 and **headspace** — 1800 650 890

Office of the eSafety Commissioner

HOW TO REPORT CYBERBULLYING MATERIAL

- 1** Report the cyberbullying material to the social media service.
- 2** Collect evidence — copy URLs or take screenshots of the material.
- 3** Report it to esafety.gov.au/reportcyberbullying
- 4** Block the person and talk to someone you trust.

If you are in immediate danger call 000 (triple zero). If you need to talk to someone, visit kidsline.com.au or call them on 1800 55 1800, 24 hours a day 7 days a week.

WONDERS

OF THE WORLD

School Holiday Programs

Can you believe there's only one week until school holidays?!

One of the most important pillars in building Holiday Club programs are our family feedback surveys at the end of each season. We heard everybody loud and clear, and this season we're bringing to you more cooking activities, outdoor sports festivals and music & dancing events.

Every service has a unique program, so jump online or just have a chat to your Coordinator to find out more about yours.



GET YOUR GROOVE ON



COOK UP A STORM



KEEP ACTIVE

With only a week to go before our Winter season kicks off, now's the time to book.

Book now. To find out when these activities are on during the school holidays and join in the fun, visit: www.campaustralia.com.au/holidayclubs.

You can also call our friendly Customer Care Team on **1300 105 343** - 24 hours a day, 7 days a week.

We look forward to seeing you and your family at **Wonders of the World**.

The Camp Australia Team