



# The Poppet Head

Weekly newsletter of Quarry Hill Primary School  
Wednesday January 5<sup>th</sup> 2020  
Newsletter No. 1

## Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

## 2020 TERM DATES

Term 1 January 29 – March 27  
Term 2 April 14 – June 26  
Term 3 July 13 – September 18  
Term 4 October 5 – December 18

**Principal:** Jo Menzel

**School Council President:** Joan O'Brien

**PFA President:** Renee Selkrig

## ~OUR VALUES~

### Kind

I understand that everyone is different  
I co-operate  
I respect myself, others and the environment  
I am community minded  
I belong

### Curious

I am a learner  
I seek knowledge  
I ask questions  
I explore and wonder  
I create

### Brave

I am honest  
I am independent  
I have high expectations  
I am resilient  
I am open to feedback

## IMPORTANT DATES

	Time	Details
<b>FEBRUARY</b>		
Wednesday 5 <sup>th</sup>	All Day	Prep Rest & Testing Day
Wednesday 12 <sup>th</sup>	All Day	Prep Rest & Testing Day
Friday 14 <sup>th</sup>	3.00pm 3.30pm	Assembly-Badge Presentations by Jacinta Allan-School & House Captains, Koori & Girls in STEM Book Club Closes
Monday 17 <sup>th</sup>	9.00am	PFA AGM in the Multipurpose Building
Wednesday 19 <sup>th</sup>	2.45pm	Dogs Connect Prog.-Cuppa & Chat-Staffroom
Thursday 27 <sup>th</sup>	5.30pm-7.00pm	Welcome Back Picnic & Expo
Friday 28 <sup>th</sup>	4.00pm	School Council Nominations Due
<b>MARCH</b>		
Monday 2 <sup>nd</sup>	9.00am	Prep First Full Week of School
Wednesday 4 <sup>th</sup>	Various	The Playground Craze Incursion
Friday 6 <sup>th</sup>	All Day	Curriculum Day-No School
Monday 9 <sup>th</sup>	All Day	Labour Day Public Holiday-No School
Monday 16 <sup>th</sup>	5.45pm	School Council Annual General Meeting
Friday 27 <sup>th</sup>	2.00pm 2.30pm	Assembly Last Day of Term 1-Early Finish

## Reminders:

- **CSEF-** Do you hold a concession card? You may be eligible for CSEF. Please see the office.
- **Book Fees-** Please see the office if you have not paid for your booklist & school fees.
- **Permission Forms-** Please return your students 2020 Permission forms ASAP to your classroom Teacher.



Kind



Curious



Brave

Dear Parents and Carers,

Welcome to the 2020 school year! A special welcome to our new Quarry Hill families joining us for the first time. I hope that you all managed to find some activities to do over the holidays that offered some relief from the heat and smoke. Our thoughts go out to everyone that was directly or indirectly affected by the devastating fires all along the east coast of Victoria, New South Wales, Kangaroo Island and more recently Canberra. A horrendous experience for all those touched by the fires.

It looks as though the warm weather will continue for a while yet, so it is a perfect time to remind all of our families about the importance of children wearing broad brimmed hats and sunscreen. If you need to purchase a new school hat, they are available from the office for \$10.00. Families are required to provide their own sunscreen and students are to re-apply this themselves if required during the day. Many thanks for your support with this.

### **HOLIDAY REFLECTION - OUR VALUES IN ACTION**

Just to put our school values of Kind, Curious and Brave front and centre in our minds again, I would like to set families a task to do over the course of this week. I would love each family member to share an example of when they demonstrated our values during the holiday break e.g. an example of when they were kind, an example of when they were curious and an example of when they were brave. This is an activity for the whole family. Children love it when adults do the work too!

Statements that give examples of what Kind, Curious and Brave may look like are included further in the newsletter. These may prompt some deeper conversations. Good luck! I would love to hear some of the examples if you are prepared to share.



### **NEW MOBILE PHONE POLICY**

The Minister for Education, James Merlino, released a new Students Using Mobile Phones Policy for all Victorian government schools on 7 October 2019. This policy requires that from Term 1 2020, students who choose to bring mobile phones to school must have them switched off and securely stored in the locked box provided at the school during school hours, including recess and lunchtime. This box is located at our front office. If emergencies occur, parents or carers can reach their child by calling the school. For more detailed information regarding our local Mobile Phone Policy, please visit our website.

Thank you for your understanding regarding this new policy.

### **OUR NEW PREPS FOR 2020**

Last Friday was the first full day of school for our Prep students this year. I love this day. The excitement and anticipation of the children is amazing to witness. For the most part, they settled really well and quickly set about making new friends. Most parents seemed to cope quite well too! An extra hug was required for some, but everyone left fairly composed. It's a big day for everyone involved. A special thank you to our PFA group for organising the annual Tea and Tissues session. This gave parents and grandparents the opportunity to have a cuppa and a chance to draw breath after the hectic start to the day.

### **WORK DONE OVER THE HOLIDAYS**

For the first time in a long time, no major works were earmarked for the holiday break apart from recarpeting Room 8. We did however need to address some damage caused by vandals. It is always disappointing when money needs to be spent fixing wilful damage. We had a significant number of roof tiles damaged on the old building and some graffiti sprayed on one of our walls. I want to thank the people that alerted us to the vandalism. It is the community eyes and ears that helps keep our school protected. I also want to thank Luci Hauke for volunteering to paint over the graffiti. It was a lovely gesture, and very much appreciated. The damage to the roof tiles continues to be a major concern for us. The age and brittleness of the tiles means that fixing them is challenging!

### **CUPPA AND CAKE THURSDAY MORNING CATCH UP**

All families are cordially invited to come along to the multipurpose room at 9.00am on a Thursday morning for an informal catch up with other parents. Rachele Bertuch, Renee Selkrig and Heidi McIntosh will welcome you with a warm beverage and tempt you with something delicious to eat. It is a wonderful way to start your Thursday. Everyone is most welcome.

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Website: [www.quarryhillps.vic.edu.au](http://www.quarryhillps.vic.edu.au)  
Phone: 5443 3537



## A DATE FOR YOUR DIARIES: OUR SCHOOL DOG – FERDI

Last night information was sent home via Compass regarding our school dog, Ferdi. We encourage families to view more information about the program at [www.dogsconnect.net.au](http://www.dogsconnect.net.au). We will be holding an afternoon cuppa and chat with Grant Shannon, the founder of the Dogs Connect Program and invite any parents or caregivers who have questions or would like to discuss the program to come along at 2.45pm on Wednesday Feb 19<sup>th</sup>. This will be held in the staffroom. At 3.15pm Grant will hold a student information session that parents are also welcome to attend.



## EXPO AND WELCOME BACK PICNIC – THURSDAY FEBRUARY 27<sup>TH</sup>

In response to the school community partnership work undertaken last year, we are holding our very first **Information Expo** just prior to our Welcome Back Picnic on Thursday February 27<sup>th</sup>.

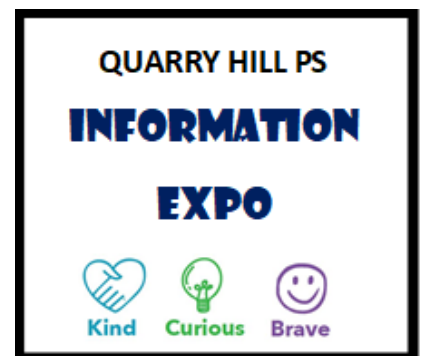
The expo will cover information relating to the four broad themes that were identified from our community consultations i.e. Operations, Teaching and Learning, Culture and Wellbeing and Communication. The expo will be set up in the quadrangle and will run from **5.00pm** through until **6.00pm**.

Fourteen stalls will be operating on the night that provide extra information about: School Council, PFA, Camps and Excursions, Compass and Administration, Student Wellbeing, Literacy, Numeracy, The Arts (including School Production), Community Voice, Community Skills/Interests Database, Kitchen Garden Program, Assessment and Reporting, Student Leadership, Intervention, Cultural Awareness and LOTE (Chinese).



An *Expo Passport* will be available on the night to help parents navigate the stalls. There will be an opportunity for families to enter a raffle by participating in the event. The raffle will be drawn at the assembly the next day (Friday, February 28<sup>th</sup>).

The **Welcome Back Picnic** will start at the cross over time of **5.30pm** through until **7.00pm**. This will be held down in Bushland. The Parents and Friends Association (PFA) will be running their very first fundraiser for the year by offering families the opportunity to order pizza for their evening meal. Information about this can be found further in the newsletter. If families do not wish to order pizza, you are asked to bring along your own basket tea. This event is a fabulous way to meet new families and reconnect with friends. It is also an opportunity for families to experience the ambience of the redesigned Bushland space. We hope that we have lots of our families attend both of these events.



## SCHOOL CAPTAINS AND VICE CAPTAINS FOR 2020

Tessa M W and Jacob W will be the Quarry Hill School Captains this year. They will be ably assisted by Tara M and Tory P who will take on the Vice-Captain roles. Congratulations to these four young people. It is a big commitment to take on leadership roles, and I feel confident that they will do a wonderful job.

## HOUSE CAPTAINS

Congratulations are also extended to the following students for obtaining the role of House Captain for 2020:

Peel House - Edwin T  
Amer House – Campbell T  
Malcolm House – Mietta L  
Harkness House – Avery M

The House Captain role requires the leaders to not only demonstrate enthusiasm for their House but to encourage students to get involved in a range of school activities. I look forward to working with these young leaders as well.

Our School Captains, Vice Captains, House Captains, Girls in STEM leaders and our Koorie Leader will have their badges presented by Jacinta Allan MP at the assembly of Friday, February 14<sup>th</sup>.

Quarry Hill Primary School, 25 Peel Street, Bendigo 3550  
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Website: [www.quarryhillps.vic.edu.au](http://www.quarryhillps.vic.edu.au)  
Phone: 5443 3537

Other student leadership roles are currently being decided. They will have their badges presented at a later assembly on a date still to be confirmed.

#### STAFFING FOR 2020

NAME	ROOM	GRADE
<b>TEACHING STAFF</b>		
MARIA TZAROS	1	PREP/1
BONNIE MCINTYRE	2	PREP/1
JANE ST CLAIR	8	PREP/1
LORRAINE BERIMAN	9	PREP/1
BRAD SHEPHERD	5	2
MERRYN WALKER	6	2
ERICA DEMPSTER (M,T) TONYA VAN DEURSE (W, Th, F)	14A	3/4
TESS DAVIES	14B	3/4
SHERYL SOMERVILLE (M, T, W, Th) ROSS TURNER (F)	4	3/4
SARAH EDWARDS	15A	3/4
CLINTON DONOHUE	15B	3/4
BEK FRY	10A	5/6
CRAIG HARROP	10B	5/6
JESS TELFORD	12A	5/6
SAM MCCLOUD	12B	5/6

#### Specialist Teachers

Art	Brooke Wilson
Music	Jeremie Collard
PE	Ross Turner
Chinese	Shengjie Chiu
Intervention	Tova Penno

#### Principal Class

Principal	Jo Menzel
Assistant Principal	Anne Rochford

#### Non-teaching Staff

Business Manager	Narelle Jones
Administration	Luci Hauke
Admin/Education Support	Amanda Dole
Education Support	Tim Murphy
Education Support	Sonia Rodgers
Education Support	Tyryne Jones
Welfare Worker	Kerryn Phillips
Maintenance	Phil Ward

#### SUPERVISION RESPONSIBILITIES BEFORE AND AFTER SCHOOL

At Quarry Hill Primary School, the school grounds are supervised by staff from 8.45am before school and until 3.45pm after school.

There may be staff in attendance at the school before and after those times but those staff may be involved in tasks such as meetings or lesson preparation. This means that these staff members will not be supervising students. I know that a number of parents accompany their children to school and wait to see that they are settled, or stay to help in the classrooms. This practice is fine, and is certainly encouraged, as parents are supervising their own children.

Formal before and after school care is available within the school grounds and is operated by Camp Australia. Information regarding this program is available from the office, or can be accessed online at <https://www.campaustralia.com.au/Schools/QuarryHillPrimarySchool/3550/B294>

### **REGISTERING FOR OUT OF HOURS SCHOOL CARE – CAMP AUSTRALIA**

To help families prepare for the new school year, bookings for Outside School Hours Care are now open for 2020. It is recommended families register an account with Camp Australia and always book in advance.

Parents/guardians must register their child by completing an online enrolment form via the parent portal. It's important that parents/guardians fill out all compulsory enrolment documentation for their child and notify of any medical conditions, illnesses etc., to ensure the health and safety of all children in the program.

Families can register for free at <https://pp.campaustralia.com.au/account/register-contacts>

### **BOOK COLLECTION DAY**

I would like to thank parents for their positive co-operation in collecting books on the Book Collection Day. I would also like to acknowledge the work undertaken by Administration and Education Support Staff in making this process so seamless. A lot of work goes into the organisation of this process.

Please contact the office if you have any further questions about school supplies.

### **FRIDAY AFTERNOON ASSEMBLIES**

Parents/carers and family members are welcome to attend our whole school assemblies on Friday afternoon at 3.10pm.

### **ANAPHYLAXIS AND ASTHMA**

We have several children enrolled who suffer from severe allergies to a variety of things including nuts and nut products which can result in them going into anaphylactic shock. Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. It must be treated as a medical emergency, requiring immediate treatment and urgent medical attention.

At Quarry Hill several strategies are in place to deal with this. We are an Allergy Aware school. Students are encouraged to wash hands before and after eating to minimise the risk of contamination.

Often boxes and packages are sent to school for art construction activities and are very useful. However, do not send any packages for use at school that have contained nuts or nut products so that we can minimise the risk of children with allergies coming into contact with products that may cause a reaction.

Action Plans for Anaphylaxis and also for Asthma are required for all children who suffer from either, and must be obtained from the family doctor. Please ensure that your child has an updated plan if they suffer from asthma or are at risk of experiencing anaphylaxis. A copy of this plan must be provided to the school immediately.

### **ASTHMA ALERT - SPACER USE IN SCHOOLS**

A reminder to families of children with asthma of the new policy regarding single person spacer use.

This means that schools are no longer able to wash, sterilise and re-use spacers and face masks from their asthma emergency kits when assisting students and children with asthma symptoms.

Spacers should always be used when administering reliever 'puffer' medication because:

Using a spacer with a 'puffer' ensures that more medication reaches the airways

Spacers are much easier for children to use than a 'puffer' alone, and allows school and preschool staff to help students/children during an asthma attack, often in an emergency situation

Spacers are an essential part of the Asthma First Aid procedure that Victorian schools/preschools are instructed to follow

Asthma first aid kits should only ever be used as a back-up for when a child with asthma does not have their own spacer available, or if it is a first asthma attack or the cause of breathing difficulty is unknown. If your child requires medication & does not have their own spacer, a cost of \$10.00 will be charged to cover the purchase of the spacer. Even if your child has mild asthma, it is essential that their medication and spacer (and a compatible face mask if under 5 years old) is always available to school staff. To ensure that a spacer is not left at home, we would recommend that parents/carers purchase a second spacer for their child to have with them at school at all times if possible.

For further information, please contact the Asthma Foundation of Victoria on 1800 645 130 or email [schools@asthma.org.au](mailto:schools@asthma.org.au)

### **STUDENT ACCIDENT INSURANCE ARRANGEMENTS**

The Education Department does not provide personal accident insurance for students. Parents and guardians are responsible for paying the cost of medical treatment for injured students, including any transport costs, unless the injury is caused by the negligence (carelessness) of a Department or school council employee or volunteer. Students' accident insurance policies are available from the private insurance market. These cover a range of medical expenses not covered by Medicare. They can be obtained by parents for individual students. Parents of students at Quarry Hill Primary School are reminded that Quarry Hill Primary School does not have a whole of school policy.

### **PRIVACY REMINDER**

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' Privacy Policy](#)

Please take time to remind yourself of the school's collection statement, found on our website [add link to your school's collection statement].

For more information about privacy, see: [Schools' Privacy Policy – information for parents](#). This information also available in nine community languages.

### **A DATE FOR YOUR DIARIES: CURRICULUM DAY (PUPIL FREE DAY) – FRIDAY MARCH 6<sup>TH</sup> 2020**

School Council has approved a Curriculum Day on Friday March 6<sup>th</sup> 2020. This day will be used by staff to work on Performance and Development Goals, as well as the development of Individual Learning Plans.

This will be a pupil free day. Please note, this day is the Friday of the Labour Day long weekend in March. This means that the children will have the Friday as well as the Monday off school.

### **PREP REST DAYS IN FEBRUARY**

Parents of Prep children are reminded that for the month of February Prep children do not attend school on a Wednesday.

### **A DATE FOR YOUR DIARIES: SCHOOL COUNCIL ELECTIONS – WE'D LOVE YOU TO BE INVOLVED!**

The Annual General Meeting for Quarry Hill Primary School Council will be held on **Monday March 16<sup>th</sup> 2020 at 5.45pm**. This meeting will precede the Annual Reporting Meeting, when the School's Annual Report will be presented.



There are four parent vacancies, a community member and two DET vacancy by rotation for a two year term, and any interested parents are urged to nominate for School Council.

The whole school benefits from a variety and diversity of opinion on Council, and the value of fresh ideas and enthusiasm should not be underestimated.

The current School Council is as follows:

#### **Retiring this election (2020)**

##### **Parent Members**

Carleen Egan, Justin Clark, Michelle Grose, Scott Langan

##### **DET Members**

Narelle Jones & Anne Rochford

#### **Retiring next election (2021)**

##### **Parent Members**

Joan O'Brien, Jessica Ireland-Smith, Elia Andrews

##### **DET Members**

Sam McCloud



I would like to thank retiring members, all of whom have made valuable contributions to School Council. Retiring councillors, who meet eligibility criteria, are welcome to nominate for further tenure on School Council. Nomination forms are available from the office. Nominations are to be lodged at school by 4:00pm on Friday February 28<sup>th</sup> 2020. A ballot (if required) will be held on Wednesday March 4<sup>th</sup> 2020.

### NEWSLETTER ELECTRONICALLY

A reminder to all parents and carers that the newsletter is made available through Compass. The newsletter is also available on our school website. <http://www.quarryhillps.vic.edu.au/>

Have a great week.

Jo Menzel  
Principal


### THE PLAYGROUND CRAZE

On Wednesday, 4<sup>th</sup> March the Playground Craze will be visiting Quarry Hill PS. It involves cool pop music, and a live in-school performance that engages students with important social-emotional skills, covering topics such as confidence, resilience, kindness, persistence, friendship and cooperation. The messages help students strengthen self-awareness and self-management of the personal and social skills encouraged in the curriculum. Students have already paid for this on their booklists.


Any questions, please see Rebekah Fry in Room 10A.

### STUDENT ACHIEVEMENT AWARDS


#### KIND

Tilly D (Room 2)	for helping others tidy up equipment and looking after our classroom and peers.	 Kind
Mason W (Room 9)	for being a respectful listener in the classroom and always using his lovely manners.	
Zavier S (Room 1)	for being a caring grade 1 tour guide for the Preps and for being an expert on shoelaces! Honka Honka!	

#### CURIOS

Dominic M (Room 10A)	for an excellent start to his grade 6 learning. Well done Dom!	 Curious
Harper-Lee B (Room 12B)	for demonstrating curiosity and asking great questions in class.	
Room 10B	for a fantastic start to 2020!	

#### BRAVE

Wilton S (Room 15A)	for beginning the school year showing great independence.	 Brave
Kamryn H (Room 15B)	for being brave and 'having a go' at new experiences.	
Levi P (Room 5)	for confidently explaining the maths strategy he used to solve a problem.	

### SCHOOL UNIFORM SUPPLIER BENDIGO UNIFORMS PLUS ANNOUNCEMENT

We have been informed that our current uniform supplier will be closing their doors on the 29<sup>th</sup> February. We are currently in the process of arranging a new supplier who will take over from Bendigo Uniforms Plus once they have shut their doors. Our aim is to have the new supplier established and ready with uniforms on the closing day. We are just waiting for final documentation to be signed then we will be in a position to announce the new supplier. Bendigo Uniform Plus still have plenty of winter stock available for purchase before the store closure at the end of February 2020.

Thank you for your understanding and hopefully the process will be seamless.

If you have any questions please do not hesitate to contact the office.

### FREE PLAY KITCHEN

Sitting in the foyer next to room 4, is a play kitchen that is no longer needed and is free to a good home. If you are interested and would like it, please contact the office.



## **eSmart topic: Help Boost Kids' Safety, Privacy, and Security**

When kids start to go online, whether they're playing multiplayer games, using educational apps, or just following their curiosity on Google, it's important that they understand the basics of online privacy and safety.

### **Check out these 5 tips**

#### ***1. Discuss personal vs. private info.***

Talk about the difference between what's OK to share online (favourite colour) and what's not (home address).

#### ***2. Use privacy settings.***

Together, go through the settings on all new apps to make sure you both know what information your kids are sharing.

*Avoid location tracking.*

Location-aware apps can be super helpful. But apps that use a device's location to help people find your kid or offer them ads for nearby businesses should be used with caution. Turn them off if you can.

#### ***3. Power up passwords.***

Work together with kids to help them come up with complex passwords. Think outside the dictionary. Use phrases and special characters that make passwords hard to guess but easy to remember. Remind kids to keep passwords private and change them regularly.

#### ***4. Skip quizzes.***

Help kids identify and avoid clickbait, quizzes, special offers, and anything that asks for personal or private information. This helps keep information secure and devices safe.

Full article: <https://www.commonsense.org/education/family-tips/k-5-privacy-and-security?>

(Common Sense Media)

### **SCHOLASTIC BOOKCLUB**

Issue 1 of Scholastic Book Club is due Friday, February 14<sup>th</sup> 2020. No late orders will be accepted.

To order the books online and pay with your credit card via the LOOP facility visit

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>

The LOOP facility eliminates the need to put your credit card number on the order form and/or hand over cash. For paper copy book orders remember to please include your child's name and classroom room number and/or teacher on the top of the form and return to office with correct payment by due date. Thank you.



## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

### MORE INFORMATION

For more information about the CSEF visit  
[www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools in 2020 or you did not apply in 2019.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

Check with the school office if you are unsure.



### LEARN IRISH DANCING in BENDIGO

EVERY SATURDAY 11.00am-12.00noon  
(during School Terms)  
in the V.R.I. HALL  
(close to Railway Station)

BEGINNERS and ADVANCED STUDENTS WELCOME

CONTACT – GERALDINE

TEL: (03) 9809 5717  
e-mail: [geraldinervan2000@yahoo.com.au](mailto:geraldinervan2000@yahoo.com.au)



### Bendigo Senjuns Hockey Club Registration Day

Sunday 9 February 2020

12pm - 2pm at the Bendigo hockey ground

BBQ and drinks included. We have hired the turf from 1pm-2pm, so bring your gear for a hit around. Uniforms will be available on the day to borrow (for Juniors players) or to buy (for Senior players).

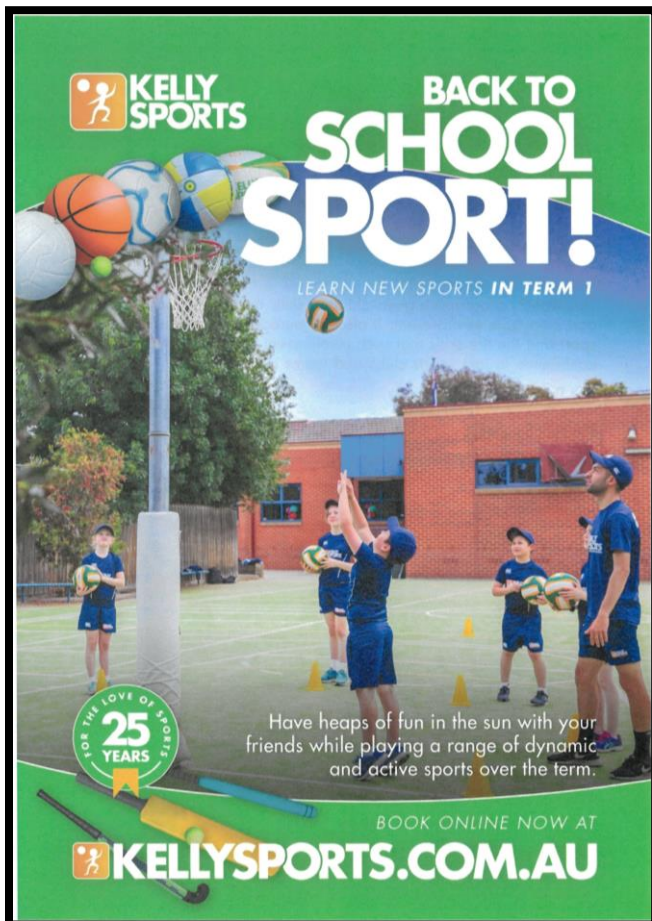
Come along for a chance to win \$100 cash!

Email for more information: [senjuns@gmail.com](mailto:senjuns@gmail.com)

# P.F.A News

**PFA ANNUAL GENERAL MEETING (AGM):** Monday 17<sup>th</sup> February, 2020 at 9.00am in the Multipurpose Building.

**UNIFORM SHOP:** Our Second Hand Uniform shop is open Thursday during morning cuppa from 8:45 – 10:00am and Friday afternoon 3:30 -3:45pm. This is a fantastic opportunity to support our community with much needed items. We thank all that have donated and welcome all to come down during our open times to purchase items for 50c each.



**KELLY SPORTS** **BACK TO SCHOOL SPORT!**  
LEARN NEW SPORTS IN TERM 1

Have heaps of fun in the sun with your friends while playing a range of dynamic and active sports over the term.

**BOOK ONLINE NOW AT**  
**KELLYSPORTS.COM.AU**

**25 YEARS** FOR THE LOVE OF SPORT

**INFORMATION**  
FOR PARENTS

**MULTI-SPORT**  
PROGRAMME

Programmes run weekly on one day a week for one hour.

**This term we will focus on the following sports:**

- ✓ Tennis
- ✓ Cricket
- ✓ T-Ball

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings – giving them confidence to join sports clubs and teams in the future.



**For Prep – Year 4 students.**

**PRICES: \$42 (3 WKS) – \$84 (6 WKS)**  
Quarry Hill Primary School –Thurs: 3:30pm-4:40pm

Be coached by a fully qualified teacher with over 10 years experience, trained in Physical Education. Want to take your game to the next level or just learn a heap of FUN new skills? Then our Multi Sports Program is for you!

**BOOK EARLY & SAVE**  
Enrol your child before Sun 16th Feb 2020 to receive your first session FREE!

**Website:** kellysports.com.au  
**Contact:** Brett Harris  
**Email:** brett@kellysports.com.au  
**Phone:** 0438 198 031  
**Facebook:** #KellySportsBendigo

**Register now for 2020 junior footy!**

**Age groups:**  
**U9 & U10 (mixed)**  
**U12 (girls)**  
 \$60.00\*

**U12 (mixed), U14 & U16 (boys)**  
**U14, U16 & U18 (girls)**  
 \$155.00\*

**GOLDEN SQUARE FOOTBALL NETBALL CLUB JUNIORS**

**If you played with the Square in 2019, you need to register and pay by 28th Feb 2020 to secure a position**

New players are welcome and will be considered in line with our Player & Team Selection Policy

\*Reduced registration price due to AFL lowering their fees to clubs for 2020  
Normally \$120.00 for non-competitive teams and \$170.00 for competitive teams



**Girls footy at Golden Square**



## MEET THE COACHES!

**WHEN:** Monday 10th Feb at 5pm  
**WHERE:** Upstairs Social Rooms  
 Fur Life Vet Oval, Wade Street

We welcome new and returning junior players (and those still thinking about whether to join) to come along and meet our 2020 coaches and have a chat about the season ahead.

This year we plan to enter teams for U12, U14, U16 & U18.

Enquiries about this event - Murray Porter on 0428 223 053

**Golden Square Football Netball Club - Juniors**



## Welcome to the new school year!

A very warm welcome to everyone, and a special welcome to families new to the school and our program.

At Camp Australia, we provide an engaging and supportive **outside of school hours space** for children to play, connect, learn and grow. We work together with your school community to deliver a tailored program that is designed to bring out the very best in each individual child. Creating a unique place where children can practice real-life skills in a fun, exciting environment that challenges them to succeed. In our sessions, children will be provided with a healthy snack while given time to relax, socialise with friends and learn some life skills along the way. Come to the OSHC room to meet the friendly team and discover how we can help your family.

### *Some of the things we get up to at OSHC....*



**Art - Tie Dye Pencil Cases & Bags**



**Construction - Lego Masterpieces**



**Science - Volcanic Eruptions**

### **It's FREE to Register.**

To attend our program, you must register your child. You can register an account with us at [pp.campaustalia.com.au/account/login](http://pp.campaustalia.com.au/account/login). Once registered, it's easy to make bookings and manage your booking options online via our parent portal. If eligible, to help you with the cost of child care, you may be entitled to receive the Australian Government Child Care Subsidy. Visit [my.gov.au](http://my.gov.au) to find out more.

### **Program Details**

For more information on our service and fees, visit our website [www.campaustalia.com.au](http://www.campaustalia.com.au). If you prefer to speak to us, you can contact our Customer Care Team on 1300 105 343, available to support families 24 hours a day, 7 days a week - except for National Public Holidays. Alternatively, you're welcome to visit us in service from 6:45am-9:00am and 3:00pm-6:00pm daily.

We look forward to seeing you and your family soon!

From Hayley and the Team at Camp Australia



## INSIGHTS

# Making new friends and staying in touch with old classmates



As a parent there is a great deal you can do to help your child adjust socially at the start of the school year. Here are some tips to help.

### Encourage your child to be open to new friendships

An open, friendly attitude is a child or young person's best social asset. Students who open to forming new friendships are more likely to succeed than those who seek solitude, who are critical and who limit themselves to just one or two familiar faces. Encourage your child or young person to seek out new friendships, even though they may feel uncomfortable or strange at first.

### Encourage healthy relationships

Do all you can to encourage healthy relationships based on respect and common courtesy. Generally, when a relationship is healthy a child feels safe, valued and able to speak up. Unhealthy relationships, such as cliques, are restrictive, one-sided and are full of gossip and criticism.

### Encourage inclusiveness

Studies have shown inclusiveness to be one of the prime social skills shared by socially successful students. Encourage your child or young person to include others in games, conversations, team activities and other group activities. Inclusiveness is not just a wonderful friendship skill, it's strong leadership attribute as well.

### Encourage friendships with both genders

If you are in a co-education environment encourage your child to form friendships with both boys and girls. This is particularly valid if your child has siblings of their own gender, or don't have siblings. It's through these early relationships that we gain the confidence to mix with different genders in the later years. Forming friends across genders helps to break down the mystique that sometimes forms, when a child has little contact with the 'other' gender.

### Stay in touch with former classmates and school friends

Encourage your child to maintain friendships with former classmates and groups outside of school as this helps to insulate against unfriendly behaviour that they may experience with their close social circle.

## Provide social scripts

Your child may benefit from being provided with some social scripts that they can use in common social situations such as meeting a new friend, joining in a game or asking someone else for help. Boys, in particular, can benefit when given the words to use in a variety of different social situations.

## Forming new friendships can take time

Meeting new students and forming new friendships can be anxiety-inducing. If this is the case for your child, then it helps to acknowledge their feelings of discomfort, but also remind them that these feelings will pass. As well discuss the fact that feeling comfortable with new friends often takes time, particularly if your child by nature is reserved or slow to warm up in social situations.

Helping kids work through friendships can be tricky for a parent as you don't have a great deal of control over what happens at school. However, with empathy, patience, encouragement and a supportive attitude you can do a great deal to help your child make a smooth social transition.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 12 books for parents including *Spoonfed Generation* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*. His latest release *Anxious Kids*, was co-authored with Dr Jodi Richardson.

## **Vision Statement**

*Quarry Hill Primary School students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.*

## **Values**

### **1. Kind**

- I understand that everyone is different
- I co-operate
- I respect myself, others and the environment
- I am community minded
- I belong



**Kind**

### **2. Curious**

- I am a learner
- I seek knowledge
- I ask questions
- I explore and wonder
- I create



**Curious**

### **3. Brave**

- I am honest
- I am independent
- I have high expectations
- I am resilient
- I am open to feedback



**Brave**