



The Poppet Head

Weekly newsletter of Quarry Hill Primary School
Wednesday, August 19th 2020
Newsletter No. 13

Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

2020 TERM DATES

Term 3 July 13 – September 18

Term 4 October 5 – December 18

Principal: Jo Menzel

School Council President: Claire Flanagan-Smith

PFA President: Renee Selkrig

PFA Vice President: Kasslea Shaw

IMPORTANT DATES

	Time	Details
AUGUST		
Wednesday 19th	8.00pm	Dr Justin Coulson- Lightening the Lockdown Load Webinar
SEPTEMBER		
Friday 4 th	9.00am	Book Club-Online Orders Close
Friday 18 th	2.30pm	Last Day of Term 3-Early Finish
OCTOBER		
Monday 5 th	All Day	Curriculum Day
Tuesday 6 th	9.00am	First Day of Term 4
Monday 19 th	9.00-11.00am	School Photos
NOVEMBER		
Friday 20 th	All Day	Curriculum Day

~OUR VALUES~

Kind

I understand that everyone is different
I co-operate
I respect myself, others and the environment
I am Community minded
I belong

Curious

I am a learner
I seek knowledge
I ask questions
I explore and wonder
I create

Brave

I am honest
I am independent
I have high expectations
I am resilient
I am open to feedback



Music- 'Make your own Musical Instrument' - Kade. S



Dear Parents & Carers,

Welcome to the Week 6 edition of the newsletter & Remote Learning 2.0!

It has been lovely to see the positive attitude of students settling back into their learning from home routine. The feedback has also been very enthusiastic, with reports of student & parent confidence growing as we all approach this way of learning once again.

Thank you for your understanding and support during this time. We continue to put the health and wellbeing of students & families at the forefront of our work. Please reach out if you need anything as we are here to support you.

Below are some samples of work completed in the last fortnight. We hope you enjoy the rest of the week.

ICT ISSUES DURING REMOTE LEARNING

If you are experiencing any computer issues during our remote learning, please contact Ty Jones between the hours of 9.00am-3.00pm by phone on 0413 844 752 or email Tyryne.Jones@education.vic.gov.au.

SCHOOL PHOTOS

School Photos have been rescheduled to Term 4. The new date is Monday, 19th October.

SCHOLASTIC BOOKCLUB

Commencing from **Issue 6**, we will not be having catalogues sent to school. Catalogues will now be live online and can be accessed via the website below. Online orders are due by Friday, 4th September. All deliveries will need to be sent to your home address with a fee of \$5.99.

<https://www.scholastic.com.au/book-club/book-club-home/>

Thanks Amanda

STUDENT ACHIEVEMENT AWARDS

KIND

CURIOUS

Amelia C (Room 14B)	Fantastic start to Remote Learning 2.0 Amelia! You've approached all of your activities with enthusiasm and worked hard to complete them.
Nash L (Room 10A)	for asking questions to ensure you complete your work to the best of your abilities. Well done Nash!
Eva K (Room 9)	for creating a stop motion clip and using the new technologies well.
Anthony K (Room 9)	for recording his role play of 'The Three Little Pigs' and including all of his family in the video. It looked like lots of fun!
Scarlett S (Room 6)	Thanks for sharing your video of how to make chocolate chip biscuits with the class. We loved watching your procedural video and they looked so yummy!
Evie J (Room 1)	for her spelling investigation in the role of the 'bossy e' on the ends of words.
Jemima W (Room 14A)	for going above and beyond and completing all the activities on the learning grid.
Eliza W (Room 14A)	for her super animal slide show.
Chase F (Room 15A)	for completing a detailed and well written explanation on how the Minecraft Redstone flying machine works.
Beth L (Room 2)	for always being an active learner during our WebEx lessons by sharing her ideas and extending herself with tasks set.
Abigail B (Room 12B)	for showing wonderful creativity in your dreamtime writing on Uluru.

BRAVE

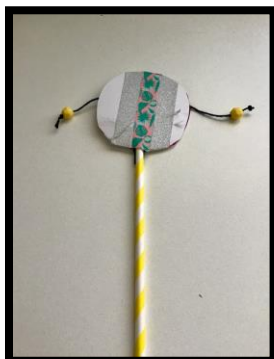
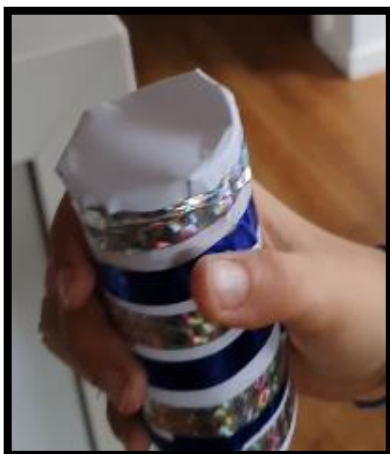
Oscar G (Room 10B)	for consistently displaying Bravery and commitment to their studies during the first full week of the second phase of Remote Learning.
Jennet L (Room 5)	for working hard and demonstrating an amazing work ethic during Remote Learning.
Avery M (Room 10B)	for consistently displaying Bravery and commitment to their studies during the first full week of the second phase of Remote Learning.
Tom R (Room 5)	for demonstrating great independence and confidence when learning online.
Ollie O (Room 10B)	for consistently displaying Bravery and commitment to their studies during the first full week of the second phase of Remote Learning.
Declan MC (Room 15B)	for having a go at all work tasks and trying his best. Great job!
Iris M (Room 12B)	for taking up the challenge with your online maths activities this week.

MUSIC - MAKE YOUR OWN MUSICAL INSTRUMENT

Last week students were encouraged to make their own musical instruments. We saw a great variety, these included rain sticks, maracas, drums, Chinese drums, guitars & water glass instruments. What a fantastic & creative job!



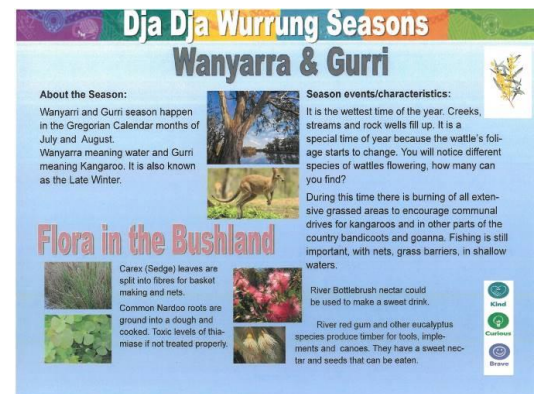
MY INSTRUMENTS
DRUM
GUITAR
MARACA



NEWS FROM P/1 CLASSROOMS

P/1s have been using their curiosity hats and have been creating cubbies and the elements of design and technology on making them stay up!!

Here is architect Alby at work! And success!



LIGHTENING THE LOCKDOWN LOAD- A FREE WEBINAR FOR PARENTS IN VICTORIA

TONIGHT, WEDNESDAY 19th AUGUST, 8pm [Use THIS link to register](#)

Lockdown is hard. It hurts our kids and it's a drain on parents.

The first time was tricky. There were challenges. For some, it was horrible. But most of us managed ok and got through it.

This time it's different. The pressure is higher. The demands are greater. The children are more oppositional. The home learning stretch will be longer. There's work stress, family stress, and stress about being stressed!

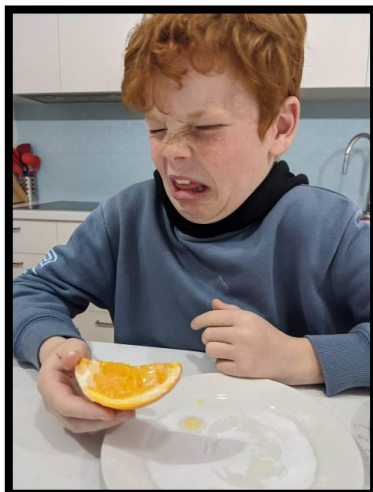
While we can't click our fingers and make it magically disappear, there are real strategies that parents and children can rely on to not just survive, but thrive – even in a far-too-long lockdown. They're simple ideas that you can start on right away.

Join Dr Justin Coulson, one of Australia's most trusted parenting specialists, as he shares 4 secrets to make it through the pain of the winter COVID-19 Victorian lockdown. By the end of this FREE webinar, you'll:

- Feel reassured, with less stress and pressure around your kids, their schooling, and life
- Have concrete strategies you can start on immediately to make your family happier
- Know how to be on the same page as your partner

Be able to develop habits and practices that will ensure your children – and YOU – can get your daily work done, even while everyone is stuck at home

GRADE 3/4 WORK SAMPLES



Lenny B- Science Experiment



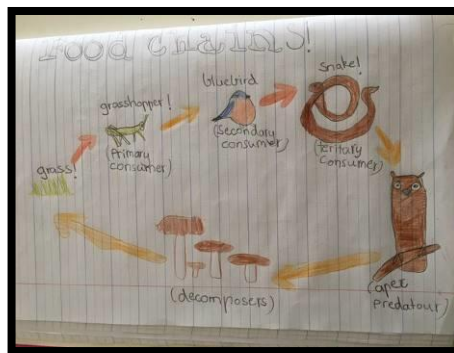
Gabe N- Lego Rainforest



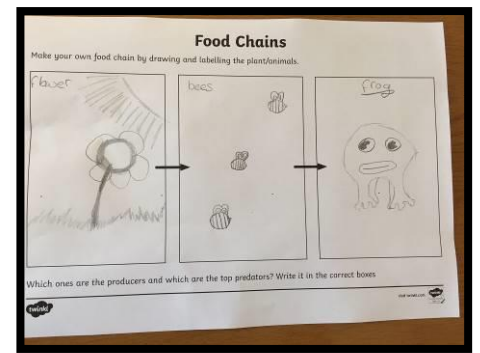
Jimi R- Lego Task



Jonty M- Food Chain



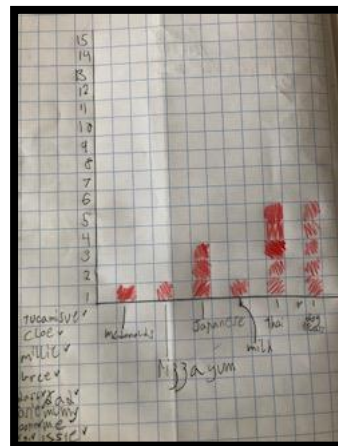
Lula H- Food Chain



Tilly S- Food Chain



Minna J- Maths



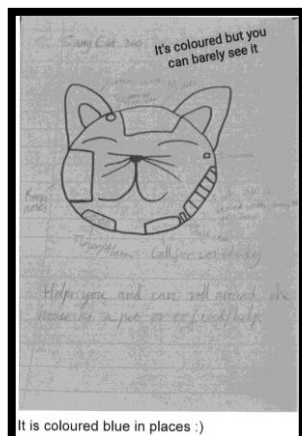
Harry J- Graphing

Grade 3/4 Home Learning Week 4
Hunger Games
Tiffle Towers
Authors: Tim Harris and James Frey
My Book
Does Cheyenne have a brother? When his uncle leaves a hotel for him to inherit everyone wanted it! Cheyenne will be the right boy for the job as he's dangerous, all day can be get the hotel back up and running?

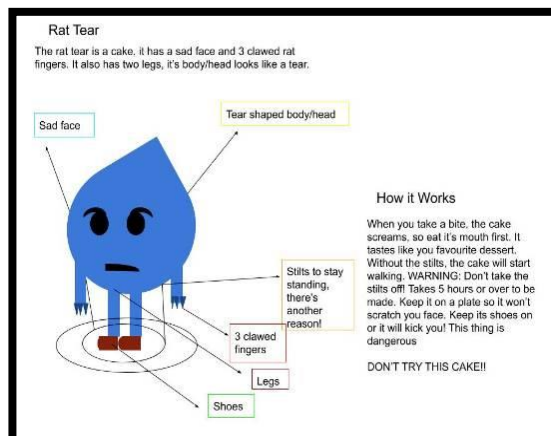
A connection I made from this book was that Cheyenne and I both love food and study things in our head.

Sophia Z- Movie Review

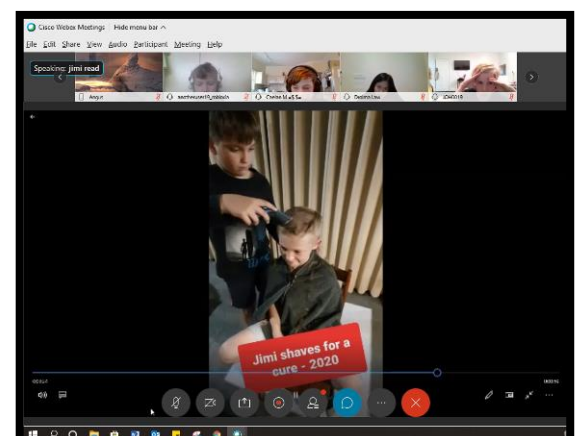
The main character was Cheyenne.
My favourite character was Cheyenne.
Rating = 4/10



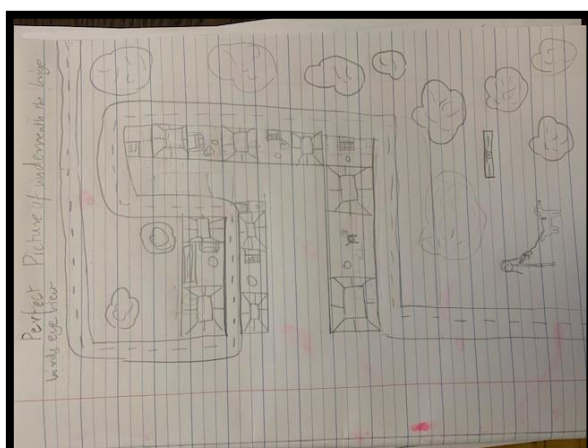
Drolma L- Invention



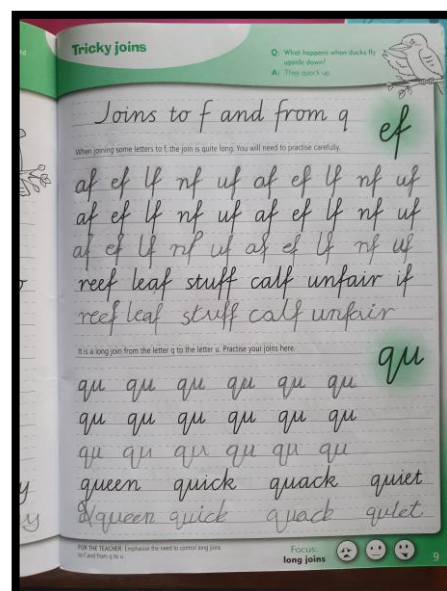
Sienna M- Invention



Jimi R- Head Shave Video



Minna J- Birds Eye View



Jimi R- Handwriting

BSE – ACA APPLICATIONS OPEN

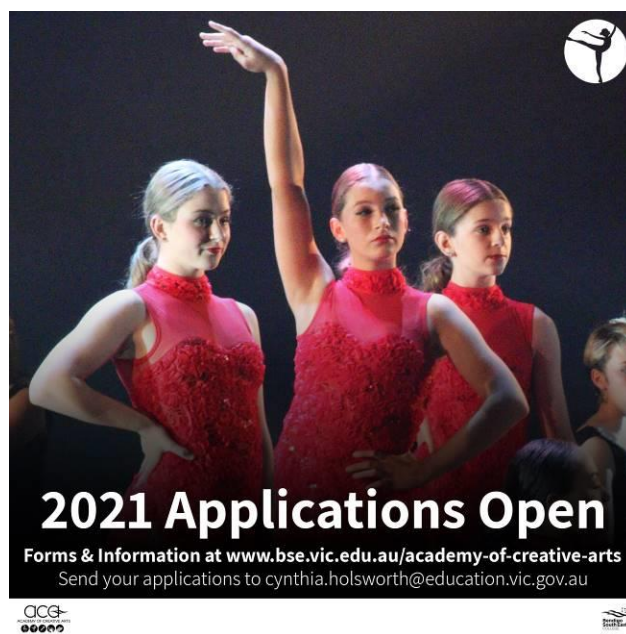
At the Academy of Creative Arts, students immerse themselves in strong academic studies whilst developing their talent and passion for performance and the Arts.

Students from Year 6 – 10 in the BSE zone can audition to be a part of the award-winning Academy of Creative Arts program.

For further information go to: <https://www.bse.vic.edu.au/academy-of-creative-arts/>

or contact the ACA Manager: cynthia.holsworth@education.vic.gov.au

Applications are now open and must be emailed to the Manager.



SCHOLASTIC BOOK CLUB ISSUE 6 IS COMING!



Due to our current lockdown restrictions, we are going to do Book Club Issue 6 a little differently.

You will still be able to place your order via:

mybookclubs.scholastic.com.au/Parent/Login.aspx

—and orders need to be in by

04/09/2020

(Date)

Unfortunately as we are unable to receive your orders back to our school, you will need to have them delivered direct to your home for a fee of \$5.99.

If you have any questions or queries, please contact:

Amanda Dole: 03 54433537

(Contact details)



Even though you're getting your order home delivered, we will still receive 10% of your order value back in Scholastic Rewards to use to purchase additional books and resources for our school!

Quarry Hill Pr
Email: quarry
Website: www
Phone: 5443 3333

 SCHOLASTIC

eSmart topic: Parent Tips and Tricks for Distance Learning

At this point, the distance learning scenario isn't entirely new. We have more information about what works for kids and what doesn't. This article helps parents and caregivers keep kids focused, interested, and balanced while learning from home.

Click link to read full article: [Parent Tips and Tricks for Distance Learning](#)

Source: Common Sense Media

KIDS HELPLINE & HEADSPACE

Kids' sadness and anxiety about COVID-19 can show up in many different ways.

For some helpful resources to support young people's mental health during these trying times (and beyond), please see:

[headspace](#)

: headspace.org.au/covid-19/

[Kids Helpline Official](#)

: kidshelpline.com.au/coronavirus

Kids' Sadness About COVID-19
May Look Like:

Anger "This stupid remote doesn't work!"	Resisting the "new order" "I'm not doing four math problems! I'm only doing one!"	Tiredness "I don't want to go for a walk. I'm too tired!"
Numbing Out ("Just 30 more minutes on the iPad!")	Displaced frustration "I didn't want lasagna for dinner. I wanted tacos!"	Boredom "I'm bored" = code for "I'm sad"

www.erinleyba.com

We've Been Cooking Up a Storm Here in OSHC

At Camp Australia, we know that good food is a necessity for growing young bodies and minds.

So, we make sure that the children who attend our OSHC program eat healthy and delicious meals and snacks that are in line with the Australian Dietary Guidelines. We focus on fresh produce and use at least 75% of the weekly food budget for seasonal fresh fruits and vegetables.

Your child's needs also determine our ingredients, whether they're dietary, cultural or religious needs, just let us know when you register.

So what do you do when you want to provide a healthy delicious snack but your children are a bit ice cream obsessed? Make our banana ice-cream of course!



Camp Australia Healthy Eating Cook Book
Copyright Camp Australia Services Pty Ltd © 2019

Banana Ice-cream

You can vary this by adding ½ cup frozen pineapple, 2 tablespoons of cocoa cinnamon. Serves 6

Ingredients

- 3 Bananas

Method

1. Peel and chop bananas then freeze until solid
2. Put frozen bananas and any extra items in a bowl or blender if provided then mix until creamy.



You can also make it a bit creamier by adding a touch of milk. Change it up by using other frozen fruits and mix ins. It is perfect on top of another one of our favourite recipes - Pancakes!

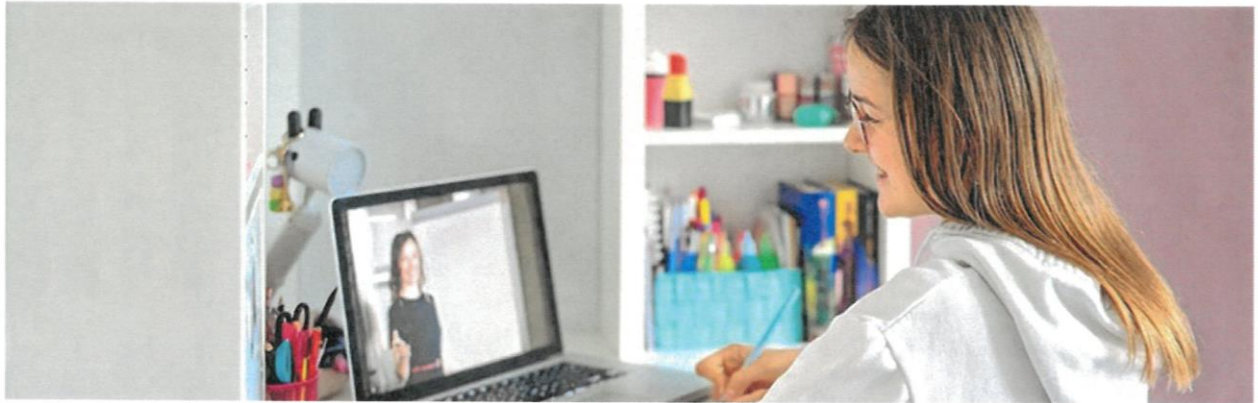
To register and book your child in our program, visit www.campaustralia.com.au.

We look forward to seeing you and your family soon!

From Hayley & the Team at Camp Australia

INSIGHTS

Staying the course in COVID times



COVID-19 continues to test us in ways that were unimaginable at the start of 2020. It's becoming the defining event of this generation and a reference point for decades to come. We've had depression kids, war kids and now we have COVID-19 kids.

The impact of COVID-19 is felt differently across the country. Currently, Victoria is in Stage 4 lockdown while other states are on high alert. Not every student is working from home, but most students are COVID conscious, knowing that they're only a corona cough or virus-filled hug away from remote learning.

Encouraging kids to stay the course when they've been denied access to the classroom, peers and community activities is now a common parenting challenge. Denial is generally tolerable in the short term, but the novelty of changed circumstances soon wears off. The following strategies will assist both parents and kids to stay the COVID long course:

Accept difficult emotions

'There's nothing so bad that we can't talk about, but there are behaviours that we won't accept' is a mantra that serves families well. It's okay for children to feel frustrated, annoyed, angry or upset about their change of circumstances due to the pandemic but that doesn't give them permission to behave disrespectfully, miss school requirements or fail to assist at home. It helps if parents validate how their children feel, then encourage them to focus on fulfilling school and family expectations.

Encourage acceptance

Some children and young people will protest the COVID induced changes that have been imposed upon them. In some respects, it may be admirable for children to push for a better deal, but the severity of the COVID-19 pandemic means that the individual needs to bend toward the greater community good. This is simply a case of accepting and making the best of the situation at hand.

Take it one day and week at a time

On family bush walks my young children would rarely complain when the tracks were windy. The complaint levels rose when paths were long and straight as the finish line seemed such a long way off. In a similar vein during our current times it's smart to keep kids focused on getting through each day and week rather than look too far ahead. Six weeks of Stage 4 may seem intolerable, so it's better to focus on getting through each day and week.

Be the hope person

Help children and young people understand that they will get through difficult times. "This too shall pass" is perhaps the most apt meme for our times. If your hope bucket is emptying out, seek out positive friends and relatives who can top it up. Our own resilience needs nurturing if we are to last the distance.

parenting*ideas

The internal parenting manual that guides us probably doesn't include chapters dealing with remote learning, lack of peer interaction and kids' disappointment. Most of us are treading new parenting ground so it's best to be open to change, accepting of difficulties and forgiving of inevitable parenting stumbles.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au