



# The Poppet Head

Weekly newsletter of Quarry Hill Primary School  
Wednesday, September 2<sup>nd</sup> 2020  
Newsletter No. 14

## Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

## 2020 TERM DATES

Term 3 July 13 – September 18  
Term 4 October 5 – December 18

Principal: Jo Menzel

School Council President: Claire Flanagan-Smith

PFA President: Renee Selkrig

PFA Vice President: Kasslea Shaw

## ~OUR VALUES~

### Kind

I understand that everyone is different  
I co-operate  
I respect myself, others and the environment  
I am Community minded  
I belong

### Curious

I am a learner  
I seek knowledge  
I ask questions  
I explore and wonder  
I create

### Brave

I am honest  
I am independent  
I have high expectations  
I am resilient  
I am open to feedback

## IMPORTANT DATES

	Time	Details
<b>SEPTEMBER</b>		
Wednesday 2 <sup>nd</sup>	2.00-3.00pm	Digital Detox Hour
Friday 4 <sup>th</sup>	9.00am	Book Club-Online Orders Close
Sunday 6 <sup>th</sup>	All Day	Father's Day
Friday 11 <sup>th</sup>	All Day	Talk Like a Pirate Day – JSC Fundraiser
Monday 7 <sup>th</sup> – Monday 14 <sup>th</sup>	Various	Active in Iso House Challenge
Friday 18 <sup>th</sup>	2.30pm	Last Day of Term 3
<b>OCTOBER</b>		
Monday 5 <sup>th</sup>	All Day	Curriculum Day
Tuesday 6 <sup>th</sup>	9.00am	First Day of Term 4
Monday 19 <sup>th</sup>	9.00-11.00am	School Photos
<b>NOVEMBER</b>		
Friday 20 <sup>th</sup>	All Day	Curriculum Day

## REMINDERS:

**Digital Detox:** Today, Wednesday, September 2<sup>nd</sup> **2.00pm-3.00pm**

**Active in Iso Challenge:** Starts Monday, September 7<sup>th</sup>

**SunSmart:** Hats are required from September 1<sup>st</sup>



Aboriginal Dot Painting  
Room 9 - Taite CS



Kind



Curious



Brave

Dear Parents & Carers,

Welcome to the Week 8 edition of the newsletter where day two of spring brings the lovely return of the sunshine to enjoy.

It's great to see the collaboration between students, families and staff during this remote learning phase with many great examples of work to share. We also have some exciting activities outlined in the information below to look forward to and get involved in. Please enjoy the many student work samples completed over the last fortnight.

#### **DIGITAL DETOX DAY – TODAY, WEDNESDAY SEPTEMBER 2<sup>ND</sup> 2.00PM-3.00PM**

During Remote & Flexible Learning immersion in the digital world has become a bigger part of our everyday life. The challenge is to have a healthy balance in order to maintain our mental & emotional wellbeing.

On Wednesday September 2<sup>nd</sup> between 2.00pm-3.00pm we invite you to join staff in participating in the Quarry Hill PS Community Digital Detox. This refers to a period of time when a person refrains from using tech devices such as smartphones, televisions, computers, tablets & social media sites. Don't forget to share some photos of your activity for a future newsletter. Please refrain from ringing the office during this hour unless essential. Narelle too is trying to detox for an hour.

#### **ACTIVE IN ISO HOUSE CHALLENGE: MONDAY, SEPTEMBER 7<sup>TH</sup>-MONDAY, SEPTEMBER 14<sup>TH</sup>**

We are encouraging our Quarry Hill community to get up and active in a fun & friendly competition. This will be a challenge to see which House can cover the furthest distance in one week which is sure to get you up and moving! Students are invited to get your family to join you in walking, jogging or running as many kilometres as possible in the week starting Monday September 7<sup>th</sup> through to Monday September 14<sup>th</sup>. Students can work with their family to decide the best way to record the distance travelled on a daily basis. Once you have worked out the distance travelled, either email your classroom teacher or let them know via your WebEx meeting. Categories celebrated are:



- Individual Class Competition
- School Class Competition
- House Competition

#### **SUNSMART**

Please remind your child to pack their hat and sunscreen if they are attending onsite from September 1<sup>st</sup>. When it comes to using sun protection, temperature isn't a good guide. You can't see or feel UV but UV is the part of the sun that can damage skin and eyes and lead to skin cancer. SunSmart advises that Victoria's UV levels start to rise from mid-August. For SunSmart information visit

<https://www.sunsmart.com.au/communities/parents>



#### **ICT ISSUES DURING REMOTE LEARNING**

If you are experiencing any computer issues during our remote learning, please contact Ty Jones between the hours of 9.00am-3.00pm by phone on 0413 844 752 or email [Tyryne.Jones@education.vic.gov.au](mailto:Tyryne.Jones@education.vic.gov.au).

#### **SCHOOL PHOTOS**

School Photos have been rescheduled to Term 4. The new date is Monday, October 19<sup>th</sup>.

#### **SCHOLASTIC BOOKCLUB**

Commencing from **Issue 6**, we will not be having catalogues sent to school. Catalogues will now be live online and can be accessed via the website below. Online orders are due by this Friday, 4<sup>th</sup> September. All deliveries will need to be sent to your home address with a fee of \$5.99.

<https://www.scholastic.com.au/book-club/book-club-home/>

#### **RECOGNITION FOR OUR TWO FORMER SCHOOL CAPTAINS**

It was wonderful to hear that Bendigo South East Year 7 students and former Quarry Hill Primary School 2019 School Captains, Abbie G and Ewen M recently received Champion of the Week awards. This newly established award, which has been in operation for just three weeks, recognises students who have worked well during

Quarry Hill Primary School, 25 Peel Street, Bendigo 3550  
Email: [quarry.hill.ps@education.vic.gov.au](mailto:quarry.hill.ps@education.vic.gov.au)  
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Phone: 5443 3537

Remote and Flexible Learning. Having two former Quarry Hill students receive two of the first three awards is great to hear. Congratulations to both Abbie and Ewen. I have no doubt that there will be other former students receive this award too.

### YEAR 7, 2021 BSE ENROLEMENT BOOKLETS

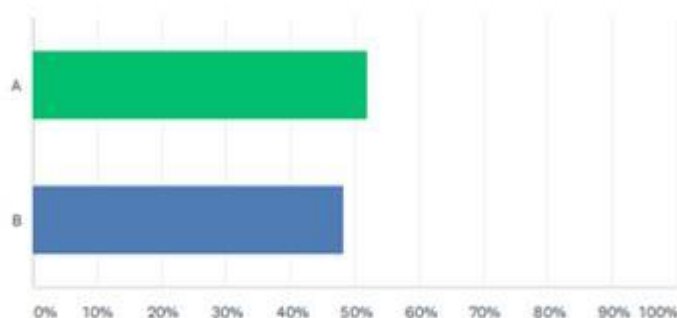
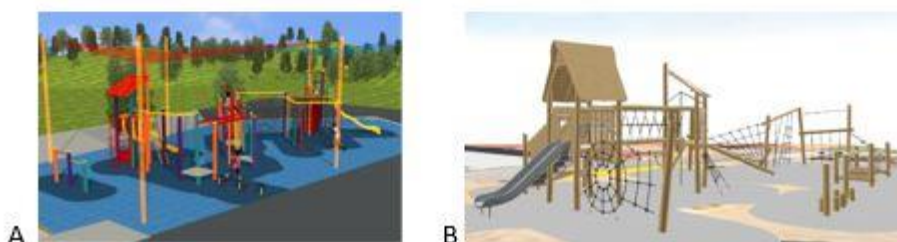
BSE will be posting the enrolment booklet, with the enrolment form and 2021 BSE School Fees, directly to the home address of parents, which was provided on the Application for Placement form of those students who were successful with their placement application to BSE. These will be put in the post on the **September 2<sup>nd</sup>**. Within the enrolment book is a pre-paid envelope for parents to post the enrolment form directly back to BSE by **October 9<sup>th</sup>**.

### JUNIOR PLAYGROUND

Wow! What a great response to our playground survey. 366 students, parents, staff and members of the QHPS community had their say to help us get started with our playground project. But you didn't make it easy!! 189 people (52%) chose Pic A, liking the colour, the shade and the longevity of steel. And 175 people (48%) chose Pic B because they liked the natural materials, the type of equipment and the variety of play types included. Pretty close to a tie!

So, we're hoping to include parts of each style and make the best P-2 playground we can. You definitely want monkey bars, slides and things to climb. The existing shade sail will stay and while we're still investigating soft-fall and drainage for the ground surfaces, we can move forward with a playground designer to use the space as best we can.

Thanks for your input, we appreciate everyone contributing, whether you're in P-2 or beyond!



ANSWER CHOICES	RESPONSES	
A	51.92%	189
B	48.08%	175
TOTAL		364



# Talk Like a Pirate Day

On Friday the 11<sup>th</sup> of September, Junior School Council will be holding a 'Talk Like a Pirate Day' fundraiser.

'Talk Like a Pirate Day' is nationally recognised as the major fundraiser for Childhood Cancer Support. It is an opportunity for Quarry Hill Primary School to polish ye hook and say "AHOY there, me hearties" to all ye mateys involved in the school community. The day is all about wearing your favourite pirate outfit and having fun whilst making a difference to the lives of Childhood Cancer families. Children will be able to show off their pirate attire during their daily Webex catch up and teachers will be taking a class photo to be shared in the next newsletter.



All funds raised will go towards supporting families affected by childhood cancer. You will be able to donate using the following link:

<https://www.talklikeapirateday.com.au/teams/quarry-hill-primary-school>

*"Fundraising is the gentle art of teaching the joy of giving."*

Thank you,  
The JSC team



## STUDENT ACHIEVEMENT AWARDS

### KIND

Harris V (Room 5)	for his kind and thoughtful interview with his Grandma.
Isabella F (Room 12B)	for always asking how people are going with their day and checking in. Thanks Isabella!

### CURIOS

Edward B (Room 4)	for creating an entertaining story book using Google Slides on how to cope with a challenge.
Jaiden P (Room 9)	for joining us for his very first WebEx and creating an artistic Aboriginal picture as part of our Inquiry.
Neive C (Room 1)	for being curios with all areas of learning during Remote Learning and relating new understandings to everyday activities. Honka Honka!
Mietta L (Room 12A)	for exhibiting a consistently responsible approach to all tasks that she has completed during remote learning.
Isabella S (Room 14A)	for independently completing a Genius Hour project each week.
Lenny R (Room 6)	Great to see you so engaged with your Remote Learning, Lenny. Congratulations on a terrific project presentation using Google Slides about The United States of America.
Seth S (Room 10B)	for consistently submitting all work requirements during Remote Learning.
Willow R (Room 10B)	for consistently submitting all work requirements during Remote Learning.
Tilly S (Room 14B)	for following a procedure to create a paper pirate hat!
Archie F (Room 10A)	for continuing to try your best during remote learning, even when things become challenging. Well done.
George P (Room 12B)	for showing hard work and determination to ensure you are finding success in your learning. Well done George!

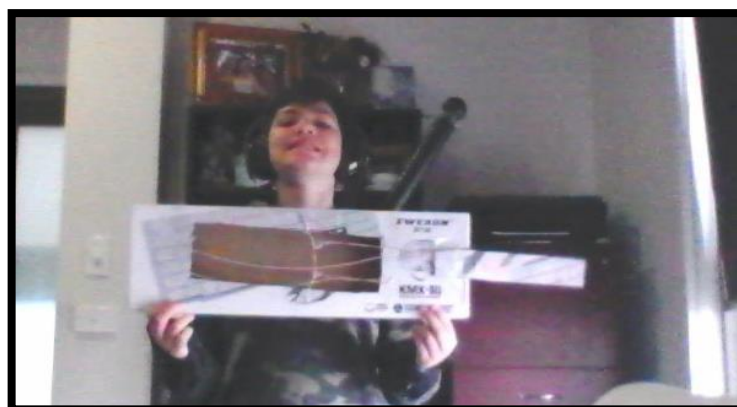
### BRAVE

Paddy EM (Room 12A)	for showing resilience and determination to complete all tasks to the best of his ability.
Sully H (Room 2)	for confidently sharing his ideas and understandings during our WebEx lessons.
Noah B (Room 15A)	for asking lots of questions to clarify information after our WebEx sessions.
Eva T (Room 5)	for learning and growing her understanding of maths by completing My Numeracy tasks on Essential Assessment.
Rita S (Room 15B)	for working hard to improve her work ethic and starting to take more pride in the presentation and content in her work. Well done, Rita!
Tara M (Room 10A)	for persevering with technology even when it fails you.

eSmart topic: 8 tips to keep on top of your child's screen time – from the Office of the Children's eSafety Commissioner

- Lead by example. Reduce your own screen time.
- Agree on daily screen time limits. It's not about punishment, it's about keeping a balance.
- Start with small reductions, to help lessen any resistance.
- Resist giving mobile devices to children when going out – take books or toys instead.
- Set tech-free zones and times at home – e.g. all screens off in bedrooms after a specified time.
- Use tech tools to manage access, such as parental controls.
- Be involved – watch TV and play games together.
- Plan screen-free time, like outdoor play, music and sport.

## MUSIC - MAKE YOUR OWN MUSICAL INSTRUMENT



## BSE – ACA APPLICATIONS OPEN

At the Academy of Creative Arts, students immerse themselves in strong academic studies whilst developing their talent and passion for performance and the Arts.

Students from Year 6 – 10 in the BSE zone can audition to be a part of the award-winning Academy of Creative Arts program.

For further information go to:

<https://www.bse.vic.edu.au/academy-of-creative-arts/>

or contact the ACA Manager: [cynthia.holsworth@education.vic.gov.au](mailto:cynthia.holsworth@education.vic.gov.au)

Applications are now open and must be emailed to the Manager.

Quarry Hill Primary School, 25 Peel Street, Bendigo 3550  
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Phone: 5443 3537





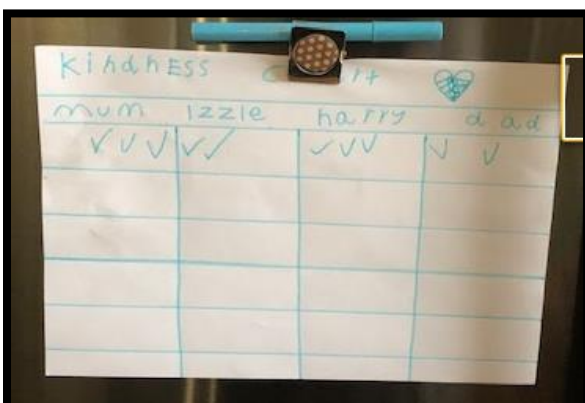
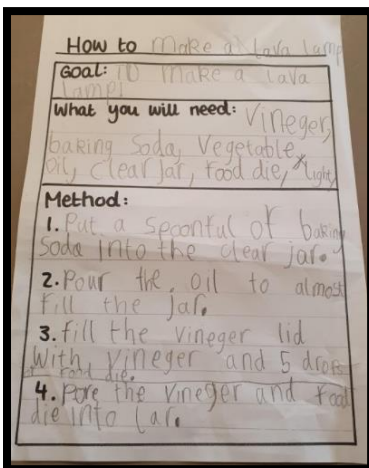
# ART - FAN FOLD & LEGO SELF PORTRAITS





## NEWS FROM THE PREP/ 1 CLASSROOMS

Preps and Grade 1s have been exploring procedural texts during writing. Alice S has used procedural writing to create a friendship cupcake. Evie J & Spencer A experienced the hail a couple of weeks ago and had a lot of fun. For Science week we enjoyed writing and following our procedures to make a lava lamp and fairy bread. Neive made a diorama about a story that was shared in WebEx, 'The Baboon's Nest'.

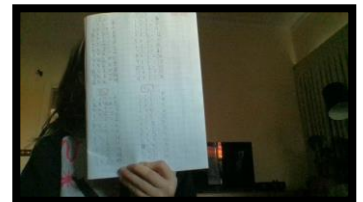
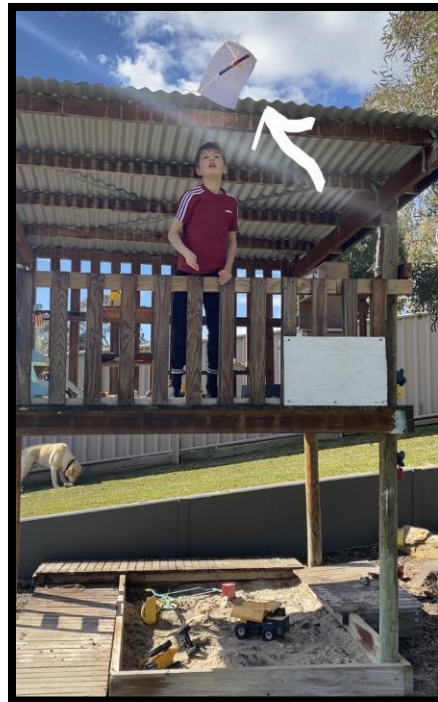
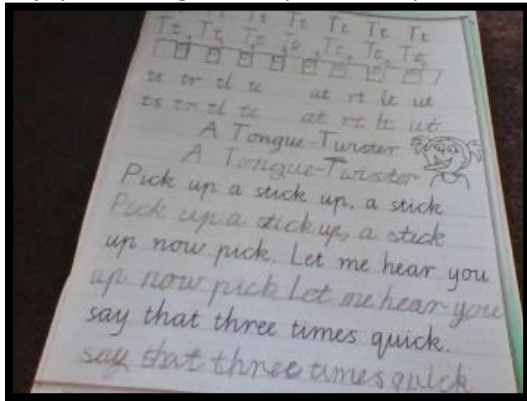


P/1s have also been learning about kindness and how to look for kindness at home. Izzie made a chart to track kindness in her family



## WHAT'S BEEN HAPPENING IN GRADE 3/4?

In Grade 3/4, we have been very busy over the last fortnight completing activities from our key learning grid. Jack enjoyed testing out his parachute procedure, Caelan finished his paper plane procedure & Tilly completed her pirate hat. Activities on the learning grid also included handwriting, timetables, 'I got this' board for SEL and mapping.



### How to Make an Origami Lotus Flower

Materials:

- Square paper

Goal: To make an origami lotus flower

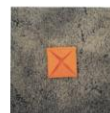
1. Grab a piece of square paper and fold it in half. Unfold it and do the same but the opposite way.



2. Unfold it and grab each corner and bring it to the middle.



3. Flip it over to the other side and do the exact same.



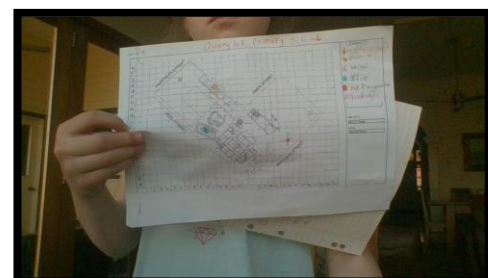
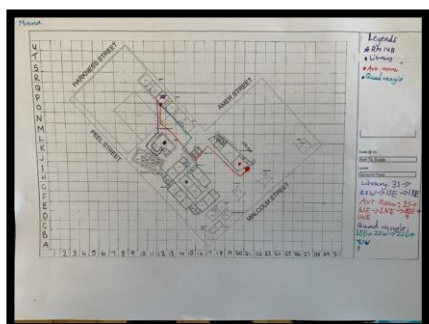
4. Flip it over and carefully take the corner from the middle and bring it over to the other side. Do it carefully or it may rip. This will take a few attempts. Try to scrunch up the middle of the corner to help bring it over. It should look like this.



5. At the end it should look like this. It's okay if the petals are a bit ripped.



By Drolma





## ROOM 9 – ABORIGINAL ARTWORK

We have been learning about Aboriginal paintings and how symbols are used to make meaning in dot paintings and how they tell a story. Here are a few pieces from our collection in Room 9.

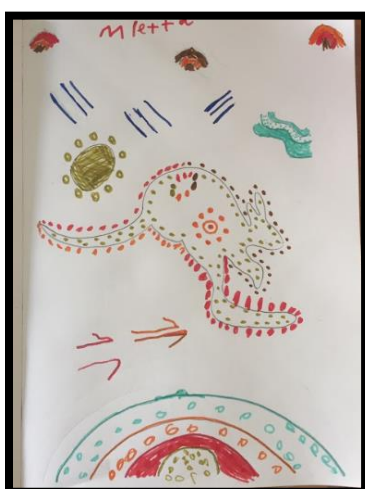
Aleisha W



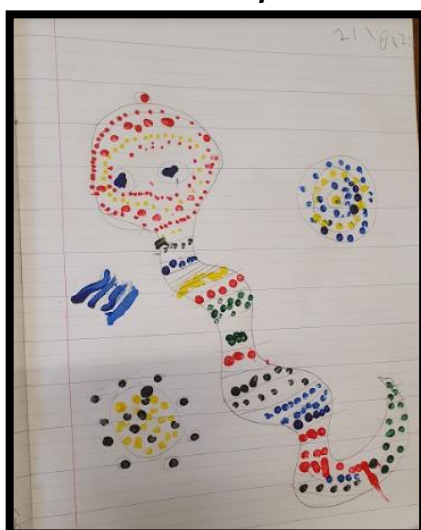
Eva K



Mietta S



Anthony K



Billy K




## GRADE 2 WORK SAMPLE

**Grandparents' interview**  
**Grandma**

- 1. What was your favourite game at school?**  
Hopscotch, dolls walk and snakes and ladders
- 2. Where did you play at school?**  
Big oval and the basket ball court
- 3. What did you study at university?**  
History, English, poetry and arts
- 3. What were your interests when you were my age?**  
Dreamed have Traveling Fiji and reading
- 5. What movies did you like when you were 8?**  
Cartoons Tom and Jerry and sword Fighting movies
- 6. Who were your friends at primary school?**  
Robin, Irene, Marika, Anne and Elisabeth.

By Harris



**CODECAMP**

## Online School Holiday Camps!

hp intel chromebook Westpac



**Your child can design, code and create apps and websites these school holidays!**

<p><b>New programs</b> Get exclusive access to brand-new, instructor-led videos delivered over five days to keep your kids engaged at home.</p>	<p><b>Live tutor support</b> Our Australian-based instructors will be on hand via our live chat to assist your child with anything they need.</p>	<p><b>Your own pace</b> New tutorials will be released each morning - your child can choose when to complete their daily challenges.</p>
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**Book now at [codecamp.com.au](https://codecamp.com.au)**

## KIDS HELPLINE & HEADSPACE

Kids' sadness and anxiety about COVID-19 can show up in many different ways.

For some helpful resources to support young people's mental health during these trying times (and beyond), please see:

[headspace](https://headspace.org.au/covid-19/)

: [headspace.org.au/covid-19/](https://headspace.org.au/covid-19/)

[Kids Helpline Official](https://kidshelpline.com.au/coronavirus)

: [kidshelpline.com.au/coronavirus](https://kidshelpline.com.au/coronavirus)



### Kids' Sadness About COVID-19 May Look Like:

<b>Anger</b> "This stupid remote doesn't work!"	<b>Resisting the "new order"</b> "I'm not doing four math problems! I'm only doing one!"	<b>Tiredness</b> "I don't want to go for a walk. I'm too tired!"
<b>Numbing Out</b> ("Just 30 more minutes on the iPad!")	<b>Displaced frustration</b> "I didn't want lasagna for dinner. I wanted tacos!"	<b>Boredom</b> "I'm bored" = code for "I'm sad"

[www.erinleyba.com](http://www.erinleyba.com)

## SCHOLASTIC BOOK CLUB ISSUE 6 IS COMING!



Due to our current lockdown restrictions, we are going to do Book Club Issue 6 a little differently.

You will still be able to place your order via:

[mybookclubs.scholastic.com.au/Parent/Login.aspx](https://mybookclubs.scholastic.com.au/Parent/Login.aspx)

—and orders need to be in by

04/09/2020

(Date)

Unfortunately as we are unable to receive your orders back to our school, you will need to have them delivered direct to your home for a fee of \$5.99.

If you have any questions or queries, please contact:

Amanda Dole: 03 54433537

(Contact details)

A promotional graphic for Scholastic Book Club. It features a cartoon girl with red hair holding a stack of books. In the background, there is a collage of various book covers, including 'Dog Man', 'Spy', and 'Pig'. A large orange speech bubble contains the text: 'Even though you're getting your order home delivered, we will still receive 10% of your order value back in Scholastic Rewards to use to purchase additional books and resources for our school!'. The Scholastic logo is at the bottom.



## Join in the Camp Australia fun!

From the 17<sup>th</sup> - 21<sup>st</sup> August we celebrated Science Week and throughout the week we got to explore the many types of Science including biology, chemistry, physics, astrology and even forensics. In biology we looked at the way in which celery drinks water and dyed our celery different colours. In chemistry we made Oobleck - a non-newtonian fluid. That is, it acts like a liquid when being poured, but like a solid when a force is acting on it. We also made crystals using just salt and water. In physics we learnt about and experimented with magnets even using them to complete a maze. And in forensics we looked at finger prints and chromatography to solve some mysteries.



### Register Your Child Now

To attend our care, you must register your child. You can register an account with us at [pp.campaustralia.com.au/account/login](http://pp.campaustralia.com.au/account/login). Once registered, it's easy to make bookings and manage your booking options online via our parent portal. If eligible, to help you with the cost of child care, you may be entitled to receive the Australian Government Child Care Subsidy.

### Program Details

For more information about our programs and fees, you may visit our website [www.campaustralia.com.au](http://www.campaustralia.com.au). If you prefer to speak to us, you can contact our exceptional Customer Care Team that is available to support our families 24 hours a day, 7 days a week - except for National Public Holidays. Alternatively, you're welcome to visit us in service and chat with our qualified educators about the Camp Australia program at your child's school.

We look forward to seeing you and your family soon!

From Hayley & the Team at Camp Australia

## INSIGHTS

### Help kids tap into their inner resources



My first parenting mentor, Maurice Balson, author of *Becoming Better Parents* constantly reminded parents, “If you want your child to be resourceful you need to put them in positions to develop their resources.”

Balson’s resourcefulness message is just as apt today. Coping with change, dealing with small losses, handling rejection and overcoming disappointment are the types of experiences that build a child’s or young person’s inner resources.

Developing resourcefulness is the appropriate approach to take when considering the disruptive impact that coronavirus is having on kids’ lives. A child who is struggling to come to grips with the changes brought about by the pandemic initially needs an emphatic, supportive approach. They also need encouragement to tap into their inner resources to help them manage the hard times. The following strategies will help develop your child or young person’s inner resources.

#### Give them a chance to be resourceful

Harry, age 10, often leaves his lunch at home. His father, who works from home, won’t take forgotten items to school. Harry either misses lunch or persuades his friends to share their lunches with him. Either way, when Harry leaves his lunch at home he’s forced to rely on his emotional or physical resourcefulness to get by. And he does.

#### Catch them being resourceful

A child’s behaviours that gain a parent’s attention generally expand. Highlight a child’s good manners, acts of kindness or honesty and you’re more likely to get a repeat of those behaviours. Positive parental recognition is a high motivator for most kids. To encourage your child’s resourcefulness, focus your attention and positive comments on acts of resourcefulness and resilience they exhibit.

#### Encourage creativity

Sylvia, age 13 walked to school each day, saving her bus fare to spend on clothes that were out of reach of her parents’ budget. Sylvia found a way to overcome her money problem in her own way. Children and young people usually come up with very creative solutions when they’re allowed to own their problems.

#### Develop coping skills

Kids rely on their coping skills to help them manage their emotional states when life throws them curve balls. Build your child’s set of coping skills through direct teaching, modelling and discussion. Humour, distraction, relaxation, exercise, play and thought-distancing are some of the more common coping skills kids can use to help them tolerate their difficult feelings.



The resourcefulness a child develops when they experience adversity doesn't desert them when life returns to normal. It waits in the background, ready to be drawn upon again when hardships, frustrations and difficulties come their way.



## Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.