



The Poppet Head

Weekly newsletter of Quarry Hill Primary School
Wednesday 5th May, 2021
Newsletter No. 7

Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

2021 TERM DATES

Term 2 April 19 – June 22
Term 3 July 12 – September 17
Term 4 October 4 – December 17

Principal: Jo Menzel

School Council President: Claire Flanagan-Smith

PFA President: Renee Selkrig

~OUR VALUES~

Kind

I understand that everyone is different
I co-operate
I respect myself, others and the environment
I am community minded
I belong

Curious

I am a learner
I seek knowledge
I ask questions
I explore and wonder
I create

Brave

I am honest
I am independent
I have high expectations
I am resilient
I am open to

IMPORTANT DATES

	Time	Details
MAY		
Thursday 6 th	9.00am -3.30pm	Bendigo Writers Festival – Selected Grade 5/6
Friday 7 th	3.30pm	Mother's Day Stall Book Club orders due
Friday 11 th – 14 th	Various	NAPLAN
Friday 14 th		Student Attitude to school survey
Monday 17 th	8.45am – 2.30pm	GRIP Leadership Conference – Selected Student
Tuesday 18 th	9.00am – 2.45pm	School House Athletics Carnival
Thursday 20 th	5.30pm	Prep Information Evening
Friday 21 st	9.30am	Prep Information Morning
Friday 21 st	9.30am – 11.00am	Education Week
Tuesday 25 th	9.15am – 2.45pm	Gymnastic Program Prep – Grade 4
Wednesday 26 th – 28 th	All Day	Grade 5 Camp Anglesea
Friday 28 th	Various	Pet Safety Incursion P- Grade 2
Monday 31 st	All Day	Curriculum Day- Students not required
JUNE		
Tuesday 1 st	9.15am – 2.45pm 9.00am - 2.00pm	Gymnastic Program Prep – Grade 4 Region Cross Country - Selected students only
Tuesday 8 th	9.15am – 2.45pm	Gymnastic Program Prep – Grade 4
Wednesday 9 th – 10 th	9.15am-3.00pm	Division Soccer- Selected students only
Monday 14 th	All day	Queen's Birthday Public Holiday
Tuesday 15 th	9.15am – 2.45pm	Gymnastic Program Prep – Grade 4
Tuesday 22 nd	9.00am – 3.30pm	Division Athletics – Selected students
Wednesday 23 rd	All Day	Student Led Conferences- Students attend their interview session with their parents. Students are only required at school for their appointment.
Friday 25 th	2.30pm	Last Day of Term – Early Finish
AUGUST		
Monday 9 th – 11 th	All Day	Grade 6 Urban Camp

Reminders: -

Please return the Grade 6 Applications for Year 7 Placement.
Gymnastics notes with \$32.00 payment are due.

Quarry Hill Primary School, 25 Peel Street, Bendigo 3550
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Phone: 03 5443 3537



Kind



Curious



Brave

PLAYING OUR PART TO BUILD A NATIONAL PICTURE OF CHILD HEALTH

During May, our school, along with thousands of others across the country will begin preparations for the fifth Australian Early Development Census (AEDC).

The AEDC gives us a national picture of the development, health and wellbeing of children in their first year of full-time school. Since 2009, the census results have helped communities, schools and governments plan services and develop better policies to target support for children and families.

Children don't miss any class time, and parents/carers don't need to supply schools with any new information for the census. The AEDC gives us data at a school and community level - it isn't an assessment of individual children. Some teachers have also noticed that completing the assessments made them more aware of the needs of individual children and the class as a whole and that the census results are useful in developing class programs. Participation in the AEDC is voluntary. Parents/carers don't need to take any action unless they choose not to include their children in the census.

To find out more about the census and how communities are using the data to help children and families visit the AEDC website: www.aedc.gov.au.

If you have any questions, you can contact Anne Rochford, Assistant Principal, 5443 3537

2021 STUDENT ATTITUDES TO SCHOOL SURVEY (AtoSS).

We value student voice as a means to improving student engagement, wellbeing, and quality instruction, and are conducting a survey to find out what your child thinks of our school.

The AtoSS is an annual student survey offered by the Department of Education and Training to assist our school to gain an understanding of students' perceptions and experience of school. Students will be asked about their thoughts and feelings in relation to their school, their learning, peer relationships, worries and life in general.

Students from Year 4 – Year 6 at our school will participate in the survey. Your child will complete the survey online during school hours using a purpose built secure online survey tool. It is important to note that we are not in any way “testing” your child. Your child has the right to refuse or withdraw from the survey at any time.

Your child will be provided with a unique login to complete the survey. The student login is an assigned identifier that may be used to link data for statistical and research purposes only. All responses to the survey are kept anonymous in the response file. Personal identification data will not be recorded in the survey response file. This ensures that the confidentiality of your child's responses is protected at all times.

This year the Student Attitudes to School Survey will be conducted at our school over the period **Monday 26th April to Friday May 14th**. The survey takes around 20-45 minutes to complete and occurs during your child's class time. The survey results will be reported back to the school in an aggregate form throughout the survey period. All survey data that is made available in reports are for groups of students only so that no individual student can be identified.

GYM PROGRAM PREP- GRADE 4 ONLY

Our Gymnastics program starts Tuesday May 25TH.

The Gymnastics Program will be run at Jets Gym, Golden Square for Grade Prep – 4 and the cost will be \$32.00. Gymnastics notes have been sent home. Please return these as soon as possible along with payment. The lessons will be of 60 minutes duration and will be conducted by qualified Gymnastics instructors.

Children are required to wear loose fitting clothing without zips and extra buttons. School polo shirts, shorts and tracksuit pants are suitable.

SUPERVISION RESPONSIBILITIES BEFORE AND AFTER SCHOOL

At Quarry Hill Primary School, the school grounds are supervised by staff from 8.45am before school and until 3.45pm after school.

There may be staff in attendance at the school before and after those times but those staff may be involved in tasks such as meetings or lesson preparation. This means that these staff members will not be supervising students. I know that a number of parents accompany their children to school and wait to see that they are settled. This practice is fine, and is certainly encouraged, as parents are supervising their own children.

Formal before and after school care is available within the school grounds and is operated by Camp Australia. Information regarding this program is available from the office, or can be accessed online at <https://www.campaustralia.com.au/Schools/QuarryHillPrimarySchool/3550/B294>

ROOM 11

Students are looking for a selection of magazines to add to our class library.

If you have any Motoring/cycling/footy/gaming magazines that are no longer wanted could you drop them into the office.

Kitchen Garden

This week in Kitchen garden we made Stir Fry using bok choy and the beans out of our school garden.



eSmart Topic: eSafety's free webinar for parents carers - Guide to parental controls.

This Term 2 webinar will look at how parents and carers can set up devices and apps to help kids and young people stay safe online.

It is designed for parents and carers of children aged 4-13.

It will cover:

- the benefits and limitations of parental controls
- how to set up iOS and Android devices for safety
- how to set up popular games and apps like YouTube and Roblox for safety
- using family tech agreements and other parenting strategies to manage online risks
- how eSafety can help when things go wrong.

This webinar will include practical tips, demonstrations and advice.

Click [link](#) to register

Dates (Australian Eastern Standard Time)

Wednesday 5 May 12.30 to 1.30 pm

Thursday 6 May 7.30 to 8.30 pm

Tuesday 8 June 12.30 to 1.30 pm

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Wednesday 16 June 7.30 to 8.30 pm

SCHOLASTIC BOOK CLUB

Issue 3 of Scholastic Book Club is due Friday 7th May. No late orders will be accepted.

To order the books online and pay with your credit card via the LOOP facility visit

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>

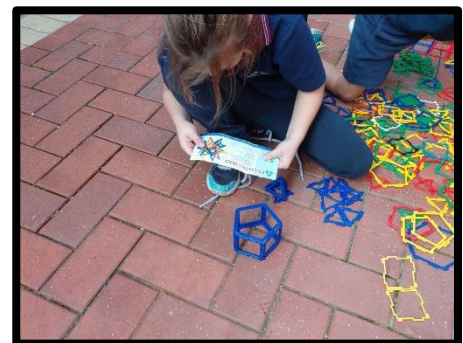
The LOOP facility eliminates the need to put your credit card number on the order form and/or hand over cash. For paper copy book orders please include your child's name and classroom room number and/or teacher on the top of the form and return to office with correct payment by due date. Thanks, Amanda.

GRADE 2

Grade 2 have been learning about the features of 2D and 3D shapes and making nets.



wewei



STUDENT ACHIEVEMENT AWARDS

KIND

Izzie J (Room 6)

for making conversation & engaging with her peers during our morning circle!

Lexie W (Room 8)

for always being a kind & friendly member of our classroom.

Will B (Room 12)

for working extra hard to be respectful & caring towards his classmates & teacher.

Bradley G (Room 12)

for supporting his teacher by kindly setting up the classroom each morning.

CURIOS

Jacob D (Room 11)

for working hard to improve the presentation of his work.

Alice W (Room 16)

for working extremely hard towards your goal. Well done!

Anika E (Room 8)

for being an active & curious learner each day.

Charlotte C (Room 12)

for her hard work & focus during our Inquiry work on flags.

Max D Room 15)

for being curious and always asking interesting questions.

BRAVE

Ellen MW (Room 14)

for working hard to improve her handwriting.

Tahni D (Room 11)

for winning our class Dojo for week 2.

Jackson J (Room 2)

for independently self-editing his own writing.

Day CG (Room 6)

for listening to teacher feedback & working hard to write her words on the correct ones!

Lucy D (Room 8)

for attempting tricky words in her writing.

Mallakye N (Room 17)

for taking risks with his learning.

Cody R (Room 12)

for pushing herself to answer questions & give her opinion during class discussions.

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P.F.A News

Preparations are in full swing for this year's Mother's Day stall.

On **Friday 7th May** at 9am PFA will invite all students to attend the Mother's Day stall and Purchase 1 gift for their loved one.

Having events within our school such as gift stalls provides students with an independent shopping experience in a safe supported environment. For some students this will be the first time to spoil and surprise their mother or loved one and for some it will be the only opportunity to purchase something. To be able to offer an inclusive stall we rely heavily on our school community and thank all that continue to support the PFA in their endeavours to provide such exciting events for our students and their families to enjoy.

We kindly ask each family to provide small donations towards the stall for each student in their family to be sure we have sufficient items on stall day.

Due to Covid restrictions we are unable to receive upcycled/ 2nd hand or homemade gifts.

We apologise for any inconvenience this may cause. Some gift suggestions we could recommend would be seeds/seedlings, coffee/tea cups, water bottles, chocolates, candles, key rings, coasters, tea towels, bought preserves, recipe books, hand creams, soaps, cooking utensils-wooden spoons, measuring cups and such.. All gifts will be available for students to purchase on the day.

There are no baskets in classrooms for donations. We please ask for all donations to be dropped into the office before 6th May as to prepare for the stall.

Each gift will be \$2. We ask each student to bring in a bag clearly labelled to put their purchased gift in for easy transportation home. Bags cannot be provided on the day. A reminder will be sent closer to this day.

If you would like to help out in stall preparations please on Wednesday 5th or Thursday the 6th and not on the PFA Facebook page please leave your name and best contact details at the office and a PFA member will be in contact.

If you are available on Friday the 7th between 8:45-11am and would like to assist in this year's Mother's day stall please leave your name and best contact details at the office so we may confirm numbers for the day. We have had many proud Fathers, Grandfathers and Uncles help in the past and hope to see this tradition continue.

If you have any queries please don't hesitate to ask at Thursday Morning Cuppa or leave a message at the office.

We thank all for their continued support towards QHPS Parents and Friends.

Renee Selkrig

PFA President

Vocal Lessons

From Term 2, students at Quarry Hill Primary School have an opportunity to access singing lessons from a vocal teacher, Hayley Trounson. The cost is \$15.00 per week, paid as a term invoice.

If you are interested, please contact Hayley directly for further information - hayley.trounson@hotmail.com

Piano Lessons

Piano Lessons available at QHPS:

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If you have ever wanted your child to take up piano, now is a great time! Susan Steele has taught at QHPS for a number of years and has vacancies during school time on Thursdays and Fridays for Term 2. Contact her directly at susansteelepiano@gmail.com or via text on 0408 343 658 for further details.

GRADE 4 CAMP



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INSIGHTS

When kids experience problems at school



Every parent wants the best for their children, and that includes wanting them to have great experiences at school. By and large, Australian schools deliver on that expectation. They are generally safe places for kids, staffed by hard-working teachers who have the best interests of their students at heart. Achievement, discipline and student wellbeing are high on the list of priorities for most teachers.

Nevertheless, despite the best teaching practices things do go wrong at school. Most kids experience learning difficulties from time to time. Conflict and peer rejection are a normal part of school life. The developmental nature of childhood means that there will always be some turbulence, particularly around key transition ages such as the start of adolescence. During these times young people frequently experience a dip in their learning as well as significant relationship difficulties. Kids will often come home from school with grievances, and call on their parents for assistance.

Your approach as a parent when your child has difficulty at school can make a huge difference to their resilience and to their future relationships with teachers and peers. This includes not only any advice you may give and the way you give it, but also the way you approach the school, if that becomes necessary. Unfortunately, anecdotal evidence suggests that there's been a significant increase in aggressive incidents at schools involving parents reacting to their children's grievances. This presents a danger to teachers, harms the all-important teacher-parent relationship, and sets a bad example to children about how to resolve differences.

Here's a seven point checklist to help you stay focused and be effective if your child experiences difficulty at school.

1. Be empathetic first

Kids, like adults, like to vent. They will often benefit simply from having told their side of a story to a trusted source. Often they just want their parents to understand what's happening, so your first response should be an empathetic one. That is, your child should feel you understand them and take them seriously. "That's awful. I'd be upset too if someone stole my lunch" is the sort of response kids want to hear when they are genuinely upset.

2. Stay calm and take your time

It's natural as a parent to want to protect or defend your children, particularly when you think that they've come in for some unfair or poor treatment. But acting when you are full of emotion is not always smart as emotions make us prone to over-reaction and jumping to all sorts of possibly incorrect conclusions.

Rather than getting on the phone straight away to organise a meeting at school, take your time to think through how you might assist your child. Time generally provides greater perspective, which will likely lead to a better response from you.

parenting*ideas

3. Get the all facts

Getting the facts about the situation can be really tricky. Kids are faulty observers and often only see one side of a story when there's a problem with a teacher or a fellow student. They sometimes can't see that perhaps they may have contributed inadvertently to a dispute at school, or perhaps said something that may have upset a teacher. It's your job to help your child or young person process what happened in an incident, so that all the facts emerge and you can fully understand their place in any problem. Keep asking questions to enable the complete story to unfold.



4. Assess whether to go to school or not

Often problems can be dealt with at home, simply by talking through an issue and giving kids some common sense tips to help them cope. However, if your child has a recurring problem that he can't solve himself, or you think adult intervention may be needed to sort out a relationship issue with a teacher or peer, then consider meeting with your child's teacher or year-level coordinator.

5. Use the right channels if you take the issue to school

Approach the school calmly, going through the school office or directly to your child's teacher if that is the usual protocol. If you have already established a relationship with the teacher concerned, then it's often easier to approach them directly.

6. Look for solutions rather than blame

Parent-teacher meetings usually get nowhere when either party blames the other. State the problem as you see it and view your child's teacher as an ally, not a foe. "I'm really worried about Jeremy. He's been acting strangely lately and I need some help" is the type of approach that will elicit a helpful response. Talk about your concerns and keep the discussion focused firmly on what's best for your child. Listen to your teacher's viewpoint, valuing a different perspective.

7. Stay in touch

Be realistic with your expectations, remembering that some problems can't be solved to your satisfaction, nor will they be resolved straight away. Be prepared to work alongside your child's teacher over the long-term, which means maintaining communication with each other.

Parenting is easy when things are going well, but testing when your children struggle or experience difficulty. Stepping back and taking a long-term, reflective view is often the best approach when your child experiences difficulty at school.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



Mother's Day Stall

Gifts
\$2

Friday 7th May

Donations needed please
by Thursday 6th May
Magazines, chocolates, lollies, plants,
jewellery, puzzle books etc.

~ Donations to the office ~




THE BENDIGO CLUB

BENDIGO WOMENS & GIRLS MTB CHALLENGE

SUNDAY 16th MAY
9am - 3pm (Racing 10am - 1.30pm)
WATTLE DRIVE, SPRING GULLY

GRAB THE GIRLS AND JOIN THE FUN

GO LONG (INTERMEDIATE) : GO SHORT (REGULAR RIDER)
ADULT & JUNIOR (U15) MOTHER/DAUGHTER, E-BIKE, SOLO & PAIRS
ALL NEW: RECREATIONAL LOOP (BEGINNERS) & DIRT SQUIRTZ

REGISTER AT: www.entryzone.com.au (\$30 per rider, \$20 junior, \$5 dirt squirt)
NO DAY LICENCE REQUIRED (+\$10 for on the day entries)
Proudly supported by Auscycling 'Come & Try' events



QUARRY HILL
cafe & larder

BOWL PATROL A NEW WAY TO LEARN TO BOWL

Bowl Patrol is a program for primary school aged children to learn the basic skills of tenpin bowling.

- Bowl with a qualified coach
- Inclusive support resources
- Vouchers accepted where applicable
- \$99 for 8 weeks
- Bowl Patrol T-Shirt, Cap & Drink Bottle included



Jason Belmonte
World Number One &
Bowl Patrol Ambassador




For more information or to register go to www.bowlpatrol.com.au

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Vision Statement

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Values

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- I understand that everyone is different
- I co-operate
- I respect myself, others and the environment
- I am community minded
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Kind

2. Curious

- I am a learner
- I seek knowledge
- I ask questions
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Curious

3. Brave

- I am honest
- I am independent
- I have high expectations
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Brave