



The Poppet Head

Weekly newsletter of Quarry Hill Primary School
Wednesday 19th May, 2021
Newsletter No. 8

Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

2021 TERM DATES

Term 2 April 19 – June 22
Term 3 July 12 – September 17
Term 4 October 4 – December 17

Principal: Jo Menzel

School Council President: Claire Flanagan-Smith

PFA President: Renee Selkirk

~OUR VALUES~

Kind

I understand that everyone is different
I co-operate
I respect myself, others and the environment
I am community minded
I belong

Curious

I am a learner
I seek knowledge
I ask questions
I explore and wonder
I create

Brave

I am honest
I am independent
I have high expectations
I am resilient
I am open to

IMPORTANT DATES

	Time	Details
MAY		
Thursday 20 th	5.30pm	2022 Prep Information Evening
Friday 21 st	9.30am	2022 Prep Information Morning
Friday 21 st	9.30am – 11.00am	Education Week
Tuesday 25 th	9.15am – 2.45pm	Gymnastic Program Prep – Grade 4
Wednesday 26 th – 28 th	All Day	Grade 5 Camp Anglesea
Friday 28 th	Various	Pet Safety Incursion P- Grade 2
Monday 31 st	All Day	Curriculum Day- Students not required
JUNE		
Tuesday 1 st	9.15am – 2.45pm 9.00am - 2.00pm	Gymnastic Program Prep – Grade 4 Region Cross Country - Selected students only
Tuesday 8 th	9.15am – 2.45pm	Gymnastic Program Prep – Grade 4
Wednesday 9 th – 10 th	9.15am-3.00pm	Division Soccer- Selected students only
Thursday 10 th	3.30pm	Book Club orders due
Monday 14 th	All day	Queen's Birthday Public Holiday
Tuesday 15 th	9.15am – 2.45pm	Gymnastic Program Prep – Grade 4
Tuesday 22 nd	9.00am – 3.30pm	Division Athletics – Selected students
Wednesday 23 rd	All Day	Student Led Conferences- Students attend their interview session with their parents. Students are only required at school for their appointment.
Friday 25 th	2.30pm	Last Day of Term – Early Finish
July		
Wednesday 21 st	9.15 – 3.00	Division Netball- Selected students only
Monday 26 th	9.15 – 3.00	Division Girls Football- Selected students only
Tuesday 27 th	9.15 – 3.00	Division Boys Football- Selected students only
AUGUST		
Monday 9 th – 11 th	All Day	Grade 6 Urban Camp
Friday 20 th	9.15 – 3.00	Division Basketball- Selected students only
Monday 23 rd – 27 th		Book Week

Reminder:

- 2022 Prep Information Evening tomorrow night at 5.30pm & Friday morning at 9.30am.

Self-Paced Working Bee!



At the March meeting of School Council, it was decided to approach the idea of a working bee in a different way. Rather than families and other helpers committing to a certain day or time over the weekend (when sporting and family commitments are typically greater), it was suggested that a list of jobs be posted and people could sign up for a project to work on and/or complete at a time and pace that suits them.

There is always lots to do around our school, and any help is always greatly appreciated. Please contact Narelle at the office if you are able to help with any of the following:

1. Weeding the front garden beds along Peel Street.
2. Pruning the standard roses along the Peel Street entrance.
3. Weeding and general tidying up down in Bushland.
4. Weeding behind the portable buildings (Amer Street).
5. Pruning fruit trees behind the portable buildings (Amer Street).
6. Painting the arbours at the front entrance of the school.
7. Fixing and tightening wire fences along the high end of the Bushland cement wall.
8. Fixing and tightening wire fences around the junior astro-turf area and the red playground area.
9. Re-stranding a stronger gauge wire through the wooden fence posts going down into Bushland.
10. Relacquering the curved 'peek-a-boo' wall in the Sensory Garden.
11. Welding two goal posts back in place up on the senior astro-turf area.
12. Blower vacuuming sand and debris off the junior and senior playgrounds.
13. Oiling the vertical boards around the base of the administration building and the library building.
14. Oiling the deck areas at the front of the administration building and out the front of the library.
15. Moving one of the wicking beds in the Sensory Garden.
16. Maintaining the animal totems and carved seat (Bushland and Sensory Garden).

The school will provide materials to help with the projects. Thank you in advance for your support.

PLAYING OUR PART TO BUILD A NATIONAL PICTURE OF CHILD HEALTH

During May, our school, along with thousands of others across the country will begin preparations for the fifth Australian Early Development Census (AEDC).

The AEDC gives us a national picture of the development, health and wellbeing of children in their first year of full-time school. Since 2009, the census results have helped communities, schools and governments plan services and develop better policies to target support for children and families.

Children don't miss any class time, and parents/carers don't need to supply schools with any new information for the census. The AEDC gives us data at a school and community level - it isn't an assessment of individual children. Some teachers have also noticed that completing the assessments made them more aware of the needs of individual children and the class as a whole and that the census results are useful in developing class programs. Participation in the AEDC is voluntary. Parents/carers don't need to take any action unless they choose not to include their children in the census.

To find out more about the census and how communities are using the data to help children and families visit the AEDC website: www.aedc.gov.au.

If you have any questions, you can contact Anne Rochford, Assistant Principal, 5443 3537

GYM PROGRAM PREP- GRADE 4 ONLY

Our Gymnastics program starts Tuesday May 25TH.

The Gymnastics Program will be run at Jets Gym, Golden Square for Grade Prep – 4 and the cost will be \$32.00.

Gymnastics notes have been sent home. Please return these as soon as possible along with payment. The lessons will be of 60 minutes duration and will be conducted by qualified Gymnastics instructors.

Children are required to wear loose fitting clothing without zips and extra buttons. School polo shirts, shorts and tracksuit pants are suitable.

SUPERVISION RESPONSIBILITIES BEFORE AND AFTER SCHOOL

At Quarry Hill Primary School, the school grounds are supervised by staff from 8.45am before school and until 3.45pm after school.

There may be staff in attendance at the school before and after those times but those staff may be involved in tasks such as meetings or lesson preparation. This means that these staff members will not be supervising students. I know that a number of parents accompany their children to school and wait to see that they are settled. This practice is fine, and is certainly encouraged, as parents are supervising their own children.

Formal before and after school care is available within the school grounds and is operated by Camp Australia. Information regarding this program is available from the office, or can be accessed online at

<https://www.campaustralia.com.au/Schools/QuarryHillPrimarySchool/3550/B294>

eSmart topic: The eSafe Online Safety Guide for Parents

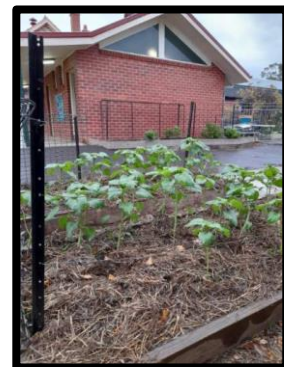
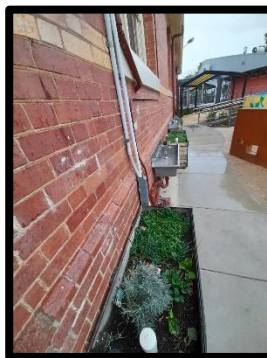
This is a great resource for families in keeping their kids safe in the online world.

Check it out here: <https://www.esafety.gov.au/parents/online-safety-guide>

Kitchen Garden

The students from Room 10 last week baked apple and cinnamon muffins, we would have to say they were yummy!

The schools vegetable and herb boxes are also looking great, we will be using the herbs and vegetables in the next coming weeks.



Bushland with Tim


Room 5 & 6 have been exploring the Grade 2 designated Dja Dja Wurrung garden in the bushland with Tim.


Tim spoke about the design and information on the murals. The students have been learning about change in their inquiry lessons and have begun exploring the change of seasons.




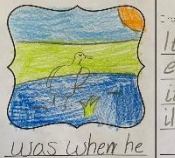
Room 6

Here are some pictures of Room 6's book review of the old fashioned fairy tale, The Ugly Duckling! We were working on finding words that demonstrated the author's opinion of a book.

BOOK REVIEW of the ugly duckling	
AUTHOR:	
RATING: ★★★★★	
MY FAVORITE PART	MY RATING
	I rated this book 2 stars because:
MY FAVORITE PART WAS growth up.	#it was a good book and I liked it because it was GRAND UP.
NAME: Lavender	DATE: 5/5

BOOK REVIEW of The Ugly duckling.	
AUTHOR:	
RATING: ★★★★★	
MY FAVORITE PART	MY RATING
	I rated this book 5 stars because:
MY FAVORITE PART WAS the Part where they hatched.	the illustration was so exciting and I liked how the illustration had lots of color.
NAME: 12212	DATE: 4/5

BOOK REVIEW of The Ugly duckling	
AUTHOR:	
RATING: ★★★★★	
MY FAVORITE PART	MY RATING
	I rated this book 5 stars because:
	the book of The Ugly duckling had wonderful illustrations and pictures.
NAME: Ebony Rose	DATE: 4/5

BOOK REVIEW of The Ugly duckling.	
AUTHOR:	
RATING: ★★★★★	
MY FAVORITE PART	MY RATING
	I rated this book 5 stars because:
was when he found out he was a Swan.	It had more excitement and it had wonderful illustration.
NAME: Jim	DATE: 4/5

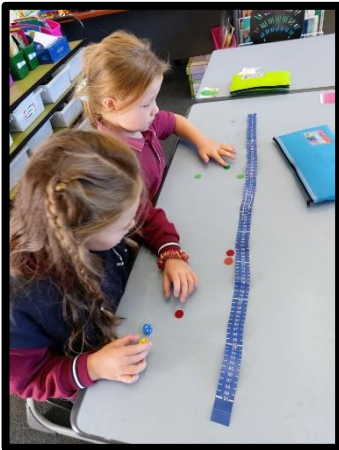
Sandhurst Division Cross Country



Quarry Hill Primary School, 25 Peel Street, Bendigo 3550
 Email: quarry.hill.ps@edumail.vic.gov.au
 Website: www.quarryhillps.vic.edu.au
 Phone: 03 5443 3537

Grade 2

Grade 2 students have been learning about number lines. They have been playing a game 'A Run of Three' Trying to sequence 3 two digit numbers in order, without their partner placing their counter down after growing their 2 digit number on their dice.



House Athletics

Yesterday the weather held off to allow for a fantastic House Athletics day at the Flora Hill Track. Congratulations to all students on the way you participated in the events.

Harkness	1 st
Malcolm	2 nd
Amer	3 rd
Peel	4 th

Thank you to all the parents & friends that came down to cheer on all the students.



Play-based Learning in the Investigation Room - Grade Prep and Grade One

The introduction of play-based learning in our school this year has been an exciting opportunity for our junior students and their teachers.

When many of us think about play, we probably think of free play, which is unstructured and directed by children, usually without adult involvement. Play-based learning, though, is more usefully conceived as a spectrum, with free play at one end and teacher-guided, playful learning at the other. In between are a variety of methods either entirely based on play, or incorporating elements of it.

Our Grade Prep and Grade One teachers are helping their students discover new ideas when they play with a whole range of activities. They are encouraging their students to playfully experiment with a range of toys and activities in a way that allows them to develop their own hypotheses about how things behave in certain situations and why. The teachers work with the children to test their hypotheses, questioning and talking to them about what they observe during their play.

Play-based learning in the early year of school can significantly improve children's language and social connections. It has been shown to strengthen neural pathways associated with learning, enhance wellbeing, improve memory and organisation skills, teach self-regulation and problem solving skills and encourage creativity.



Specialist Program 2021

With Shengjie on leave for 2021, we have Zoe Zhang for 2 days a week.

	Prep	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Grade 6
Physical Education	1 hour	1 hour	1 hour	1 hour	1 hour	1 hour	1 hour
Visual Arts	1 hour	1 hour	1 hour	1 hour	1 hour	1 hour	1 hour
Music	0.5 hour	0.5 hour	1 hour	1 hour	1 hour	1 hour	1 hour
Chinese	0.5 hour	0.5 hour	1 hour	1 hour (Semester 2)	1 hour (Semester 2)	1 hour (Semester 1)	1 hour (Semester 1)

VOCAL LESSONS

From Term 2, students at Quarry Hill Primary School have an opportunity to access singing lessons from a vocal teacher, Hayley Trounson. The cost is \$15.00 per week, paid as a term invoice.

If you are interested, please contact Hayley directly for further information - hayley.trounson@hotmail.com

PIANO LESSONS

Piano Lessons available at QHPS:

If you have ever wanted your child to take up piano, now is a great time! Susan Steele has taught at QHPS for a number of years and has vacancies during school time on Thursdays and Fridays for Term 2.

Contact her directly at susansteelepiano@gmail.com or via text on 0408 343 658 for further details.

SCHOLASTIC BOOK CLUB

Issue 4 of Scholastic Book Club is due Thursday 11th June, No late orders will be accepted.

To order the books online and pay with your credit card via the LOOP facility visit

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>

The LOOP facility eliminates the need to put your credit card number on the order form and/or hand over cash. For paper copy book orders please include your child's name and classroom room number and/or teacher on the top of the form and return to office with correct payment by due date. Thanks, Amanda.

ACHIEVEMENT AWARDS

KIND

Anabel H (Room 13)

always being kind and cherry to her classmates.

CURIOUS

Ollie H (Room 10)

excellent skills in the kitchen. Well done, chef!

Marta B (Room 10)

increased confidence in the kitchen. Well done, chef!

Caelan M (Room 10)

always extending your own learning. Well done!

Kaylee L (Room 16)

working extremely hard all week to concentrate & complete work to a high standard. Well done!

BRAVE

Harry J (Room 15)

always being willing to take on new roles and responsibility.

Leni F (Room 6)

continuing to grow confidence to share her ideas and wonderings in our class discussions.

Ella G (Room 10)

confidently making it through the week during NAPLAN. Well done.

Lola D (Room 10)

trying to answer every question even when she was unsure. Very good effort Lola!

Wyatt G (Room 5)

being a brave sports person at athletics, trying lots of new sports!

Jax E (Room 6)

being a brave sports person at athletics, trying lots of new sports!

Leon S (Room 9)

giving every activity a go at our athletics sports. You were a star!

Maggie R (Room 1)

for using her sounds to work out difficult words.

Ammon I (Room 17)

having high expectation and giving your all in every event at athletics.

Blair R (Room 17)

having high expectation and giving your all in every event at athletics.

Safiyyah A (Room 2)

for settling back into Quarry Hill Primary School.

Ben L (Room 11)

great results at our Quarry Hill Primary Athletics.



Kind



Curious



Brave

INSIGHTS

Why family rituals really matter



Family rituals strengthen the sense of warm connectedness in families. This makes sense, given that the number one biological need for every human is the hunger to belong, and to be accepted, valued and loved.

The disruption of life in 2020 saw many families unable to go about their normal activities, and for many, family rituals reclaimed their valuable position. For some, it was simply going for walks together, riding bikes together, baking, or watching movies together complete with home-made popcorn.

So how can families create and maintain small rituals that make such a difference?

Turn routines into rituals

Bedtime routines that include such things as reading to your children, singing special bedtime songs or even just lying beside your child do far more than help them to fall asleep. When these routines are repeated, they create neural pathways which enhance loving connection. As a nanny to several precious little ones, I absolutely love being a part of their bedtime rituals.

Reign in the chaos

Family rituals bring a degree of predictability and certainty into our sometimes chaotic lives. They are important for teenagers as they provide a sense of control at a time of change and challenge. Families who are struggling with any uncertainty and stress should regularly connect with a much-loved board game or family movie and dive into it with enthusiasm. Leave work and worry behind and spend a couple of hours with those you love the most.

Create greeting rituals

Greeting and goodbye rituals within families are also important. How you welcome and reconnect to children after a day away shows them that you have missed them and still love them. With little ones, some parents leave a kiss on their child's palm. For others there are special handshakes. I can still remember my dad saying goodbye to us with the oldie but goodie "See you later alligator!" To which we naturally replied, "in a while, crocodile!" This is a ritual that happens now with my grandchildren.

As an authorised celebrant, I have conducted many funerals and one of the things that brings joy to broken hearts are the shared memories of family rituals. The repeated nature of ritual helps to anchor memories deeply in our minds. I remember a beautiful funeral for a man where everyone wore a beanie and a scarf, including his youngest grandchild. This simple act was a nod to the fact that whenever this grandfather watched football on TV, he always wore a beanie and a scarf and so did anyone else who was watching with him. A simple but powerful act.

Never underestimate the importance of family rituals in your home.



Maggie Dent

Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors and educators, with a particular interest in the early years, adolescence and resilience. She has written seven major books including the bestselling *Mothering Our Boys* and her 2020 release, *From Boys to Men*. Maggie is host of the ABC podcast, [Parental As Anything](#). She is the mother of four sons and a very grateful grandmother. For further details visit maggiedent.com

Dja Dja Wurrung Seasons Datimdatim & Wai-kalk

About the Season:

Datimdatim and Wai-kalk season happen in the Gregorian Calendar months of May and June. Datimdatim meaning boomerang and Wai-kalk meaning wattle time. It is also known as the Early Winter.



Season Events/Characteristics:

It is the best time for collecting wood for tools and the golden wattles begin to flower. Different types of wattles, eucalypts and melaleucas are useful for tool production, like handles for axes and chisels, shields, boomerang, spears, spear throwers, clubs, coolamons, digging sticks and clap sticks. The strappy leaves of lomandras, grasses and bark from wattles is made into string for weaving nets, mats and bags. Sap and kangaroo sinew can be used to glue and fasten components together.



Come & Try

Chinese Lion Dance
Chinese Folk Dance
Kung Fu

Sunday 30th May

11:00am to 12:30pm
Registration opens at 10:45am

Dai Gum San Precinct
(in front of Golden Dragon Museum)

Free sausage sizzle for all participants

COVIDSafe event

FREE COMMUNITY EVENT

Kangaroo Flat Family Fun Day



- Animal Farm
- Pony Rides
- The Zone Rock Climbing Wall
- Library Activities & Story Corner
- Activities with local sporting clubs
- Fitness activities with Gurri Wanyarra Wellbeing Centre
- Art & craft
- FREE Giveaways!



Sausages, veggie burgers, 2x chicken sticks - all \$1 each

Thanks to the Rotary Club of Kangaroo Flat & Hazeldehes

Wominjeka Simu
Welcome
أهلاً بك
ပထဝီသိမ်တန်ခိုး

Sunday May 23, 2021
12pm - 3pm
Kangaroo Flat Primary School yard
60 Olympic Parade, Kangaroo Flat

Please note this is a free ticketed event. For more information and to book your FREE ticket, visit <http://bit.ly/KangarooFlatFunDay>



Sing dream belong

Come join us at Bendigo Youth Choir
Call Rosalie on 0427250768