



The Poppet Head

Weekly newsletter of Quarry Hill Primary School
Wednesday 16th June, 2021
Newsletter No. 10

Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

2021 TERM DATES

Term 2 April 19 – June 22

Term 3 July 12 – September 17

Term 4 October 4 – December 17

Principal: Jo Menzel

School Council President: Claire Flanagan-Smith

PFA President: Renee Selkrig

IMPORTANT DATES

	Time	Details
JUNE		
Friday 18 th	10.40am 9.00 – 3.00	Assembly Division Soccer
Wednesday 23 rd	All Day	Student Led Conferences- Students attend their interview session with their parents. Students are only required at school for their appointment.
Friday 25 th	2.30pm	Last Day of Term – Early Finish
July		
Wednesday 21 st	9.15 – 3.00	Division Netball- Selected students only
Monday 26 th	9.15 – 3.00	Division Girls Football- Selected students only
Tuesday 27 th	9.15 – 3.00	Division Boys Football- Selected students only
August		
Monday 9 th – 11 th	All Day	Grade 6 Urban Camp
Friday 20 th	9.15 – 3.00	Division Basketball- Selected students only
Monday 23 rd – 27 th		Book Week
September		
Monday 13 th	9.15 – 3.00	Division Athletics – Selected students
Friday 17 th	2.30pm	Last Day of Term – Early Finish

Reminders:

- **Assembly-** Please follow Covid Safe Rules.
- **Student Lead Conference** – Are now open for bookings.

ASSEMBLY THIS FRIDAY

Weather permitting, we will be having an assembly this Friday, June 18. Achievement Awards and birthdays over the last fortnight will be acknowledged. Parents/Carers of those children receiving awards are invited to come along. Those who do attend are expected to bring a mask and be prepared to wear it if they are unable to physically distance or if they are asked to do so. All visitors are also required to sign in using our QR code system before heading out to the basketball court. The QR codes are at the office.

There will not be an assembly the following week, June 25.

~OUR VALUES~

Kind

I understand that everyone is different
I co-operate
I respect myself, others and the environment
I am community minded
I belong

Curious

I am a learner
I seek knowledge
I ask questions
I explore and wonder
I create

Brave

I am honest
I am independent
I have high expectations
I am resilient
I am open to feedback

STUDENT LED CONFERENCES

At our Student Led Conferences, students will be sharing their first semester's learning progress with their parents/carers. Our conference day will be held on **Wednesday 23rd June 2021** and will run from 8.00am to 6.00pm. Appointments can be made via our Compass portal with bookings opening today, Wednesday June 16th. To support the children doing their presentations, only one booking per student will be available to families.

Parents/Carers are required to attend with their child for the timeslot chosen on this day. Students will not be attending school other than their conference time but are asked to wear their school uniform to their session.

Semester 1 reports will be available to access on Compass on Friday 18th June.

Please ensure that you are using Compass regularly for class/school updates, behaviour notifications, learning tasks and reports. If you have any difficulty with Compass, please contact the office. We are happy to help.

ENROLMENTS FOR 2022

In the first instance, Quarry Hill Primary School draws its enrolments from our 'designated neighbourhood zone'. This zone has been devised, in consultation with our Regional Office, taking into consideration the location of other local primary schools.

The following guidelines apply for schools with enrolment ceilings. Where there is insufficient accommodation at a school for all students who seek entry, students are enrolled in the following priority order:

- Students for whom the school is the designated neighbourhood government school.
- Students with a sibling at the same permanent residence who are attending the school at the same time.
- All of the students in order of closeness of their permanent residence to the 'designated neighbourhood zone' boundary.

If you have a child starting next year we ask that you enrol them by June 30th. If you know that you will not be here at Quarry Hill Primary School next year, please let us know. This enables us to have a better idea about the number of Prep children we can enrol and also about the grade levels where there may be places available for other students.

Asthma

What are asthma triggers?

- **People with asthma have airways that are more sensitive to some things that may not impact other people without asthma.** The things that set off or start symptoms are called triggers. Every person with asthma has a different experience, and everyone may have a different trigger.
- Common triggers include cold and flu, dust mites, smoke, exercise and pollen. Remember, for most people with asthma, triggers are only a problem when asthma is not well-controlled with preventer medicine. See [Living with asthma](#) for help with this.
- Triggers including exercise, sex and laughter should not be avoided by people with asthma, although you may need support from a health professional to help manage your asthma while exercising. Other triggers including pollen, dust mites and cigarette smoke can be managed by avoiding your exposure to them.
- Unfortunately, triggers like colds, flu, air quality and thunderstorms are impossible to avoid. This is why it is best to focus on getting your asthma under control with the right preventer medicine and always carrying your blue reliever with you in case you are exposed and react to a trigger. There are many products advertised to reduce asthma triggers, but most of these have not been proven to make any difference to asthma symptoms or reduce flare-ups. Asthma Australia strongly advises you do careful research on any products you are considering using. Call an Asthma Educator on [1800 ASTHMA](#) or [email](#) to discuss specific products further.
- Taking your medication, having an Asthma Action Plan, knowing asthma first aid and regular check-ups with your GP are the most important steps you can take to improve your asthma control.
- For more information on triggers, contact the [1800 ASTHMA Helpline](#) or find out more about specific triggers below.

eSmart Topic: A Modern Parent's Guide to Kids' Learning

As a parent or carer of a primary school aged child, you might feel that the landscape is shifting under your feet. So much is changing in modern schools. The link below provides access to a comprehensive guide that will help you find the best teacher-approved apps, games, and websites to support your child in each grade and the best advice to help you understand current trends in schools and how they affect your child.

(American website however, relevant information).

<https://www.common sense media.org/guide/essential-school-tools>

Bushland with Tim

Dja Dja wurrung Seasons Wanyarra & Gurri

About the Season:

Wanyarra and Gurri season happen in the Gregorian Calendar months of July and August. Wanyarra meaning water and Gurri meaning Kangaroo. It is also known as the Late Winter.



Season events/characteristics:

It is the wettest time of the year. Creeks, streams and rock wells fill up. It is a special time of year because the wattle's foliage starts to change. You will notice different species of wattles flowering, how many can you find?

During this time there is burning of all extensive grassed areas to encourage communal drives for kangaroos and in other parts of the country bandicoots and goanna. Fishing is still important, with nets, grass barriers, in shallow waters.

River Bottlebrush nectar could be used to make a sweet drink.

River red gum and other eucalyptus species produce timber for tools, implements and canoes. They have a sweet nectar and seeds that can be eaten.

Flora in the Bushland



Carex (Sedge) leaves are split into fibres for basket making and nets.



Common Nardoo roots are ground into a dough and cooked. Toxic levels of thiamase if not treated properly.



Kind



Curious



Brave

ACHIEVEMENT AWARDS

Kind

Harriet J (Room 8)

always showing kindness to everyone around her.

Curious

Hunter T (Room 17)

for completing thorough and detailed research about John Batman.

Slater C (Room 6)

having a greater focus on the neatness of his handwriting!

Ava G (Room 8)

always demonstrating curiosity in every area of her learning.

Brave

Sully H (Room 6)

showing strong persistence when completing classroom actives with his broken arm!

Jesse B (Room 10)

being resilient during Remote Learning and getting it done!

Bentleigh B (Room 9)

a really confident start to Prep at Quarry Hill P.S.

Ava M (Room 8)

completing all of her learning tasks independently.

Ayrlea A (Room 14)

confidently sharing her explorer project with her class.

Jackson J (Room 2)

having high expectations regarding his home reading, reaching 100 nights.



Kind



Curious



Brave

Grade 2 Rotations

We've had lots of fun creating our turtle collage this term! Cutting, weaving and shading.



INSIGHTS

Give kids a thumbs up for the right things



Children of all ages enjoy parental recognition. They like when their parents make a fuss over their behaviour or highlight something they've done well.

Sometimes parents will reward their children's behaviour with a treat, money or a gift. This is okay in small doses, but parental recognition alone is a high enough driver of children's behaviour most of the time.

First borns, in particular, love approval. Youngest children just love that you have noticed them! Second borns can sometimes do things in spite of their parents, but deep down they love the recognition too, even if they don't let on that they do.

The behaviour you focus on expands

If you want your kids to be neater then focus on their neat behaviours. "You've tidied your toys up before dinner. Top job!" You don't have to throw a party, just let them know that you noticed and you approve of their tidiness. You may also let them know how it affects you. "You've tidied your toys up before dinner. It makes my job easier." The behaviours that you notice and comment on will expand.

Noticing kids' tidiness once won't suddenly turn messy kids into exceptionally neat ones, but do it often enough and you'll start to get some turn around.

You can give kids a thumbs up for all sorts of behaviours. Here's some examples.

Being co-operative

Stubborn kids need a pat on the head when they respond on your terms not theirs.

Being brave

Nervous and anxious kids need to have their bravery pointed out to them. It's reassuring and empowering.

Being helpful

Want helpful kids? Then you need to notice helpful behaviours.

Being tolerant

Sometimes older siblings need to be very tolerant of younger siblings. Tolerance is a very giving behaviour and should be promoted.

parenting*ideas

Being patient

Something to encourage in boys, in particular. It's often not their strong point.

Being persistent

Let kids know when 'hanging in there' pays off. The link between persistence and success is massive but persistence needs to be promoted. It's also the one factor of temperament that can be affected by parenting.

Being friendly

If your child struggles in social situations then recognise pro-social behaviours such as sharing, initiating contact with another child or taking an interest in another person.

Don't wait until you get perfect behaviour to give recognition, particularly for very young children. Kids have L-plates when it comes to behaving (co-operatively, bravely, patiently) so their attempts and close approximations need to be verified by the significant adults in their lives – their parents.

Recognising kids' positive behaviours is easy to do, but it's also easy not to do. We often get tied up with other things and forget to show appreciation and nurture the behaviours our kids need to develop. It's important to be aware of this. It's the little things such as giving positive recognition that have the biggest impact on kids' development.




Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.


Provided as a part of our school's Parenting Ideas membership



parentingideas.com.au



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KELLYSPORTS.COM.AU

INFORMATION

FOR PARENTS

MULTI-SPORT

PROGRAMME

Programmes run weekly on one day a week for one hour.

This term we will focus on the following sports:

- ✓ Soccer
- ✓ AFL
- ✓ Basketball
- ✓ T-Ball
- ✓ Ultimate Frisbee

This weekly program gives children the necessary skills and confidence to participate in a fun and enjoyable group environment. Enthusiasm and maximal participation are also promoted, as well as the life skills that such involvement brings, giving children increased confidence to engage with sports leading into the future.

\$65 PLUS GST FOR 5 WEEKS!

Sign up anytime, and only pay for the weeks remaining in the term

School: Quarry Hill Primary School
Day: Thursday's
Start Date: Thursday 27th May
End Date: Thursday 24th June
Time: 3.40pm-4.40pm

For Prep – Year 4 students.




Website: kellysports.com.au

Contact: Beau Cross

Email: beau@kellysports.com.au

Phone: 0428 326 924

Facebook: Kelly Sports Australia



BOOK ONLINE NOW AT
KELLYSPORTS.COM.AU



Who can attend:
Boys & Girls aged 4-12 years old.

General information:
We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid and activity planning/delivery.

What do you need to bring: Appropriate clothing (jacket or sweatshirt, hat, drink bottle and food for morning tea, lunch and afternoon tea).

Food:
Please bring plenty of packed food and drink for morning tea/lunch/afternoon tea. Lunch will be from approximately 12.30pm to 1.30pm each day.

Programme activities:
Programme activities are adapted to suit children of all ages and children may be grouped by age depending on numbers. Programme activities may vary without notice dependent on weather conditions and programme numbers.

Payment details:
Payment is required upfront within 2 hours of your booking. A receipt will be issued when a completed booking is received. All details will be included on the receipt.

Please note:
Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Sports accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst on the programme.

Website: www.kellysports.com.au/Bendigo
Contact: Beau Cross
Email: beau@kellysports.com.au
Phone: 0428 326 924
Facebook: @KellySportsBendigo
Address: 9 Barnbougle Place, Eaglehawk

JUNE-JULY 2021 HOLIDAY PROGRAMME

ST LIBORIUS PS SPORTS STADIUM

	Mon 28 June	Tues 29 June	Wed 30 June	Thurs 1 July	Fri 2 July
WEEK 1	 <p>MANIC MONDAY Come along today all set and ready to go for many team challenges, ice breakers and group games throughout the entire day's festivities.</p>	 <p>BALL SPORTS BLITZ With Melbourne Vixens superstar Ruby Borkmeyer appearing to run a netball clinic today, this is one you don't want to miss! Come and learn what it takes to become an elite netball star!</p>	 <p>AMAZING RACE Work together to complete challenges, find clues and score goals for your team in our very own Kelly Sports Amazing Race! Teamwork will be the key to this one!</p>	 <p>TENNIS GIANTS Today you will be treated to a tennis masterclass from the amazing team from GIANT tennis! Whether you are a tennis star, or a beginner, you can guarantee you will learn a thing or two.</p>	 <p>SOCCER SUPERSTARS Today's program will give everyone the chance to show off those silky foot skills in a series of super soccer challenges. Dribble, pass and shoot your way through our coach challenge games!</p>
WEEK 2	 <p>BASKETBALL BONANZA Kick start your week with our basketball bonanza! Jump, shoot and dribble your way through the day, whilst showing off your skills in our basketball challenge activities.</p>	 <p>FOOTY COLOURS DAY Wear your favourite AFL colours today for our footy themed activities! A Bendigo Pioneers football superstar will also be visiting to run a football clinic. So come and show off your skills!</p>	 <p>MINI OLYMPICS MADNESS Come prepared for our very own Kelly Sports Mini-Olympics. With a variety of traditional and not so traditional events, everybody will have a chance to shine!</p>	 <p>RAPID RACQUET SPORTS Gear up for two super racquet sports sessions. The Bendigo Squash Centre will have all hands on deck, so come along and join in on our squash and racquetball masterclass!</p>	 <p>DYNAMIC DODGEBALL Dodge, duck, dip, dive and ... DODGE! Finish the week with our team dodgeball super-tournament. Our friendly throwing competition will improve your throwing skills and technique!</p>

FULL WEEK: \$195
8:30am to 5pm

FULL DAY: \$50
8:30am to 5pm

HALF DAY: \$35
8:30am-12:30pm or 1pm-5pm

PLEASE NOTE: OUR THEMED ACTIVITIES WILL RUN IN CONJUNCTION WITH THE SPORTS LISTED ON THE DAILY SPORTS SCHEDULE.



BOOK ONLINE NOW AT
KELLYSPORTS.COM.AU

Quarry Hill Primary School, 25 Peel Street, Bendigo 3550
 Email: quarry.hill.ps@edumail.vic.gov.au
 Website: www.quarryhillps.vic.edu.au
 Phone: 03 5443 3537

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8:00AM START 6:00PM END

PLEASE ARRIVE BY 9AM ON EXCURSION DAYS

IN-HOUSE **INCURSION** **EXCURSION**

28 th JUNE MON	29 th JUNE TUE	30 th JUNE WED	1 st JULY THU	2 nd JULY FRI
POP ART PARTY + SHAKE IT SLIME	TEAM EXTREME + ORIGAMI STARS	JUMPZ + ICEBERG GAME	THE MYSTERY OF MAGNETS + D'JUNO GAME	SILLY OLYMPICS + PUSH POP BUBBLE POP
TeamKids is getting ready for a picture-perfect Pop Art Party! Today, we're using tonnes of colour to create bright masterpieces. We'll design unique Comic Strips, make a Pop Art Collage & play Disco Tiggly.	The starting line is ready for us at TeamKids. On your mark, get set, GO! We'll have stacks of fun with Team Extreme as we play a range of team games & take on wild challenges over one jam-packed hour.	The sky's the limit at JUMPZ! We'll be bouncing off the walls as we explore this adrenaline-inducing playground full of trampolines, awesome adventure features & soft padding. *Socks provided.	You'll want to stick with TeamKids for The Mystery of Magnets! We're exploring the magnificent magnetic field through a series of games & challenges. Will you be able to make something levitate like magic?	TeamKids is hosting the world's first Silly Olympics spectacular, so let the games begin! What will your team's name be? We'll make a Team Banner, play Shotgun Showdown & race to create Olympic Ring Chains.
Base Fee \$65.00 Exp Fee** \$7.00 Daily Total \$72.00 After Max CCS* \$10.80	Base Fee \$65.00 Exp Fee** \$16.00 Daily Total \$81.00 After Max CCS* \$12.15	Base Fee \$65.00 Exp Fee** \$34.00 Daily Total \$99.00 After Max CCS* \$14.85	Base Fee \$65.00 Exp Fee** \$17.00 Daily Total \$82.00 After Max CCS* \$12.30	Base Fee \$65.00 Exp Fee** \$7.00 Daily Total \$72.00 After Max CCS* \$10.80

5 th JULY MON	6 th JULY TUE	7 th JULY WED	8 th JULY THU	9 th JULY FRI
ROBO BLOCKS + CAPTAIN'S ORDERS	AERIAL CIRCUS KIDS + SNEAKY PIRATES GAME	MINI BEASTS + SECRET DANCER GAME	MOVIE - SPIRIT UNTAMED + WEAVING KIT	IT'S A GOLD RUSH! + SMART BLOCKS
What's a robo's favourite type of music? Heavy metal! We're stretching our imaginations as we construct & play with mechanical LEGO robot figures. We'll use smart bricks, motors & sensors to get the job done.	It's showtime at TeamKids! We're making a dash for 2 Fit Studios to experience Aerial Circus Kids. There'll be loads of tumbling, circus tricks, dancing & so much more to explore. *Closed-toe shoes required.	Do stick insects have wings? How long do scorpions live? We'll find out the answers & more when we're visited by a range of native invertebrates. Join us as we explore life on an ant-sized scale in Mini Beasts!	Today is a showstopper because TeamKids is off to the movies to see Spirit Untamed! Who's ready to take a trip to a frontier town & meet the wild mustang, Spirit? *Packet popcorn provided & allergy alert.	There's so much treasure & many tales to unfold at TeamKids because It's a Gold Rush! Today, we'll dig up some fun as we make wild Peg Horses, construct Gold Rush Era Houses & play shiny Gold Bingo.
Base Fee \$65.00 Exp Fee** \$18.00 Daily Total \$83.00 After Max CCS* \$12.45	Base Fee \$65.00 Exp Fee** \$36.00 Daily Total \$101.00 After Max CCS* \$15.15	Base Fee \$65.00 Exp Fee** \$15.00 Daily Total \$80.00 After Max CCS* \$12.00	Base Fee \$65.00 Exp Fee** \$30.00 Daily Total \$95.00 After Max CCS* \$14.25	Base Fee \$65.00 Exp Fee** \$7.00 Daily Total \$72.00 After Max CCS* \$10.80

*Child Care Subsidies may apply. \$5 Admin Fee per family. \$5 Late Fees apply within 7 days per child. Payment plans available.
**Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy.



FIND A VENUE
teamkids.com.au/venues

CHOOSE YOUR ADVENTURE
Book Today!

TEAMKIDS.COM.AU

1300 035 000

Team Kids **GETTING READY TO ATTEND...**

ARRIVAL TIME

Please ensure children are signed in no later than 9am.

What to wear

During Winter, the mornings can be chilly, so please make sure you bring a warm top (clearly labelled) and keep an eye on the weather so your child is dressed appropriately. Some of our venues are particularly large and take time to warm up on the chillier mornings, so make sure the kids are rugged up. At TeamKids we love to get outside, so please remember to wear suitable footwear for running around.

Double Check TeamKids Room Location

It is very important to double check our website prior to attending, in case of a room change. We are sometimes required to temporarily change rooms due to school building maintenance over the school holidays. Last minute changes will be announced via SMS to attending families.

Medical Information? Have a Plan

If your child has Asthma, Anaphylaxis, an Allergy or any other medical condition, upload plans to your TeamKids account and bring along a completed Risk Minimisation Form, found on our website. Please provide required medications to your venue coordinator on the first day of attendance - In their original packaging, clearly labelled with your child's name and a use-by date.

***Please note children are unable to attend our venues without their medication and action plans.

CCS Receiving child care Subsidy

After your TeamKids booking is placed, you must log into your MyGov account to check you have a confirmed enrolment.

Extended Hours of operation

During the school holidays, our customer service team are available from 7:00 am till 6:30 pm.

Booking and Cancellations

Bookings are subject to availability and may be placed/amended until 11:59 pm the night prior to attendance via your TeamKids online account. An additional fee of \$5 per child applies to bookings made inside 7 days of attending. Cancellations must be received before 8am the day prior to attendance & are unable to be refunded to bank accounts, however, a non-expiring credit will be applied to your TeamKids account for use toward future bookings. Please refer to our website for full cancellation T&Cs

Electronic Sign-In/out

All TeamKids venues require electronic sign in/out. Any person signing your child in or out from TeamKids care MUST be listed on your TeamKids account and know your TeamKids account pin number, if this has been activated. These details can be updated via your TeamKids account at any time.

Pack a Healthy Lunch

A delicious, nutritious, morning and afternoon tea are provided in all programs. Children are required to bring a packed lunch and refillable water bottle.

When packing your child's lunch, please consider that some children in attendance have been diagnosed with food allergies or the risk of anaphylaxis.

Additional Needs

For new families, our TeamKids Inclusion Manager will discuss attendance options for children with additional needs before they attend. Please contact Customer Service on 1300 035 000.

Please note: We require a minimum of four weeks' notice for funding applications for children requiring an extra staff member to help support their time with us. Places cannot be guaranteed if less notice is given.

Please call with any questions: 1300 035 000

TEAMKIDS.COM.AU

1300 035 000

Quarry Hill Primary School, 25 Peel Street, Bendigo 3550
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NETSTARS NETBALL CLINICS

Presented by the Victorian Netball Association
in partnership with Netball Australia



BENDIGO

NetStars Netball Clinics are a fantastic opportunity for girls to learn and improve their netball skills. The clinics are held on a weekly basis and are open to girls of all ages. The clinics are held at the Bendigo Netball Centre, which is a state-of-the-art facility with a large netball court and a dedicated netball storage area. The clinics are held on Wednesdays from 4:30pm to 6:00pm. Bookings are essential and close 24 hours prior to the clinic, unless sold out. Only a limited number of places available, book now to avoid missing out.



Bookings essential & close 24 hours prior to the clinic, unless sold out.
Only a limited number of places available, book now to avoid missing out



Book

NETSTARS
NETBALL CLINICS

Quarry Hill Primary School, 25 Peel Street, Bendigo 3550
Email: quarry.hill.ps@edumail.vic.gov.au
Website: www.quarryhillps.vic.edu.au
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