



The Poppet Head

Weekly newsletter of Quarry Hill Primary School
Thursday, June 16th, 2022
Newsletter No. 9

Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

2022 TERM DATES

Term 2 April 26 – June 24

Term 3 July 11 – September 16

Term 4 October 3 – December 20

Principal: Jo Menzel

School Council President: Claire Flanagan-Smith

PFA President: Renee Selkrig

~OUR VALUES~

Kind

I understand that everyone is different
I co-operate
I respect myself, others and the environment
I am community minded
I belong

Curious

I am a learner
I seek knowledge
I ask questions
I explore and wonder
I create

Brave

I am honest
I am independent
I have high expectations
I am resilient
I am open to feedback

IMPORTANT DATES

June		
Monday 20 th	Various 9.00am	Grade 5/6 Justin D'Ath Incursion PFA Meeting Multipurpose Room
Tuesday 21 st	9.00am Various	Lunch Order Forms & \$6 is Due Gym Prep – Grade 4
Wednesday 22 nd	Various	Student Led Conferences- Students attend their interview session with their parents. Students are only required at school for their appointment.
Friday 24 th	11.00am 2.30pm	Special Pizza Bread Lunch Order Last Day of Term 2-Early finish
July		
Monday 11 th	All Day	First day Term 3
Wednesday 20 th	All Day	Division Netball - Selected students only
Tuesday 26 th	All Day	Division Girls Football - Selected students only
Wednesday 27 th	All Day 9.00am-11.00am	Division Boys Football - Selected students only Prep – Grade 2 Melbourne Museum Incursion
Thursday 28 th	All Day	Division Soccer Swan Hill - Selected students only
August		
Tuesday 2 nd	All Day	100 Days of Prep Celebrations
Thursday 25 th	All Day	School Production
September		
Friday 16 th	2.30pm	Last day of Term 3 - Early finish

Reminders:

- **Puberty Education Session for Parents** – Tonight at 6.00pm in the staffroom
- **Student Lead Conferences** – Bookings are now open.
- **Special Lunch Orders** – Due Tuesday 21st by 9.00am to the office.
- **Second hand uniforms** – Thursday 9am – 10.30am and Fridays 3.30pm -3.45pm



Kind



Curious



Brave

STUDENT LED CONFERENCES

At our Student Led Conferences, students will be sharing their first semester's learning progress with their parents/carers.

Our conference day will be held on **Wednesday 22nd June 2022** and will run from 8.00am to 6.00pm. There are limited bookings available on Monday 20th after school. Appointments can be made via our Compass portal, bookings are now open. To support the children doing their presentations, only one booking per student will be available to families.

Parents/Carers are required to attend with their child for the timeslot chosen on this day. Students will not be attending school other than their conference time but are asked to wear their school uniform to their session.

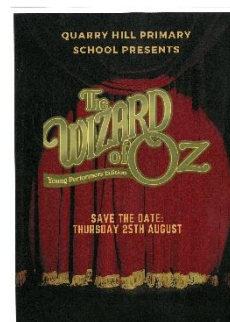
Semester 1 reports will be available to access on Compass late afternoon on Monday 20th.

Please ensure that you are using Compass regularly for class/school updates, behaviour notifications, learning tasks and reports. If you have any difficulty with Compass, please contact the office. We are happy to help.

PRODUCTION NEWS

This week students from 5/6 who were interested in a major role auditioned for our whole school production: The Wizard of Oz.

Well done to all those students who auditioned, you showed great bravery. You all did a fantastic job. Major roles will be announced next week before the school holidays.



SUPERVISION RESPONSIBILITIES BEFORE AND AFTER SCHOOL

At Quarry Hill Primary School, the school grounds are supervised by staff from 8.45am before school and until 3.45pm after school.

There may be staff in attendance at the school before and after those times, but those staff may be involved in tasks such as meetings or lesson preparation. This means that these staff members will not be supervising students.

A number of parents accompany their children to school and wait to see that they are settled. This practice is fine, and is certainly encouraged, as parents are supervising their own children.

Formal before and after school care is available within the school grounds and is operated by Camp Australia. Information regarding this program is available from the office, or can be accessed online at <https://www.campaustralia.com.au/Schools/QuarryHillPrimarySchool/3550/B294>

ENROLMENTS FOR 2023

In the first instance, Quarry Hill Primary School draws its enrolments from our 'designated neighbourhood zone'. This zone has been devised, in consultation with our Regional Office, taking into consideration the location of other local primary schools. The following guidelines apply for schools with enrolment ceilings. Where there is insufficient accommodation at a school for all students who seek entry, students are enrolled in the following priority order:

- Students for whom the school is the designated neighbourhood government school.
- Students with a sibling at the same permanent residence who are attending the school at the same time.
- All of the students in order of closeness of their permanent residence to the 'designated neighbourhood zone' boundary.

If you have a child starting next year, we ask that you enrol them by June 30th. If you know that you will not be here at Quarry Hill Primary School next year, please let us know. This enables us to have a better idea about the number of Prep children we can enrol and also about the grade levels where there may be places available for other students.

NEWSLETTER ELECTRONICALLY

A reminder to all parents and carers that the newsletter is made available through Compass. The newsletter is also available on our school website. <http://www.quarryhillps.vic.edu.au/>

ASTHMA

What are asthma triggers?

- **People with asthma have airways that are more sensitive to some things that may not impact other people without asthma.** The things that set off or start symptoms are called triggers. Every person with asthma has a different experience, and everyone may have a different trigger.
- Common triggers include cold and flu, dust mites, smoke, exercise and pollen. Remember, for most people with asthma, triggers are only a problem when asthma is not well-controlled with preventer medicine. See [Living with asthma](#) for help with this.
- Triggers including exercise, sex and laughter should not be avoided by people with asthma, although you may need support from a health professional to help manage your asthma while exercising. Other triggers including pollen, dust mites and cigarette smoke can be managed by avoiding your exposure to them.
- Unfortunately, triggers like colds, flu, air quality and thunderstorms are impossible to avoid. This is why it is best to focus on getting your asthma under control with the right preventer medicine and always carrying your blue reliever with you in case you are exposed and react to a trigger. There are many products advertised to reduce asthma triggers, but most of these have not been proven to make any difference to asthma symptoms or reduce flare-ups. Asthma Australia strongly advises you do careful research on any products you are considering using. Call an Asthma Educator on [1800 ASTHMA](#) or [email](#) to discuss specific products further.
- Taking your medication, having an Asthma Action Plan, knowing asthma first aid and regular check-ups with your GP are the most important steps you can take to improve your asthma control.
- For more information on triggers, contact the [1800 ASTHMA Helpline](#) or find out more about specific triggers below.

CYBERSAFETY

eSmart Topic: 10 tips for staying safe online

eSmart have just released their top 10 tips for students to stay safe online. They are:

Use tech to make life better

1. Keep your balance
3. Boundaries, people
4. Respect others
5. Keep everything updated
6. Spam, Spam, Spam, Spammidy-spam
7. Keep your cool
8. Keep your friends close and strangers at arm's length
9. Be the hero
10. Ask for help if you need it

To read the full article explaining each tip click the link below.

[eSmart's top 10 tips](#)

DIVISION SOCCER

Last Thursday Quarry Hill PS competed in the Sandhurst Division Soccer competition.

We were represented by two teams. Both teams were very competitive on the day, with the boy's finishing 1st in their division. All students demonstrated great sportsmanship and teamwork skills and had lots of fun.



KITCHEN GARDEN

In Kitchen Garden the grade six students were down in the Eco Shed exploring bird box designs, to be able to construct appropriate habitat for their chosen species. In the kitchen they made mini cup cakes and decorated them with lots of sugary goodness.



ROOM 1 WASTE MANAGEMENT INCURION

The session focused on consumption and life cycles of products and circular economy and change within the school and broader community. Students were able to choose different items that would be found in the rubbish either at home or at school and work together to find the appropriate bin to place their rubbish. In Room 1, we have decided to collect any soft plastics that have come from our lunchboxes over the last two weeks of this term to see if we can reduce our soft plastic waste!



STUDENT ACHIEVEMENT AWARDS

KIND

Billy K (Room 1)	for encouraging and supporting his partner at gym!
Sam W (Room 2)	for always showing your classmates kindness everyday.
Aurora B (Room 9)	for offering to help her class friends with their learning!
Luciana C (Room 12)	for always being kind to her peers and being community minded. Great job, Lucy!
Arya R (Room13)	always displaying positive interactions with her peers.



CURIOUS

Royce T (Room 2)	for working hard on attempting to write tricky words.
Charli B (Room16)	for producing an excellent 3D poster.
Sobi B (Room16)	for producing an excellent 3D poster.



BRAVE

Braxton B (Room 2)	for working hard to independently write the tricky words in your writing pieces.
Mietta S (Room 2)	working hard to use her strategies when writing new words.
Lenny R (Room 12)	for setting high expectations in Literacy and being open to feedback. Great Job, Lenny!
Kamryn H (Room 17)	for presenting your garden research project to a high standard.
Jacob D (Room 17)	for accepting and acting on feedback to improve your bug research project.
Elliot W (Room8)	for working on his equal share problems in maths.



P.F.A News

Special Lunch Day

To wrap up Term 2, PFA with the help of Strathdale Bakers Delight are hosting a Special Lunch Day on Friday June 24th. Available on the day will be a selection of Pizza Breads with a Juice Box. This combo will be \$6.

We kindly ask that all orders and money be returned no later than Tuesday 21st June 9.00am. No late orders will be accepted.

Next Meeting

Parents and Friends invite you to join our next meeting Monday 20th June, 9am in the multipurpose room. All are welcome but please remember only registered members may vote during meetings.

Join Our Facebook Page: Can't make a meeting, want to be involved, not 100% sure how much. Join our Facebook page, **Quarry Hill PFA 2022** and request to join group.

This is available for members to stay informed and be involved in a way that suits everybody. You can pop in or call the office for a form. You will receive an email to confirm invitation to page has been sent.

Uniform Shop: Second hand uniforms for 50c on shop opens on Thursday's 9-10:30am or Friday's 3:30-3:45pm located in the multipurpose Room.

**QUARRY HILL PRIMARY
SCHOOL PRESENTS**

The WIZARD of OZ

Young Performers Edition

**SAVE THE DATE:
THURSDAY 25TH AUGUST**

Book your free flu vaccine

BCHS Central

Each Tuesday in June: 10.15am - 12.15pm

BCHS Eaglehawk

Each Tuesday in June: 4.30pm - 7.30pm

Each Thursday in June: 2pm - 4.30pm

BCHS Kangaroo Flat

Thursday, June 16 and 23: 2pm - 4.30pm

Bookings are essential

Phone 5406 1200

or use the QR codes below



Central



Eaglehawk



Kangaroo Flat



Sort it out before
you throw it out

A-Z GUIDE TO DISPOSING OF WASTE

A	Aerosol cans (empty)	1	Deodorant (empty)	1	Magazines	1	R	Radios (electronic waste)	1
	Air conditioner units	1	Detergents	1	Manure (bagged)	1		Raw cardboard	1
	Aluminium cans, foil trays	1	Detergent bottles (empty)	1	Margarine containers (scrapped clean)	1		Refrigerators / freezers	1
	Asbestos	1	Dog poo	1	Medicine bottles (empty and clean)	1		Sauce bottles	1
	Ash (fire) extinguished/cold	1	Dog and cat food tins (scrapped clean)	1	Medicines	1		Scrap metals	1
	Baby wipes / face wipes	1	Doors	1	Mattresses	1		Shampoo and conditioner bottles	1
	Baking paper e.g. waxed paper, muffin tins	1	Drinking straws	1	Meat trays (foam)	1		Shoes (poor condition)	1
	Batteries (car, household, AAA etc.)	1	Electronic waste (e-waste) (anything with a battery, electric plug or cord)	1	Meat trays (hard plastics) (cooked and uncooked)	1		Snake alarms	1
	Bicycles	1	Electrical appliances	1	Microwaves	1		Soil and rock	1
	Biscuit or meat trays	1	Egg cartons	1	Milk cartons (products that must be refrigerated - not tetra pak)	1		Straws (plastic drinking)	1
	Books	1	Envelopes (paper)	1	Mobile phones	1		Suitcases / baggage	1
	Bottles (glass and plastic)	1	Eyewear / glasses (intact)	1	Nail polish	1		Styrofoam / polystyrene	1
	Bottle tops (small)	1	Face wipes / baby wipes	1	Nappies	1		Syringes / sharps	1
	Bottle tops (larger jar sizes)	1	Fire extinguishers	1	Needles	1		Takeaway food containers (cardboard)	1
	Branches/prunings (less than 10cm diameter)	1	Fireplace ash	1	Newspapers	1		Takeaway food containers (plastic)	1
	Bricks and rubble	1	Extinguished/cold	1	Office paper	1		Tea bags with strings and staples	1
	Building waste	1	Foam boxes	1	Oil (engine)	1		Telephone books	1
	Cameras	1	Foil (clean, golf ball size)	1	Oil (cooking)	1		Television / electronics	1
	Cans (aluminium)	1	Foil (dirty, golf ball size)	1	Ovens / white goods	1		Timber (treated)	1
	Car parts	1	Fridges and freezers	1	Paint / paint tins	1		Timber (natural, less than 10cm diameter)	1
	Carpet	1	Fruit stickers	1	Pallets	1		Tin cans (scrapped clean)	1
	Cartridges (printer)	1	Furniture	1	Paper towel and tissues	1		Tissues and napkins	1
	Cat poo	1	Gas bottles / cylinders	1	Pill packets	1		Toilet rolls (empty)	1
	Cardboard	1	Garden tools / equipment	1	Pizza boxes, brown papers and raw cardboard	1		Toner cartridges	1
	CDs and DVDs	1	Glass (broken window or drinking - wrapped)	1	Plaster board	1		Toys	1
	Ceramics (broken)	1	Grass clippings	1	Plant pots (empty)	1		Toys (with batteries)	1
	Ceramics (intact)	1	Hair (human or animal)	1	Plastic containers (ice cream, peanut butter, yoghurt etc.)	1		Toys (broken)	1
	Chip packets / soft plastics	1	Hose (garden)	1	Plastic shopping bags	1		Tubes - toothpaste	1
	Chemicals (pool, garden and household)	1	Household chemicals	1	Plastic toys (intact)	1		Tyres	1
	Cling wrap / plastic film	1	Household cleaners/solvents	1	Plastic film / cling wrap	1		Vacuums	1
	Clothing and textiles	1	Hypodermic needles	1	Poly pipe	1		Vacuum cleaner dust	1
	Coat hangers	1	Juice bottles and cartons	1	Poly styrene (household)	1		Vegetable scraps	1
	Coffee cups	1	Junk mail	1	Poly styrene (bulk packaging)	1		VHS tapes	1
	Coffee pods	1	Kitty litter and cat poo	1	Pottery, porcelain (intact)	1		Washing machines	1
	Computers and computer parts	1	Laminated paper	1	Pottery, porcelain (broken)	1		Waxed cardboard (shiny)	1
	Concrete	1	Leaves	1	Pots and pans	1		Waxed / soiled paper e.g. muffin tin, baking paper	1
	Corks	1	Light globes (incandescent - wrapped)	1	Poisons, pesticides and herbicides	1		Weeds (with/without seeds)	1
	Cosmetic containers (plastic)	1	Light globes (compact fluorescent tubes)	1	Printer cartridges	1		White goods	1
	Cutlery (metal)	1	Lolly wrappers	1				Window glass (broken - wrapped)	1
	Cutlery (plastic)	1						Wine bladder	1
								Wood (treated)	1
								Yoghurt containers (scrapped clean)	1

KEY	General Waste Bin	Organics Bin / Compost Bin	Recycle Bin	Donate to charity	1 - Contact asbestos removal company	4 - Bendigo Community Health Phone 5406 1200
	Eaglehawk Eco Centre / Transfer Stations / Drop off locations				2 - Cartridge drop off locations e.g. Cartridge World, Planet Ark, Botton's	5 - Return to supermarket
	Some items may incur fees or charges, visit www.bendigo.vic.gov.au/waste or contact Customer Service on 5434 6000. If you have questions regarding the disposal or price of a certain item. Please note that sometimes markets change and some materials will not be accepted at transfer stations.				3 - Coffee pods recycling systems e.g. Nespresso, terracycle	6 - Scrap metal company
						7 - Annual Detox Your Home drop off

Information correct as of June, 2021.

For further information please contact the City of Greater Bendigo. Please note not all items are listed.
Ph: 5434 6000 | E: requests@bendigo.vic.gov.au | 15 Hopetoun Street, Bendigo | www.bendigo.vic.gov.au/waste



Date: Saturday 2nd July
Time: 2pm - 3:30pm
Cost: Free
Location: Sedgwick Forest
Bookings: Eventbrite



LEAF LITTER ART WORKSHOP

Wear your best worst clothes because you're going to get messy painting, gluing, digging and exploring the awesome world beneath the leaves with Bendigo's favourite Children's Creative Art Therapist, Myf Truscott.



Who can attend:
Boys & Girls aged 4-12 years old

General information:
We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid and activity planning/delivery.

What do you need to bring: Appropriate clothing, jacket or sweatshirt, hat, drink bottle and food for morning tea, lunch and afternoon tea.

Food:
Please bring plenty of packed food and drink for morning tea/lunch/afternoon tea. Lunch will be from approximately 12.30pm to 1.30pm each day.

Programme activities:
Programme activities are adapted to suit children of all ages and children may be grouped by age depending on numbers. Programme activities may vary without notice depending on weather conditions and programme numbers.

Payment details:
Payment is required upfront within 2 hours of your booking. A receipt will be issued when a completed booking is received. All details will be included on the receipt.

Please note:
Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Sports accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst on the programme.

Website: www.kellysports.com.au/bendigo
Contact: Beau Cross
Email: beau@kellysports.com.au
Phone: 0428 326 924
Facebook: Kelly Sports Bendigo
Address: 9 Barnbougle Pl, Eaglehawk, 3556

WINTER 2022 HOLIDAY PROGRAMME

379 EAGLEHAWK ROAD, EAGLEHAWK, 3556

WEEK 1		Mon 27th June	Tues 28th June	Wed 29th June	Thu 30th June	Fri 1st July
		DYNAMIC DODGEBALL Dodge, duck, dip, dive and... DODGE! Our Dodgeball Tournament is back. Our friendly competition will help improve your throwing and catching skills!	NETBALL MASTERCLASS With Melbourne Vixens superstar Ruby Barkmeyer dropping in to run a netball clinic, this is one you don't want to miss! Come and learn what it takes to become an elite netball star!	MINI OLYMPICS With the Commonwealth Games just around the corner, this is our little superstars chance to show off their talents! Will we see any of our Kelly Sports athletes at the Birmingham games?	BASKETBALL BONANZA Kick start your day with our Basketball Bonanza! Jump, shoot and dribble your way through the day and show off your skills in our basketball challenge activities & tournament.	AMAZING RACE Work together to complete challenges, find clues and score goals during our Amazing Race. Teamwork is key in this fast paced team challenge.
WEEK 2		Mon 4th July	Tues 5th July	Wed 6th July	Thurs 7th July	Fri 8th July
		TENNIS GIANTS Today you will be treated to a tennis masterclass from the amazing team from GIANT tennis! Whether you are a tennis star, or a beginner, you can guarantee you will learn a thing or two.	NINJA WARRIOR Come and show off your athleticism in our Ninja Warrior obstacle course! This course will give each little superstar the chance to show off their vertical leap, strength, speed and power.	FOOTY COLOURS DAY Show off your team colours with confidence and pride at our Footy Colours day. You will be sure to get a kick out of our activities! Come prepared to show off your skills in our AFL clinic & tournament.	RAPID RACQUET SPORTS Gear up for a massive day of racquet sports sessions. Our little superstars will show off their skills in our squash, tennis & badminton challenges throughout the day.	KIDS VS COACHES Today our little Kelly Sports superstars will go head to head against our coaches in a series of sports games and challenges. Come prepared and bring your 'A game.'
		FULL WEEK: \$195 Mon - Fri, 8:30am - 5:00pm	FULL DAY: \$50 8:30am - 5:00pm	HALF DAY: \$35 8:30am - 12:30pm or 1:00pm - 5:00pm	PLEASE NOTE: OUR THEMED ACTIVITIES WILL RUN IN CONJUNCTION WITH THE SPORTS LISTED ON THE DAILY SPORTS SCHEDULE.	



KELLYSPORTS.COM.AU

BOOK ONLINE NOW AT



WINTER HOLIDAY PROGRAMME DAILY SPORTS SCHEDULE

WEEK 1 SCHEDULE	Monday 27th June	Tuesday 28th June	Wednesday 29th June	Thursday 30th June	Friday 1st July
8:30 - 9:00	Intro/fun games	Intro/fun games	Intro/fun games	Intro/fun games	Intro/fun games
9:00 - 10:00	Basketball	Soccer	Cricket	T-Ball	AFL
SNACK BREAK					
10:30 - 11:30	Dynamic Dodgeball	Netball Masterclass	Mini Olympics	Basketball Bonanza	Amazing Race
11:30 - 12:00	T-Ball	Volleyball	Dance	Tug of War Tournament	Netball
12:00 - 1:30 LUNCH TIME	Dodgeball Grand Final	Netball Shootout	Minute to Win It	Mystery Movie	Banner Decorating
1:30 - 2:30	Scavenger Hunt	AFL	Ultimate Frisbee	Cricket	Hockey
2:30 - 3:30	Crazy Games	Tennis	Kids Choice	Soccer	Parachute Games
SNACK BREAK					
4:00 - 5:00	Parachute Games	Kids Choice	Circus	Beach Volleyball Battle	Kids Choice



KELLY SPORTS

BOOK ONLINE NOW AT:
WWW.KELLYSPORTS.COM.AU/BENDIGO



WINTER HOLIDAY PROGRAMME DAILY SPORTS SCHEDULE

WEEK 2 SCHEDULE	Monday 4th July	Tuesday 5th July	Wednesday 6th July	Thursday 7th July	Friday 8th July
8:30 - 9:00	Intro/fun games	Intro/fun games	Intro/fun games	Intro/fun games	Intro/fun games
9:00 - 10:00	Volleyball	AFL	AFL Super Clinic	Tennis	Coach vs Kids Challenges
SNACK BREAK					
10:30 - 11:30	GIANT Tennis	Ninja Warrior	AFL 9's Competition	Super Squash	Big Bash Smash
11:30 - 12:00	Hockey	Gymnastics	American Flag Football	Badminton	T-Ball
12:00 - 1:30 LUNCH TIME	Fastest Serve Competition	Winter Sports Challenges	AFL Grand Final & Footy jumper painting	Super Sports Quiz	Mystery Movie
1:30 - 2:30	Netball	T-Ball	Kids Choice	Soccer	Crazy Games
2:30 - 3:30	Parachute Games	Soccer	Team Building Games	Scavenger Hunt	Circus
SNACK BREAK					
4:00 - 5:00	Coach vs Kids Challenges	Kids Choice	Circus	Crazy Games	Parachute Games



KELLY SPORTS

BOOK ONLINE NOW AT:
WWW.KELLYSPORTS.COM.AU/BENDIGO

