

# The Poppet Head

Weekly newsletter of Quarry Hill Primary School Thursday, October 20<sup>th</sup>, 2022 Newsletter No. 16

## Our Vision:

QHPS students are empowered to be engaged learners. Our community fosters a culture of respect and belonging.

#### **2022 TERM DATES**

Term 3 July 11 – September 16 Term 4 October 3 – December 20

**2023 TERM DATES** 

Term 1 January 30 – April 6 Term 2 April 24 – June 23 Principal: Jo Menzel

School Council President: Claire Flanagan-Smith

PFA President: Renee Selkrig

### **IMPORTANT DATES**

Monday 24 <sup>th</sup>	3.30pm	Book Club Due
Wednesday 26 <sup>th</sup>	All Day	Public Holiday- Bendigo Cup
November		
Tuesday 1 <sup>st</sup>	9.00am – 3.30pm	House Athletics Carnival
Monday 7 <sup>th</sup>	All Day	Curriculum Day – Students not
		required to attend
Thursday 10 <sup>th</sup>		School Disco
December		
Monday 5 <sup>th</sup> 6 <sup>th</sup> ,7 <sup>th</sup> , 8 <sup>th</sup> , 9 <sup>th</sup>	Various	Swimming
Monday 12 <sup>th</sup> ,14 <sup>th</sup> , 15 <sup>th</sup>	Various	Swimming
Wednesday 14 <sup>th</sup>		Grade 6 Graduation Dinner,
	5.30pm	drop off time
Tuesday 20 <sup>th</sup>	1.30pm	Last Day of Term 4

## **Reminders:**

- **Prep Picnic** Monday October 31<sup>st</sup> from 12.15pm 1.15pm
- **Prep Orientation Program –** Tuesday 8<sup>th</sup> of November & Monday
- 28<sup>th</sup> of November various times.
- **2 Minute Car Park** Please do not leave your cars unattended as these are only for pick up & drop offs.
- Second hand uniforms Thursday 9.00am 10.30am and Fridays 3.30pm -3.45pm

### ~OUR VALUES~

## Kind

I understand that everyone is different I co-operate I respect myself, others and the environment I am community minded I belong

# Curious

I am a learner
I seek knowledge
I ask questions
I explore and wonder
I create

# Brave

I am honest
I am independent
I have high
expectations
I am resilient
I am open to feedback







### **ENROLMENTS & CLASS PLACEMENTS 2023**

All families seeking to enrol their child in Prep at Quarry Hill Primary School next year should have their enrolment form completed as soon as possible.

If your child will not be attending Quarry Hill Primary School in 2023, we would appreciate you letting us know as soon as possible.

If there are any considerations for placements for student classes in 2023, that you have not already discussed with your child's teacher, Anne, or Jo, please email the school on <a href="mailto:quarry.hill.ps@education.vic.gov.au">quarry.hill.ps@education.vic.gov.au</a> by Tuesday November 1<sup>st</sup>, 2023.

Please note that it is not possible for parents to request specific teachers.

## SUPERVISION RESPONSIBILITIES BEFORE AND AFTER SCHOOL

At Quarry Hill Primary School, the school grounds are supervised by staff from 8.45am before school and until 3.45pm after school.

There may be staff in attendance at the school before and after those times, but those staff may be involved in tasks such as meetings or lesson preparation. This means that these staff members will not be supervising students.

A number of parents accompany their children to school and wait to see that they are settled. This practice is fine, and is certainly encouraged, as parents are supervising their own children. Formal before and after school care is available within the school grounds and is operated by OSHClub. Information regarding this program is available from the office, or can be accessed online at https://www.oshclub.com.au/

#### NEWSLETTER ELECTRONICALLY

A reminder to all parents and carers that the newsletter is made available through Compass. The newsletter is also available on our school website. http://www.quarryhillps.vic.edu.au/

### **ASTHMA ALERT - SPACER USE IN SCHOOLS**

A reminder to families of children with asthma of the new policy regarding <u>single person spacer use</u>. This means that schools are no longer be able to wash, sterilise and re-use spacers and face masks from their asthma emergency kits when assisting students and children with asthma symptoms. Spacers should always be used when administering reliever 'puffer' medication because:

- Using a spacer with a 'puffer' ensures that more medication reaches the airways.
- Spacers are much easier for children to use than a 'puffer' alone, and allows school and preschool staff to help students/children during an asthma attack, often in an emergency situation.
- Spacers are an essential part of the Asthma First Aid procedure that Victorian schools/preschools are instructed to follow.

Asthma first aid kits should only ever be used as a back-up for when a child with asthma does not have their own spacer available, or if it is a first asthma attack or the cause of breathing difficulty is unknown. If your child requires medication and does not have their own spacer, a cost of \$10.00 will be charged to cover the purchase of the spacer.

Even if your child has mild asthma, it is essential that their medication and spacer (and a compatible face mask if under 5 years old) is always available to school staff. To ensure that a spacer is not left at home, we would recommend that parents/carers purchase a second spacer for their child to have with them at school at all times if possible.

For further information, please contact the Asthma Foundation of Victoria on 1800 645 130 or email schools@asthma.org.au

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# P.F.A News

**Join Our Facebook Page:** Can't make a meeting, want to be involved, not 100% sure how much? Join our Facebook page, **Quarry Hill PFA 2022** and request to join the group.

This option is available for members to stay informed and be involved in a way that suits everybody. You can pop in or call the office for a form. You will receive an email to confirm the invitation to the page has been sent.

**Uniform Shop:** Second hand uniforms are available for 50c. The shop is open on Thursday 9-10:30am or Friday 3:30-3:45pm located in the multipurpose Room.

# CHRISTMAS GOODIE BAGS!

Instead of our usual Mango fundraising drive, PFA have decided this year to support producers in the Bendigo area by offering Christmas Goodie Bags to families for purchase. A small range of local products will be available to choose from – these might be handy for Christmas presents or they might not last that long! An order form has been sent out next week. Our producers are kindly offering us the products at wholesale price so the school can benefit. The funds raised will be put towards the landscaping around the new toilet block.

If you are still wanting to purchase a tray of mangoes there are several schools and kinders around Bendigo running the drive as per usual. Please contact the office if you'd like a list of these.

# **CYBERSAFETY**

## eSmart Topic: Free Webinar - Digital technologies and mental health

Learn how games, apps and social media can influence young people's mental wellbeing. This webinar is designed for parents and carers of young people aged 10 to 18. It will cover:

- current research on young people, time online and mental health
- what to do about accidental exposure to content about suicide, self-harm or eating disorders
- using games, apps and social media to support mental wellbeing
- the pros and cons of digital mental health platforms
- strategies for young people to support friends online.

Term 4 date (Australian Eastern Daylight Time)

Thursday 27 October 12.30 to 1.30 pm

Register using the link: <a href="https://register.gotowebinar.com/rt/9223357062192996109">https://register.gotowebinar.com/rt/9223357062192996109</a>

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### SCHOLASTIC BOOK CLUB

Issue 6 of Scholastic Book Club is due Monday, October 24<sup>th</sup> No late orders will be accepted. To order the books online and pay with your credit card via the LOOP facility visit <a href="https://mybookclubs.scholastic.com.au/Parent/Login">https://mybookclubs.scholastic.com.au/Parent/Login</a>.

The LOOP facility eliminates the need to put your credit card number on the order form and/or hand over cash. For paper copy book orders please include your child's name and classroom room number and/or teacher on the top of the form and return to office with correct payment by due date. Thanks, Amanda

# STUDENT ACHIEVEMENT AWARDS BRAVE

Kaylee L (Room 17) for making an effort to attend school everyday and working hard to

complete learning task.

Drolma L (Room 17) for always handing in your homework to such a high standard.

Evie Mc (Room17) for her wonderful product research. Great investigating.



### KITCHEN GARDEN

This week the Grade 6 students went on a bike ride with Mr. Harrop to the tram depot and stoped at Wolstencroft Park on the way home. In the kitchen they cooked vegetarian enchiladas and made a toss salad to serve, the lettuce was harvested from our school veggie patch.

Jellybean towers using skewers to see who could make the highest free standing tower was another activity they did with Ms. vanDeurse.









**PREP** 

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On Monday the 10th of October the students in Prep, Grade 1 and 2 walked down to the new park, Wolstencroft Reserve, with much excitement and anticipation to kick start our Mental Health Week activities.

The Spring sunshine was wonderful and after a play on the new playground parents, carers and grandparents met us and we all had a calm walk around the reserve and then lunch together. After that we walked up the hills back to school!

Mrs Morcom

### Room 8

Kiara

I liked jumping on the little trampoline in the ground.

Cian

I liked standing up on the flying fox.

Room 9

Ben

I liked the flying fox.

Olivia

I loved having a go on the flying fox.

Room 1

Olivia

I liked that my family came to the park too!

Satin

I got to play with all my friends and got to see my Mum and my baby brother.

Room 2

Noah

I liked swinging high on the swings and having lunch with my Mum.

Mietta

I liked going down the fireman's pole.

Room 6

Nixon

I liked the flying fox, it was really fun and having lunch with Mum.

Ava

I liked the little merry go round you could sit in and spin and having lunch with Mum.



















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## Celebrating mental health week with heathy eating

Last week at QHPS we had a whole week of focusing on activities that support good mental health. The Year 6 kitchen garden crew made fruit kebabs for everyone because research shows people who frequently eat fruit are more likely to report greater positive mental wellbeing. We are lucky to be part of the fresh fruit program. Here are some photos of students from Room 6 enjoying the fruit and a sample of their fruit poems.



Watermelon
by Harriet
Wet
Amazing
Tasty
Excellent
Ripe
Melony
Edible
Lovely
Oval
Nutritious



## **Blueberries by Evie**

Beautiful
Lovely
Useful
Excellent
Bright
Exciting

Ripe
Right
Interesting
Excited
Splendid



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# Strawberry by Lucie

Ripe Orange Crunchy Kind Magnificent Excellent Lovely Oval

**Nice** 





## Rockmelon by Ava

Super

**Terrific** 

Radiant

Awesome

Wonderful

Beautiful

Excellent

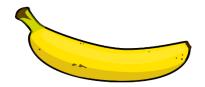
Ripe

Red Yummy



## **BANANA** by Jackson

Awesome
Nice
Awesome again
Nutritious
A banana







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## **MELBOURNE ZOO GRADE 2**

Aiden T – I got see tonnes of really cool animals which made my great!

Anna H – Although I didn't enjoy the bus ride, I really liked seeing the monkeys and the butterfly house was amazing too.

Fern W – My favourite part was seeing the Sea Life exhibition because it was cool and I got to see a seal.

Indi H – I liked going to the Melbourne Zoo because I saw snow leopards and I enjoyed watching a movie on the bus on the way back.

Ryan D-I liked seeing the lions because one of them came close to the glass and it kind of looked like it wanted a pat! That was cool.

Evie J – I really liked seeing the meerkat sit on top of the rock because it looked like it was the king of the jungle!



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# Preps are Scientists!

In Term 4 our Preps are learning about being curious and creative. This week we are putting our good reading and writing skills into action to read experiments, follow directions, write predictions and write about our experiments. Our first experiment was about mixing colours.



Read about what Room 9 have to say:

Lucy: The experiment was fun. I learned that blue and red makes purple. Also, it was exciting because Miss Walker thought the food dye was a dangerous chemical for scientists to use.

Stephen: We mixed lots of colours and it was a successful experiment. I learned that yellow and blue makes green.

Aurora: We made an experiment. It was mixing colours. We made new colours by mixing.

Ben: The yellow and red made orange. The blue and red made purple. The yellow and blue made green.

Olive: We put water into cups. We put some food dye in. We put some paper towel. I learned about science experiments.

Hatty: When we mixed blue and red it turned purple. Red and yellow makes orange.

Harry: We were making colours. We filled the cups up and put in food colouring. The red and blue mixed and made purple.

Billy: We put food dye into water and we put paper towel between the cups. In the morning we found out it made a rainbow.

Romsey: We did an experiment. Yellow and blue makes green. Red and blue makes purple. Blue and red makes purple.

Archer: We mixed colours in our experiment. Then, in the morning the colours changed. I learned that red and blue makes purple and blue and yellow makes green.

Charlotte: I liked how we made the colour purple. We mixed red and blue.

Elsie: We pretended we were scientists. We put on our goggles, but they weren't real goggles. My job was to tip in the blue food dye.

Elsey: We did an experiment to change colours. The colours mixed at night time. We were surprised when we saw them mixed in the morning.

Gracie: We can make purple with red and blue.

Zara: We mixed red and blue together and it made purple. The yellow and red made orange. The blue and yellow made green.

Olivia: The experiment took a lot of time to make. I learned that red and blue makes purple. You can mix primary colours to make new colours.

## Child Safe Standards in Practise at Our School.



are

and

we

In the last newsletter we shared the updated Child Safe Standards. This week we are looking more closely at the first two standards.

Child Safe Standard 1: Establish a culturally safe environment in which the diverse and unique identities and experiences of Aboriginal children and young people are respected and valued.

This standard requires schools to make sure Aboriginal children and young people feel safe and safe. Children who feel comfortable being themselves and expressing their culture are strong safer because they are more likely to report abuse. As part of making our school culturally safe, are committed to addressing all forms of racism.

To address this standard, school policies which support the implementation of the child safe standards have been updated and can be found on our school website.

Statement of Values and School Philosophy

**Inclusion and Diversity Policy** 

**Bullying Prevention and Intervention Policy** 

Student Engagement and Wellbeing Policy

To support every student to have a positive experience in a safe environment everyone in our school community can promote cultural safety by recognising the link between Aboriginal culture, identity and safety. We can all pay particular attention to the needs of students with disability, students from culturally and linguistically diverse backgrounds, students who are unable to live at home, international students, (LGBTIQ+) students and Aboriginal students.

Child Safe Standard 2: Ensure that child safety and wellbeing are embedded in school leadership, governance, and culture.



Child safety is everyone's responsibility. Our staff have an important role by following all our school policies and procedures, immediately raising concerns and being proactive in managing child safety risks. The code of conduct is signed by all adults who work in the school; it is part of our induction and staff handbook. A useful child friendly fact sheet on how to keep safe can be found here or you can get a copy from the office.

**Child Safe Policy** 

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Phone: 5443 3537

Website:www.guarryhillps.vic.edu.au

₩ ₩ | Sec. | Cecv | | Common Child Safety Code Of Conduct

# CHRISTMAS GOODIE BAGS ORDER FORM

Select products below for your Christmas Goodie Bag! Please return form and payment to the office by Tuesday 8<sup>th</sup> November. Bags will be ready for collection sometime in Week 9. All funds will go towards the landscaping around our new toilet block. We hope you enjoy your goodie bags! Q.H.P.S PFA

## Husk & Harvest Walnuts – Redesdale, Vic

Hilary & Mark Jankelson converted their sheep farm into a Walnut Orchard in 2000 and get a great deal of satisfaction and reward from growing food on the land and being involved in every aspect of Walnut production.

Walnut Snack Products (coated & dry roasted)	Price	Quantity	Total Amount \$
Maple & Sesame Walnuts 120g Stand up pouch	\$8.50		
Espresso Walnuts 120g Stand up pouch	\$8.50		
Spiced Walnuts 120g Stand up pouch	\$8.50		
Natural Walnut Products	•		
Walnut Halves 200g Vacuum stand up pouch	\$10		
Total	Amount Wa	Inut Products	\$





## Pud for all Seasons - Castlemaine, Vic

Pud for all Seasons is a boutique pudding company located in Central Victoria. All our puddings are handmade, and the recipes are based on an old family recipe. Our Puds are 800 grams and serve 8 people.

800g Puddings Standard \$30, GF or Vegan \$32	Standard /GF/Vegan	Price \$30/\$32	Quantity	Total Amount \$
Traditional Plum Pudding (avail GF or Vegan)				
Double choc & orange with Cointreau (avail GF or Vegan)				
Date & Butterscotch (Avail GF)				
Cranberry & White Chocolate (avail GF)				
	Total Am	ount Puddir	ng Products	\$





## Bendigo Brittle - Bendigo, Vic

Greta Donaldson was inspired to establish the business after whipping up a batch of peanut brittle for the family Christmas gathering in 2015, using her late grandmother, Norma Roulston's recipe. It was a hit and after some tweaking and continued excellent feedback from family and friends she began to consider selling it!

Product	Price	Quantity	Total Amount \$
Peanut Brittle 200g (stand up pouch)	\$12		
Peanut Brittle 200g vegan (stand up pouch)	\$12		
Almond Brittle 100g (stand up pouch)	\$14		
Macadamia Brittle 100g (stand up pouch)	\$14		
Т	otal Amount	Brittle Products	\$

BENDÁGO	)
BRITTLE	



Quantity of Items Pur	rchased:	Total Amount Owed: \$	
Name:	(	Child's Name:	
Room:	Telepho	ne:	

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# **INFORMATION**

## BASKETBALL BONANZA

Our Basketball Bonanza sessions will run each Saturday for 6 weeks.

Our Basketball Bonanza will focus on the following skills:

- ✓ Playing as a team
  ✓ Skill development
  ✓ Passing
- ✓ Specialised shooting 
  ✓ Defence

✓ Expert coaching

The weekend sports fun continues with our Basketball Bonanzal This program will be run by our coaches with significant basketball experience as players & coaches, ensuring that each child will be delivered expert coaching that will help improve their game. Whether you're a beginner looking to try the sport, or an up and coming star that is looking to enhance your game, this program has something for everyone.

For Prep - Grade 6 children

### \$150 FOR A 6 WEEK PROGRAM

Start Date: 22nd of October Concluding Date: 26th of November Venue: St Liborius PS Sports Stadium

Session times:

9:30am - 10:30am (6 - 8 years)
10:30am - 11:30am (9 - 12 years)

### **BOOK EARLY & SAVE**

Sign up before the 10th of October to save 10% off your program booking.

Website: kellysports.com.au/bendigo

Contact: Beau Cross

Phone: beau@kellysports.com.au 0428 326 924 Facebook: #KellySportsBendiao







NETWORKING EVENT

Tuesday 25/10/2022

() 10:00 AM to 12:30 PM

All Seasons Resort Hotel, 171/183 McIvor Hwy.Strathdale.VIC.

### WHO?

Support coordinators, support workers, people with disability, teachers, parents and carers are all welcome.

## WHY?

Get to know NDIS providers servicing your local area and boost your contacts in a fun and informative networking session.

HOW?

Register at onecommunity.net.au/Ready-Set-Connect

## JOIN US

**EVENT SPONSORS** 









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Complete our fun MoneyMinded financial education workshops



#### MATCHING

Reach your savings goals and have your savings matched up to \$500 by ANZ for education items for you or your children's education expenses







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